

**PSA 2 Area Agency on Aging
Virtual Advisory Council Meeting
Friday, May 31, 2024
10:00 AM
MINUTES**

A. Call to order and Flag Salute

Meeting called to order at 10:08 AM.

B. Roll Call (Establishment of a quorum)

Teri Gabriel	PSA2	Present
Tina Kennemore	Lassen	Present
Justin Cadili	Lassen	Present
Sharon Howard	Lassen	Present
Angela Reed	Lassen	Absent
Clinton Davis	Modoc	Excused
Debbie Mason	Modoc	Excused
Tiffany Gwinn	Modoc	Excused
Vacant	Modoc	-----
Marianne Seifert	Shasta	Present
Maggie McNamara	Shasta	Present
Nancy Quirus	Shasta	Present
Staci Wadley	Shasta	Excused
Michelle Harris	Siskiyou	Excused
Vacant	Siskiyou	-----
Lydia Gil	Siskiyou	Present
Linda Smith	Siskiyou	Absent
Michael Cottone	Trinity	Present
Vacant	Trinity	-----
Benjamin Sarkisian	Trinity	Present
Vonnie Westbrook	Trinity	Excused

Quorum established.

C. Introduction of guests

Gary Bridges, District 2 Supervisor – Lassen County Board of Supervisors

Penelope Byers, Social Services Supervisor – Dignity Health Connect Living
Jerry Kirouac, Program Manager – Long Term Care Ombudsman
Elaine Brown, Resident – Trinity County
Joanne McCarley, Director - ShiningCare

D. Approval of Agenda (Changes, additions or deletions)

M/ Sharon Howard
S/ Tina Kennemore
To approve the agenda.
Approved.

E. Approval of Advisory Council Virtual Meeting Minutes – April 26, 2024

M/ Tina Kennemore
S/ Benjamin Sarkisian
Correction: Maggie was present for half of the meeting.
To approve the minutes as corrected.
Approved.

F. Open Session / Announcements

(Opportunity to hear comments from the community and for announcements)

Lydia Gil – The 60+ lunch/brunch event was a great success. We will have one on July 18th. We were going to have bingo, but there are legal requirements, so we will drop the bingo game. Pam Smith from HICAP will be coming to do a presentation, and will also meet with the folks at City Hall about doing outreach in the Tulelake area. August 10th is the Shindig. Free entrance, free parking, free music. We will be meeting to see if Ford Family Foundation will fund LuLu's for senior meals. I went to the PSA12 office in Sonora. They were very nice and gave me lots of handouts. I had lunch at the senior center. People were very friendly. They primarily operate using volunteers. They have new Subarus for home-delivered meals. They are very flexible on their definition of homebound.

Nancy - Announcement—Join us in Redding on Saturday, June 15th for the Bridge to Bridge Walk for Senior Safety begins at 6:30PM at the Court St. Diestelhorst Bridge and you are encouraged to wear purple. The walk ends at the Sundial Bridge for the Purple City Festival from 6:00PM – 10:00PM. Yes, the bridge will be glowing Purple recognizing Elder Abuse Awareness! Joanne – There is a short walk and a long walk. Redding Police Department, Sheriff's Office, District Attorney's Office will be there.

Benjamin Sarkisian – This weekend is the Peddler's Fair in Lewiston. June 6th from 12:00PM – 2:00PM. Free smartphone training at the Golden Age Center in Weaverville.

G. Reports:

Chairman's Report – Nancy Quirus, Chairman

- Update on Advisory Council Activities

Thank the Nominating Committee work to present a slate of officers for the next 2 years. Thanks to each of you for submitting your activity reports to our Secretary Mike Cottone. Mike does an amazing job capturing our ADCO business meetings, but he goes beyond with his super organizational powers to gather together every council member's contribution to create the Year End Report which will be shared with the 5-county Executive Board at our Collaborative Board/ADCO meeting next month. This meeting is our chance to showcase your achievements through activities completed to meet our designated goals and objectives.

- Advisory Council Membership / Recruitment Report

ADCO vacancies need to be filled include Modoc, Siskiyou and Trinity counties.

Recruitment update—Teri - Mike Cottone is in contact with someone at Trinity County Health and Human Services who may be interested in joining the Advisory Council. Jill Cox has had contact with a Trinity County resident, Elaine Brown, who may also be interested.

TACC Report – Clinton Davis

- Update on Recent TACC Activities

No TACC Report.

California Senior Legislature Report – Nancy Quirus & Sharon Howard

Received 1st copy of The Advocate-April 2024. This quarterly report is distributed to members of CSL, but also Friends of CSL—which means you can be added to the mailing list. I'm glad to share the CSL contact info for those interested.

In this issue of The Advocate an entire page of legislation proposed to address Caregiving. I also learned that CSL has 5 goals they are concentrating on and Goal #4 in Caregiving That Works! if you would like to receive this information, let Cheryl know to receive a copy. I included the current Legislative Bills related to Caregiving for your review. If any of these are of interest to you, then I would suggest you join ADCO members participating in our PSA2 Caregiving goal and let's begin working together toward our objectives or partner with those sponsoring bills you have strong pro or con experiences that spur on your interest/dedication to improved caregiving for our older adult population.

- Report on 2024 Virtual Senior Rally Day

This was a packed 2-hour Zoom session covering 'new' ideas like MedCal home-delivered meals which caught my attention. Plus, they outlined the **top 2 Senior Issues in California**—for many of those 75+ and most of those 85+ Affordability is the #1 Problem. As seniors of advanced age are out-living their assets.

#2 the Caregiving Crisis with many unable to find/afford a caregiver. A completed gap analysis found that all 58 counties in CA need to grow their workforce of caregivers. An alternative would be rapid expansion of affordable home care. They included the increasing crisis of senior homelessness.

The last nugget at the end of Senior Rally Day focused on Advocating for Senior During a Tight Budget Year. While 5 proposed bills are currently advocating for seniors, the one being highlighted was SB 37. As more information becomes available and the bill moves through the process, I plan to be bringing updates back to this ADCO.

Nutrition Report – Michelle Harris, MS RD & Lydia Gill

- Update on CalFresh Healthy Living Program

DEEP – Diabetes Empowerment Education Program – People can sign up to get a better understanding of diabetes prevention and self-management, improving quality of life, preventing complications and incapacities, improving eating habits and maintaining adequate nutrition, increasing physical activity, and developing self-care skills. Siskiyou County Public Health is interested in doing a class in Yreka, and is looking to promote interest.

CalFresh targets benefits for older adults. We visit with a lot of older adults who have grandchildren in the home. Sun Bucks is coming, and will provide families with \$120 in EBT benefits per child to purchase groceries for grandchildren in June, July, and August. Eligible children are those in Foster Care, Homeless, in migrant families, or children age 6-8 in families that receive CalFresh, CalWORKs, or Medi-Cal.

Mental Health Services Act (MHSA) Report - All

- Update on Each County's MHSA Services Activities

Webinar on Mental Health for All on June 3rd. Mike has sent the flyer to Teri to share with the Advisory Council.

Mike - Proposed cuts to Adult Protective Services funding in the Governor's proposed state budget. The Senate and Assembly budget committees have been meeting and hearing comment from California Welfare Director's Association, California Association of Area Agencies on Aging, and other advocacy groups opposed to the proposed cuts. Many counties, including Trinity, have sent letters to the Senate and Assembly opposing these cuts.

Food Access Report – Staci Wadley

- Update on Food Bank and Food Access Activity

No report.

Director's Report – Teri Gabriel

- Proposed cuts to nutrition services, APS, Home Safe – Trinity, Lassen. There continue to be discussions between the legislature and the Governor’s office as they work toward a final budget.

- Area Plan Public Hearing

Approved by Executive Board at the last meeting. It includes the goals and objectives recommended by the ADOC. Public hearing on June 12th in Redding, with hybrid access.

- Older Americans Month Activity

We presented the OAA proclamation to our governing board, and to each county’s Board Clerk. Shasta and Modoc have adopted the proclamation. This year’s theme is Powered by Connection, which recognizes the impact that meaningful relationships and social connections have on our health and well-being.

- Other Agency Activity – Free Caregiver Classes

Worked with Maggie and ? Kelsie Halverson... Flyer has been updated.

Joanne - ShiningCare – Lunch and Learns - If anyone has any questions, my email is joanne@shiningcare.org and phone # is (530) 232-5543 Information is also available on our website: www.shiningcare.org. Thank you and have a great day!

H. Discussion on FY 23/24 Area Plan Goals & Objectives Activities

Discussion of Area Plan Goals and Objectives - Included in the discussion of the Year-End Report under Item I.

I. Discussion on Advisory Council’s Year End Report to Executive Board and Presentation Assignments

Committee established to make a presentation to the Executive Board – Michelle, Sharon, Staci, Angela. Mike Cottone provided the report.

Discussion of how to link activities of ADCO members to Goal and Objectives. Highlight what we have done well, and not so much on where we don’t have as many hours. Transportation is an example of Goals/Objectives that are challenging to address, given the many types of transportation needed to address gaps and the challenges associated with providing transportation in rural, remote areas.

The Collaborative Meeting will be virtual, with some locations where people can join the virtual meeting in-person.

A new paragraph has been added to the Year-End Report to capture activities that Advisory Council members are involved in related to senior issues that do not necessarily fit into our existing Goals and Objectives.

J. Officer Election Nominating Committee Report

Teri will send out a notice that we have an election coming up for Chairman, Vice-Chairman, and Secretary for a two-year term from July 2024 to June 2026. The election will take place at the June 17th Collaborative Meeting. Asking ADCO members to email Staci and Sharon by a date to be determined so that the Nominating Committee can put the nominations together in preparation for the election. The election can be held via Zoom Poll.

K. Correspondence

Incoming: None
Outgoing: None

L. Adjournment

12:08 PM

Next Meeting – Virtual Collaborative Meeting – Monday, June 17, 2024