

**PSA 2 Area Agency on Aging
Virtual Advisory Council Meeting**
Friday, March 25, 2022
10:00 AM

MINUTES

A. Call to order and Flag Salute

Meeting called to order at 10:02 AM.

B. Roll Call (Establishment of a quorum)

Teri Gabriel	PSA2	Present
Rebecca Terwilliger	Lassen	Present
Vacant	Lassen	-----
Vacant	Lassen	-----
Tina Kennemore	Lassen	Present
Vacant	Modoc	-----
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Present
Marcia Anderson	Modoc	Excused
Frances Cole-Boyd	Shasta	Present
Maggie McNamara	Shasta	Present
Nancy Qirus	Shasta	Excused
Staci Wadley	Shasta	Present
Heather Solus	Siskiyou	Present
Vacant	Siskiyou	-----
John Dell'Amico	Siskiyou	Present
Lydia Gil	Siskiyou	Present
Michael Cottone	Trinity	Present
Vacant	Trinity	-----
Vacant	Trinity	-----
Vacant	Trinity	-----

Quorum Established.

C. Introduction of guests

Sandra Echols, Manager - Golden Age Center, Weaverville
Michelle Harris, Center for Healthy Communities

D. Approval of Agenda (Changes, additions or deletions)

M/ Clinton Davis
S/ Frances Cole-Boyd
Approved

E. Approval of Advisory Council Meeting Minutes – January 28, 2022

M/ Debbie Mason
S/ Tina Kennemore
Approved

F. Open Session / Announcements

(Opportunity to hear comments from the community and for announcements)

Michelle Harris – CSU Chico - Center for Healthy Communities – CalFresh Healthy Living Program in collaboration with Passages Caregiver Resource Center, working on some new flyers that are county-specific and highlight where older adults can go to find prepared meals, hot or frozen, including congregate meals. We would like to get feedback on these flyers, including information about other places where older adults can go for prepared meals. We want to highlight locations where seniors can go to get prepared meals throughout the week. CalFresh Healthy Living – Received additional funds to focus on tribal populations and veterans. We don't have a lot of details at this time. Focus on nutrition education, gardening, physical activity. Title III – Offering Bingocize, but having trouble getting people to come. Focus on Trinity, Lassen, Modoc and Siskiyou. Technology can sometimes be a barrier, May be looking at doing something in person in the future. Teri – Shasta also has Bingocize available through Dignity Connected Living.

Teri Gabriel – Ed Valenzuela has stepped down from chair of the PSA2 Executive Board to be Vice-Chair, and Jill Cox from Trinity County is now the Chair of the PSA2 Executive Board.

Lydia Gill – Participated in the Protein and Produce program in Tulelake. The Family Resource Center is moving to another building, and once it does I want to meet with Kelly Harris, the director, and will attend the TEACH board meeting in April.

Clinton – serve on the board for Southern Cascades EMS, which provides Non-Emergency Medical Transportation (NEMT). We just hired a public relations person to get information out. Anyone doing medical appointments, physical therapy, dialysis, prescriptions, etc. is eligible for free transportation. We serve Lassen and Modoc, and a portion of Siskiyou and Shasta, as well as Trinity Center and parts of Lewiston. If you are on Medicare, and make too much money for Medi-Cal, it is expensive. We are working with legislators to address this. We have units in Dorris, Tulelake, Alturas, Susanville, Burney, Fall River, Adin. If you have questions, contact Clinton. More information at www.southerncascades.org.

G. Reports:

Chairman's Report – Nancy Quirus, Vice-Chair

- Update on Advisory Council Activities

Teri – Nancy was able to participate in the last Executive Board meeting on Monday and report on Advisory Council activities. She announced that there are Advisory Council vacancies in Lassen, Modoc, Siskiyou, and Trinity. Nancy also participated in the public hearing that was held on Wednesday and encouraged others at the meeting to attend the meeting today and consider joining the Advisory Council. We placed advertisements in newspapers in the five counties, as well as on the Facebook page. We have had responses and hope to have these vacancies filled soon.

- Advisory Council Membership Report

Advisory Council vacancies in Lassen (2), Modoc (1), Siskiyou (1), and Trinity (3).

TACC Report – Marcia Anderson

- Update on Recent TACC Activities

Teri – Marcia Anderson does plan to participate in next month's TACC meeting. The TACC meeting is usually attended by the PSA2 Advisory Council Chairman, but Nancy, the Vice-Chair, is not able to attend. Marcia's term is expiring and she will not be renewing for another term.

CSL Report – Teri Gabriel

- CSL Election Process Update

I have given out at least three applications for California Senior Legislature. Some individuals who attended the public hearing expressed interest. I got one application back this morning and it will go to the Commission on Aging for verification, then will be returned to the Advisory Council to elect representatives. There are two openings – Senior Senator and Senior Assemblyperson.

Nutrition Report – Michelle Harris for Nancy Quirus

- Update on CalFresh Healthy Living Program

Update provided in Open Session/Announcements

We partnered with Passages Caregiver Resource Center to provide virtual nutrition information on Brain Health. We had an amazing time It was great meeting people and getting to connect. One of our challenges is having to present from evidence-based curriculum. We added a spin around brain health and tailor it more to what people wanted to learn about. Maggie – The participants loved it. They learned a lot. One of the things we talked about was how people already think about nutrition and diet. It was interesting and non-threatening. It would be nice to do it in

person and bring food. Michelle – We worked hard to make it light and relatable. We are ready to present in person when centers are open.

Mental Health Services Act (MHSA) Report

- Update on Each County's MHSA Services Activities

Teri – I am looking forward to coordinating with Siskiyou County MHSA. They have a new MHSA Coordinator who is interested in bringing services for older adults. KIXE is interested in hosting a documentary on suicide prevention. They did not receive the grant they had hoped for, but we have funding for community education and are hoping to bring KIXE and MHSA together for suicide prevention for older adults in rural areas.

Food Access Report – Staci Wadley

- Update on Food Bank and Food Access Activity

SB 1383 requires Tier 1 food waste producers like grocery stores to donate food to organizations. In Shasta County, we have not seen a significant uptick in food donations. Our food bank already picks up at most of the Tier 1 generators.

We will be getting some produce this year via different sources of funding. The food we have available is not always the healthiest, so we are excited to get sources of produces. This produce will potentially be available to everyone, regardless of whether they are eligible to commodities.

Our organization is working with one of our federally qualified health centers. We provide food for their mobile crisis unit and drop-in center. They provide an integrated behavioral health person on the medical floor. Food is often one of the needs they assess for patients.

Director's Report – Teri Gabriel, Executive Director

- Update on Program Services during COVID-19 pandemic & Related Funds

Most centers are not open, but there are two that are working on reopening plans. Karuk and Lassen are partially open. They do not have a lot of participants coming in yet.

HICAP has hired a volunteer coordinator position to recruit, educate, and train volunteers.

Ombudsman has a new Program Manager, Jerry Kirouac, and they are working to fill his former position of Ombudsman.

Worked with Community Care Licensing (CCL) and the CA Dept of Aging to distribute COVID test kits to facilities in Siskiyou County for use by guests visiting the facility.

Still working with programs on receiving COVID funding (CARES Act and American Rescue Plan).

- Update on PSA2 Direct Service Senior Nutrition Programs

Still trying to get the Trinity nutrition program going in the Weaverville area, in collaboration with the Church of the Nazarene and Dignity Health Connected Living. We hired a program coordinator in January, and he is working to recruit volunteers to deliver meals. We have not publicly announced this yet. We will start by reaching out to previous participants. We are looking at this temporary service to continue with PSA2 funding. Training with Dignity Health may happen next week.

Partnering with local restaurants in Lassen County for the Dine Around Town program. Registered Dietician will modify menus to comply with dietary guidelines. We will recruit for a Program Coordinator for that program.

- Update on Master Plan for Aging Initiatives

We have been working with California Department of Aging on how programs might be impacted. Hubs and Spokes initiative is looking at AAA services. There is a presentation in April on the results of the feedback on the structure and direction of AAAs. I will send out the link for the presentation.

- Other Agency Activity

California Advancing and Innovating Medi-Cal (CalAIM) is intended to break down silos and bring enhanced care management to Medicare and Medi-Cal recipients. This goes beyond normal PSA services.

Working with disability activists and PSA3 on an assessment to determine community needs. We shared our needs assessment that included questions around nutrition, grief & loss and other areas that were not included in their needs assessment. We may reach out to Shasta Advisory Council members for input. This is a pilot project for Shasta, Butte, and Glenn counties that may expand to other counties in the future.

Dignity at Home Fall Prevention Program is wrapping up. We were able to advertise the program on TV and radio and had a lot of response. We are bringing the program back in July and it will be wrapped into our Area Plan. There will be income criteria for eligibility.

Free Caregiver books – Family Caregiver Support Program funding provides free books to caregivers. We reached out to libraries to display these books. We can ship them out and we also have them in our office here.

H. Report on FY 21/22 Area Plan Goals & Objectives Activities

You have an Activity Report form in your packet. The Area Plan lists the names of Advisory Council members who have expressed an interest in working toward that objective. Please use this form to report your activities related to the Area Plan Goals and Objectives. For example, Staci worked to revamp Goal 3 on Transportation.

Staci – Our staff attended the Social Services Transportation Advisory Committee (SSTAC) meeting and Technical Advisory Committee meeting. SSTAC only meets twice a year. They reviewed the unmet needs report and made recommendations regarding the Sunday service program. We did not provide this service during the pandemic, but were able to use the vehicles and funding to deliver meals during the pandemic. SSTAC made recommendations regarding Sunday service, Summer bus, and RABA service. In Burney, we will be providing the Consolidated Transportation Service Agency (CTSA) service, for seniors and adults with disabilities, that we normally provide in the Redding area.

I. Approval of FY 22/23 Proposed Area Plan Goals & Objectives

- Revised Goal 2 D re: Advisory Council News Brief

This goal was previously related to the Senior Services Booklet. The recommend was made to change this to a news brief that would be easier to update and distribute as an insert to the HICAP newsletter. Marcia, Nancy, and Maggie worked to revise this objective. The news brief will still include information on services, wellness tips, new laws, etc.

- Revised Goal 2 F re Alzheimer's Disease & Dementia Community Education

Added more refined information on caregiving and a broader focus on Alzheimer's Disease and dementia, caregiver education, and preventing exploitation and abuse of older adults with dementia.

We had a public meeting regarding these changes on March 23, 2022.

M/ Staci Wadley

S/ John Dell'Amico

To approve the changes to FY22/23 Goal 2, Objectives D & F

Approved.

J. Discussion on Advisory Council's Year-End Report to the Executive Board

Report will be presented to the Advisory Council and Executive Board Collaborative Meeting in June. This report is a summary of what the Advisory Council worked on during the year. Be sure to get your Activity Reports in to Mike Cottone.

K. Correspondence

Incoming: None
Outgoing: None

L. Adjournment

Adjourned at 11:35 AM

Next Meeting – Virtual Advisory Council Meeting – Friday, April 29, 2022