

**PSA 2 Area Agency on Aging  
Virtual Advisory Council Meeting**  
Friday, July 30, 2021  
10:00 AM

**MINUTES**

**A. Call to order and Flag Salute**

Meeting called to order at 10:02 AM.

**B. Roll Call (Establishment of a quorum)**

Teri Gabriel	PSA2	Present
Rebecca Terwilliger	Lassen	Excused
Lindsay Ritchie	Lassen	Excused
Kay White	Lassen	Present
Tina Kennemore	Lassen	Excused
Marcia Anderson	Modoc	Present
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Present
Vacant	Modoc	-----
Frances Cole-Boyd	Shasta	Present
Maggie McNamara	Shasta	Present
Nancy Quirus	Shasta	Present
Staci Wadley	Shasta	Present
Heather Solus	Siskiyou	Excused
Vacant	Siskiyou	-----
John Dell'Amico	Siskiyou	Present
Lydia Gil	Siskiyou	Present
Michael Cottone	Trinity	Present
Vacant	Trinity	-----
Vacant	Trinity	-----
Vacant	Trinity	-----

Quorum Established.

**C. Introduction of guests**

Cheryl Rushton, Admin Clerk, PSA 2  
Jim Berg  
Pamela Smith, PSA2 HICAP

**D. Approval of Agenda (Changes, additions or deletions)**

M/ John Dell'Amico  
S/ Nancy Quirus  
Approved.

**E. Approval of Collaborative Meeting Minutes – June 21, 20201**

M/ John Dell'Amico  
S/ Frances Cole-Boyd  
Approved.

**F. Open Session / Announcements**

(Opportunity to hear comments from the community and for announcements)

Frances Cole-Boyd – Thanks to Teri for sending the information about the virtual nutrition workshop.

Lydia – Want to remind everyone that the Tule Lake shindig is August 14th at Otis Roper Park in Tulelake. We will have a booth at the event, and will be handing out PSA2 and other pamphlets. Contact Klamath Lake Food Bank about setting up a receptacle for people to donate food for those who have been impacted by fires. Also contacting the human society for people to donate dog and cat food for those impacted by fires. I will send the flyer to Teri.

John Dell'Amico – I received a notice from Blue Cross/ Blue Shield. Dignity Health network is not approved for Blue Cross/Blue Shield. Hopefully we can get Dignity Health to resolve this.

Nancy Quirus – Siskiyou Community Food Bank of Yreka is in the process of considering distributing monthly Senior Brown Boxes to their participants in the far Northern areas of Siskiyou and the reservations. This should be in place by January. Parkinson's care presentation by Kim Hawkins in Redding. There is only one Parkinson's support group in PSA2.

**G. Reports:**

**Chairman's Report** – Clinton Davis

- Update on Advisory Council Activities

No report.

- Advisory Council Membership Report

Teri – I have circulated notices for the counties that have Advisory Council vacancies.

**TACC Report** – Clinton Davis, Advisory Council Chairman

- Update on Recent TACC Activities

Next executive meeting will be on August 9<sup>th</sup>. If you have any topics you want escalated, let Clinton know. One of the big topics is the implementation of the Master Plan for Aging.

Nevada will be requiring masks starting at midnight.

### **CSL Report**

If you know someone interested in being a CSL representative (Assemblymember or Senior Senator), please contact Teri and Clinton.

### **Nutrition Report** – Nancy Quirus

- Update on CalFresh Healthy Living Program

CalFresh indirect education was presented in Redding and virtually. This is an effective way to present information at a congregate site.

Possible expansion of senior meal service in Hyampom by Roderick Senior Center. Teri – They do have some nutrition services, but not PSA2 funded. Discussions are continuing. Pat Mortenson used to serve on the Advisory Council and now works with a volunteer group called Food for Folks. Getting groceries became difficult in the pandemic. CalFresh Healthy Living switched its priorities to identify local organizations and community groups who were working on food assistance. Weekly food assistance flyer are now distributed weekly. This allows for better referrals throughout the network of providers.

### **Mental Health Services Act (MHSA) Report**

- Update on Each County's MHSA Services Activities

No updates.

### **Ad Hoc Committee Reports:**

- Update from PSA2 Outreach Committee

Marcia – Attended a webinar about accessibility documents. The accessibility checkers in Word and pdf don't work with screen readers. The fix for that is to use line spacing. Good information about how to make your information accessible for persons with disabilities.

- Update from Food Access Committee

Clinton – Nancy mentioned that there are a lot of resources out there for food assistance. It is important to know about all of

them so that we can make people aware of them. Some people are coming around to accepting help.

Staci – It has been a busy year for food. We have been able to increase our food distribution from one million, to two million pounds three years ago, to five million pounds in the past year.

Nancy – It is a long process to seek out, identify, and get all of the information into a useable format. Center for Healthy Communities had as one of their priorities to pull together information about food resources. Everyone here has a CalFresh Registered Dietician assigned to their area. They already have a process in place to create these food resource flyers.

**Director's Report** – Teri Gabriel, Executive Director

- Update on Program Services Due to COVID-19 pandemic

Nutrition program services are not yet implementing reopening plans due to COVID-19 cases. Neither the programs nor the state are in a hurry to reopen given the ongoing pandemic.

C4A is working on a template for a reopening plan, which will go to CDA for approval before being distributed to the nutrition templates. This can be used by programs to help them create their own reopening plan.

PSA2 and HICAP offices have reopened.

- AAA COVID Vaccine FUNDS

Federal funding to expand information and access to vaccine. Must be spent by September 30<sup>th</sup>. We'll be working with the local Public Health department to support their efforts to get information out, particularly to older adults, as well as transportation resources.

- CDA Connections, Health, Aging, and Technology (CHAT) Tablet Project

The CHAT project – CDA working with AT&T to arrange for distribution of iPads. Funded with Family First, CARES, OAA funding. Focused on OAA participants to help address isolation and lack of information. We will work with CDA to distribute tablets. Focus on caregivers and the Bingocize program, which is struggling to reach folks who don't have access to tablets. There are 37 tablets assigned to PSA2. There are criteria and a survey process.

- Update on Lassen County RFP Process

Process is underway. Notice went out earlier this month. Following the normal schedule of offering technical support. Deadline for application is September 3<sup>rd</sup>. Hoping to use the same RFP review committee members to review RFPs for Lassen.

- Update on Trinity County Nutrition Program Services Plan

Funding is still available. In the last two processes, no entities came forward. I have been working with other AAAs to see how to get nutrition services to the area. I have approached Trinity County Supervisors as well and they are interested in working with an outside source. Tried to recruit restaurants, but they are having their own challenges right now. We are now reaching outside the county to possible work with Dignity Health Connected Living to provide meals that could be distributed by local volunteers.

- CDA Aging Hub Initiative Webinar Recap

Teri sent information to the Advisory Council about this initiative to review the structure of AAAs and the CDA. Three scenarios – Status quo, rearrange some of the counties, or each county would have their own AAA/PSA. The webinar recording is available to view. Contact Teri for the link. There will be opportunities for input.

- Other Agency Activity / Community Education Events

We have been looking on ways to get more information out about our programs. We are able to do more by expanding staff, as well as doing more advertising. We have been in touch with PBS re HICAP and Ombudsman, and running ads for these programs. There is a PSA2 HICAP Program billboard on Hwy 97 South. Includes the 800# for the HICAP program. There are also bus stop ads. PBS is planning an Aging in Place series for Tuesdays at 7:30 – related to aging and older adults.

Pamela – Open enrollment is coming up. October 15<sup>th</sup> through December 7<sup>th</sup> is Medicare's annual enrollment period for Medicare Drug Plans effective January 1, 2022. We will be doing advertising. We will have a position opening for a Volunteer Coordinator.

#### **H. Discussion on Outcome of Advisory Council's Year-End Report to Executive Board**

Put on the agenda to discuss any proposed changes to the process. Is there anything we want to change regarding the Activity Report process, how we present to the Executive Board?

Put on next meeting's agenda for discussion.

Mike will put together an example Activity Report.

**I. Discussion on FY 21/22 Area Plan Goals & Objectives Activities**

New objectives are listed. Waiting on final approval of plan by CDA.

If you would like to be added as a Participating Member to the Goals & Objectives, please let Teri know.

If there are meetings listed that you are interested in attending, please let us know.

Teri – The Senior Services Booklet needs to be updated. Rather than a booklet, maybe a quarterly newsletter that would be more easily updated.

Pamela – HICAP Newsletter – Will add all ADCO members to the distribution list.

Need to revise the objective language – Add to the next meeting agenda for discussion.

Nancy – Objective U – Fall Prevention – Fall Prevention Awareness Week is in September. PSA2 has Fall Prevention materials available to provide to those who are interested. Objective F – Alzheimer's Disease and dementia. Shasta has the highest rate of diagnosed Alzheimer's Disease amongst persons aged 85 years and older.

Teri – Noor Nijar is on the agenda to present at the August ADCO meeting.

**J. Correspondence**

Incoming: Letter of Resignation from Kay White

Outgoing: None

**K. Adjournment**

Adjourned at 11:48 AM

Next Meeting – Virtual Advisory Council Meeting – Friday, August 27, 2021