

PSA 2 Area Agency on Aging
Virtual Advisory Council Meeting
October 25, 2024
10:00am
Minutes

A. Call to order and Flag Salute

Meeting called to order at 10:01 a.m.

B. Roll Call (Establishment of a quorum)

Justin Cadili	Lassen	Excused
Tina Kennemore	Lassen	Present
Cindy Brophy	Lassen	Present
Angela Reed	Lassen	Present
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Excused
Tiffany Gwinn	Modoc	Absent
Laurie Wayne	Modoc	Present
Staci Wadley	Shasta	Present
Nancy Quirus	Shasta	Present
Maggie McNamara	Shasta	Present
Marianne Seifert	Shasta	Present
Michelle Harris	Siskiyou	Present
Linda Smith	Siskiyou	Absent
Lydia Gil	Siskiyou	Present
Joan Smith	Siskiyou	Excused
Elaine Brown	Trinity	Present
Benjamin Sarkisan	Trinity	Present
Michael Cottone	Trinity	Present

Quorum established.

C. Approval of the Agenda

Motion to approve agenda – Nancy Quirus

Tina Kennemore seconds approval.

Approved.

D. Approval of September Minutes

Motion to approve – Marianne Seifert

Nancy Quirus seconds approval.

Approved.

E. Open Session and Announcements

Lydia Gil - Pam from HICAP came to 60 plus brunch, it was successful. Now Tulelake Cornerstone Senior Group is going to start doing meals for the seniors and bingo games and other activities. (Tulelake Cornerstone Senior Advocacy – nonprofit, Kailee Wood, President created the organization.)

Elaine Brown Representing Junction City – looking for healthcare services that will come to her area.

Sharon Howard – Senior Forum next week in Janesville, supervisors, adult protective services will be attending. Discussion to talk about unmet needs at Jolly Elder Senior Center in Janesville, 1pm.

F. Chairmans Report – Mike Cottone

- Next Executive board meeting will be on November 18th. At the PSA 2 Executive board meeting, Mike reported on activities.
- Four vacancies filled, with only one of our counties being vacant (Trinity County). Cindy, Laurie and Elaine completed orientations.

G. Introduction of Guests

Patrick Moriarty – new guest, Shasta County on the Older Adult Policy Council.

H. TACC Report – Mike Cottone

(AAA Council of California – essential representatives, what is going on statewide). No update, the meetings are only held every couple months, the next TACC meeting will be held on November 14th from 1:00-4:00pm. Stacy and Mike represent this group but, it is a public meeting if anyone is interested on attending. Please reach out to Mike for more information.

I. California Senior Legislature Report – Nancy & Sharon

- Met Tuesday, Wednesday, and Thursday. The goal was to find the top 10 legislative proposals. Over 63 people were at the virtual meeting.
- **Sharon from Senate Bills** that were put up for presentation - **SP 1, SP 4, SP 5** raise personal allowance for skilled nursing to rise up to \$50, **SP 6** emergency room senior advocate helping to fill out documents.
- **Nancy from Assembly AP1** virtual medical appointments, **AP10** Incomplete discharge summaries and information to work on standardizing discharge information, **AP 2** additional support for caregiving grandparents. **AP 6** transferring from hospital to hospital or assisted living care, appropriate follow-through can be done. **AP 9** confidential marriage term. **AP 8** defines and create criteria for senior friendly home, **AP 11** start including adequate lighting in senior

homes. **Federal proposal – AFP 1** Veterans Administration allow for and incorporate cancer bio marker testing.

- **More information will be distributed when it comes back from assembly.**
- Start looking for legislatures in your area, to sponsor/push proposed bills.

Patrick Morarity – attended California Broadband Council meeting, a subgroup of public utilities commission that connects with the California Department of Technology. Broadband trying to give access to rural areas. Technology issues/access can possibly be brought up by the council next year by Nancy and Sharon.

PSA 2 – looking for senior centers where they can implement technology resources through Cyber seniors.

Cheryl shared California Connect provides phones for the hearing impaired (1-800-806-1191)

J. Nutrition Report – Michelle

- **Job opening for a program manager** at Center for Healthy Communities, someone who is interested in promoting/educating around nutrition and physical movement. Please spread the word so that we can support our rural counties, hopeful to hire someone who lives in Siskiyou county.
- **Food Assistance flyer-** for individuals to access food, affordable and nutritious. (groceries and meal resources). Anyone in Modoc county can review the flyer to see if there is anything missing.
- **Holiday flyer for Siskiyou, Shasta and Trinity counties.** If anyone is aware of locations supporting holiday meals in these counties, please reach out to Michelle Harris. An email will be sent out regarding what information is being requested from said counties.
- **YMCA Walk with ease** – Hybrid model, in Siskiyou County.

K. Mental Health Services Act Report

- **Teri-Shasta County** will resume stakeholder meetings.

- **Mike** – attended Trinity County Behavioral Health Advisory Board Meeting last week. Jeff (MHSA Coordinator) updated that they are focusing on suicide prevention, going out in the community. Also, recruit people as stakeholders in Trinity County. They will have MHSA meetings in Weaverville, Hayfork regarding Proposition 1. The meetings will be hybrid. Trinity is currently undergoing a audit for the MHSA Program. It seems that counties receiving MHSA funding may have to readjust their budget.
 - Reach out to your local county MHSA coordinator and be apart of the meetings and share the importance of older adults.
 - **New Appointee** Henry Borman – Advisory Board and pending appointee Jennifer Dobbs.

L. Food Access Report – Staci

- Around 600 families are coming through and preparing for the holidays for 1,000 people. Big distributions are on Saturday. Commodity distributions days **just for seniors**, twice a month.
- Family backpacking day (two of them). Kids can come in and pack food bags for the community.

M. Directors Report

- **Teri** – Dignity Health Connective Living will be taking the program for Senior Nutrition in the Susanville area in Lassen County (emergency bases). RFP process will be conducted once again in January to provide services. Dignity Health has started delivering frozen meals on October 2nd and will be distributing them on Mondays and Wednesdays. They prepare the meals in Redding and deliver them to Susanville. In the future there will hopefully be indoor dining at the congregate site.
 - We thank Lumberjacks restaurant for providing meals for the past years.
- **Hybrid meeting in the Spring – on April 25th**. Staci will check on this date for using the Dignity Health office.

- **Master plan for aging Senate bill 1249** – increase control of the area agency on aging activities for each county to be able to apply to manage their own area agency on aging active communities.
- **Core Services** – PSA 2 is providing these services. The survey was sent out to the area agencies on feedback on PSA designations. We will be hearing feedback from these surveys within a couple weeks.
- **Local master plan on aging** – Cheryl and Teri attended Your Voice Matters event. Took place in Orland, represents the northern state including Shasta, Glenn and Butte County. They have a grant with the Scan Foundation to bring attention to the local master plan for aging for the need to plan for older adult services. Three areas: Healthcare, housing, and transportation. Next year, they are planning to host this meeting in Redding.
- **Medicare improvements for patients and providers act.** Helps HICAP Program, expiring in December. Looking for state level support to renew funding.

N. Report on Fiscal Year Area Plan Goals and Objectives 24/25

- Think about the way you would like to change the language in the goal regarding **digital divide**, possibly more activity from the advisory council.
- Any meetings you have attended regarding any of the objectives.
 - Staci attended the SSTac meeting with Shasta Regional Transportation Agency. Not specific to older adults, anyone who is a transit riders.
- **Maggie** – presentation on dementia in Yreka. More people are attending these meetings.

O. Goals and Objectives 25/26

- 2M– enhance that language and have more activity from Advisory Council members.

P. Closing Remarks

- Complete and send your activity reports to Michelle.
- Next meeting is on November 22, a week early due to the holiday.

Q. Meeting Adjourned

Meeting was adjourned at 12:14 p.m.

Respectfully submitted,

Michelle Harris, Secretary