

**PSA 2 Area Agency on Aging  
Advisory Council Meeting**  
Conference Call  
Friday, May 29, 2020  
10:00 AM

**MINUTES**

**A. Call to order**

Meeting called to order at 10:04 AM.

**B. Roll Call (Establishment of a quorum)**

Teri Gabriel	PSA2	Present
Penny Artz	Lassen	Present
Lindsay Ritchie	Lassen	Present
Vacant	Lassen	
Kay White	Lassen	Present
Marcia Anderson	Modoc	Present
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Present
Vacant	Modoc	
Murray Blake	Shasta	Present
Richard Kern	Shasta	Present
Nancy Quirus	Shasta	Present
Stacey Wadley	Shasta	Present
Mike Rodriguez	Siskiyou	Excused
Kenneth Ryan	Siskiyou	Present
John Dell'Amico	Siskiyou	Present
Lydia Gil	Siskiyou	Present
Michael Cottone	Trinity	Present
Helen Stone	Trinity	Excused
Kit Porritt	Trinity	Present
Vacant	Trinity	

Quorum Established.

**C. Introduction of guests**

Cheryl Rushton – PSA2 Admin Clerk

**D. Approval of Agenda**

Move Teri's report on CalFresh under Nutrition Report  
M/ Nancy Quirus  
S/ Kenneth Ryan  
Approved.

**E. Approval of Meeting Minutes (January 31, 2020)**

M/ Lindsay Ritchie  
S/ Kenneth Ryan  
Approved.

**F. Open Session / Announcements**

(Opportunity to hear comments from the community and for announcements)

Clinton – Our senior center has expanded its capacity of what they are putting out. Siskiyou opened up, but closed back down due to 4 new cases.

Lassen County is opening up.

Marcia – CalSpeed.net - Promoting internet accessibility in the north state area and is seeking volunteers asking people to attach devices to their modem for two weeks to report speeds and send devices back so they can study actual speeds for north state users. Marcia will send info to Teri.

Marcia – I asked the resource center in Tule Lake how they were responding to the situation. They have been sending activities for mental stimulation to their seniors – activity books, coloring books, emergency preparation, etc. Making check in calls to their seniors to see how they are doing.

Nancy – Keeping in touch with seniors is an issue. Some are self-isolating at home. Those in the north state are handicapped because we are not connected.

**G. Acknowledge May 2020 as Older Americans Month**

The Executive Board did recognize May as Older Americans Month. Teri read the announcement for Older Americans Month. Received copies of resolutions from Boards of Supervisors from Shasta, Modoc, and Trinity.

**H. Reports:**

Chairman's Report – Clinton Davis

- Update on Advisory Council Activities

Not a lot of activities taking place due to COVID-19.

- Advisory Council Membership Report

Openings in Lassen, Modoc, Trinity. If you are able to recruit from the safety of your home, please do so. Teri can provide information for potential candidates.

John Del'Amico's and Mike Rodriguez' terms are expiring.

#### TACC Report – Clinton Davis, Advisory Council Chairman

- Update on Recent TACC Activities

TACC is on hold until September.

#### CSL Report – Kenneth Ryan, Senior Senator and Helen Stone, Senior Assembly Woman

- Update on CSL Activities

Struggling to get set up to connect statewide. They have not paid much attention to getting people on the internet, and now they have to. Everything has been postponed. Also trying to find out how to relate to the TACC activities. CSL and TACC at some point are going to try to put something together to get everyone into the same loop.

Some provisions in the governor's budget to defund programs. Discussion of how to advocate against cuts to programs that serve seniors. The Advisory Council can respond to these proposals. C4A usually puts out information about how and where to respond. These letters also need to come from individuals to have an impact.

Authorizing PSA2 staff to draft a generic letter in support of funding for projects, for PSA2 ADCO members to use to write individual letters. Ken will provide key points and send to PSA2 staff.

M/ Kenneth Ryan  
S/ Richard Kern  
Approved.

#### Nutrition Report – Nancy Quirus

- Update on CalFresh Healthy Living Program (formerly SNAP-Ed)

Although COVID-19 has slowed down some things, it has had the opposite effect on CalFresh. CalFresh is concerned with removing food insecurity. Increasing food security is more than access to food. The vast number of residents in our counties, including seniors, find themselves in financial difficulties. We have created a spreadsheet of the resources available in the

counties to get out to service providers. We want to get these out to people who have contact with seniors. Lassen, Modoc have one site for the general population. Modoc has three alternatives for older adults. Trinity has five, two for general population, three for older adults. Siskiyou has nine, seven for the general population, two for older adults. If you think that there are food resources that are not included on the spreadsheet, let Nancy know.

Extended CalFresh benefits have been provided through June. It may be extended past June.

- Update on CalFresh Outreach Expansion Program – Teri – In your packet, there are notices regarding CalFresh Expansion to SSI Beneficiaries. PSA2 is receiving funding to do outreach to hard to reach areas. PSA2 has created a flyer to go out to these areas. Lots of information is coming out related to CalFresh. These benefits are important for people who are out of work or those who are concerned about going out too often. We want to make the community aware of the services available to them.

Nancy - There are a significant number of SSI beneficiaries in California who are potentially eligible to CalFresh benefits. There are also programs to provide food resources to school-age children.

#### Mental Health Services Act (MHSA) Report

- Update on Each County's MHSA Services

Teri – I did see something come across my desk for MHSA plans for Shasta and Siskiyou Counties and forwarded to the ADCO members for those counties.

Nancy – Murray and I attended a stakeholders meeting and we were interviewed for television.

Marcia – Modoc has an innovation program for young adults to provide them with a smartphone that is interactive with mental health counseling programs. The last stage also includes older adults. I attempted a mental health in the workplace discussion yesterday. There is a bill add peer support to mental health care.

## Ad Hoc Committee Reports:

- Update from PSA2 Outreach Committee

Facebook page is doing great. It is now a business page. Go to [facebook.com/psa2aaa](https://facebook.com/psa2aaa). It will be linked to the website. The ADCO blog has been put on hold.

Lydia can put info on the Facebook page.

- Update from PSA2 Fundraising Committee

On hold.

## **Director's Report– Teri Gabriel, Executive Director**

- Update on Program Services Due to COVID-19 pandemic

Overall, the needs of older adults are now starting to be recognized. We are on regular calls to discuss the needs of older adults. The first round to cut the program was denied. Since the stay-at-home order, we have kept our office closed to the public. Numbers have gone up for calls for services. At one point we tripled the number of calls we get, when the restaurant delivery program was announced by the governor. That program was not feasible for the smaller counties due to the requirement to provide funding up front. We referred calls for food resources to the nearest senior center. Programs have received emergency funding. In the month of April, the starting and ending numbers for meals are 1,000 more meals per week. There were 500 new people in the nutrition programs we fund. All of the centers are closed to congregate dining due to COVID-19 and the need for social distancing. Centers are doing drive-thru or home delivery of meals.

Family-First Coronavirus emergency funding went to service providers. Title III funds were able to be reallocated. We will see additional Coronavirus Aid Relief funding. It will be a greater amount. Will include caregiver support and Ombudsman. The regular program dollars are at risk of being reduced. We need to make sure that funding stays in place.

Challenges in the Ombudsman program due to Ombudsman not being able to go to facilities. Using other methods to contact clients in facilities. Some facilities do not have Wi-Fi. Ombudsman is still responding to reports via telephone. Many volunteers are retirees and are concerned about resuming in-person visits. Some are decertifying.

HICAP continues to provide counseling over the phone. We have increased advertising to make sure that people know these services are now available.

Waiting on state guidance on resuming monitoring activities.

- Report on FYs 2020 – 2024 Request for Proposal Process Outcome

We had volunteers – Mike Rodriguez, Helen Stone, Marcia Anderson – reviewed applications for next 4-year funding period. We had David Teeter, Lassen BOS. You should have received the final outcome of the funding distribution for the next 4 years. There will be another RFP process because not all Trinity funds have been allocated.

- Update on Dignity at Home Fall Prevention Program

We are contracting with Dignity for home equipment for those at risk for a fall. Work with clinics, doctor's offices – anyone in a position to assess clients fall risk. We can provide grab bars, etc. to clients.

- Update on FY2020/2024 Area Plan Process

This had been out on hold due to COVID-19. Now resuming the process for the 2020/2024 Plan. We are moving forward and we will come back every year with an update.

Marcia is updating the county demographics. Cheryl is working on data entry for needs assessment.

The Area Plan will come back to the ADCO and EB for approval. We are scheduling a public hearing for July.

- Other Agency Activity / Community Education Efforts

Still working toward Elder Abuse Awareness efforts. We will not be able to do all activities due to social distancing. We are working on lawn signs for businesses. They will include APS and Ombudsman contact numbers. We will ship them if we have to or drive them to the counties. Lighted sign in Siskiyou. Shasta is changing some events to virtual. Paul Greenwood will host a virtual event. Ombudsman uses ads on KIXE and KIXE offered a 30-second commercial on the 800-510-2020 number for older adults to call (Adult and Aging Information line). Ad will run until the end of June. Caller can enter the zip code and will be routed to the I&A program. Friendship Line is now in every county in the state.

**I. Nominations for Advisory Council Officer Elections**

To keep the current slate of officers.

M/ John Del'Amico

S/ Kit Porritt

Kit Porritt withdraws second.

S/ Debbie Mason

Debbie Mason withdraws second.

Discussion of how the election process is set forth in the Bylaws.

John exits the meeting.

Lindsay nominates current slate of officers.

All current officers accept nominations.

Further nominations and election will be handled at next meeting.

**J. Final Discussion on FY19/20 Area Plan Update Goals & Objectives Activities**

Note: Please have FY 19/20 Area Plan Goals & Objectives Activity Available

Any activities need to be reported to the Secretary.

**K. Discussion and Approval of FY 20/21 Area Goals & Objectives**

Any changes or revisions needed?

Kit Porritt – I was removed from the transportation committee. Mike Cottone (or Blackwell) is replacing me? Michael Blackwell was appointed by the Board of Supervisors.

**L. Discussion on Advisory Council's Year End Report to Executive Board**

We want to give ADCO members a chance to review the report before it is submitted and presented. Need to have it in the packet for June. Please have all Activity Reports to the Secretary by June 3<sup>rd</sup>. Secretary will send to Teri by 6/5. Teri will send to the group 6/5. Nancy – Maybe the committee members could report on their specific areas. Kenneth can cover transportation and CSL. Nancy will cover nutrition. Marcia will cover outreach and MHSA. Kit will report on the needs assessment and transportation.

Lindsay Ritchie and Kay White exit the meeting.

**M. Correspondence:**

Incoming: (None)

Outgoing: (None)

**N. Adjournment**

Adjourned at 1224

Next meeting – Collaborative meeting on 6/15/20.