

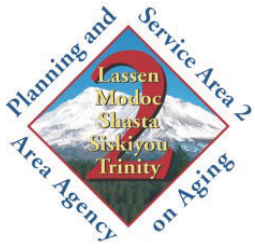
# MODOC COUNTY

2022-2023

SENIOR RESOURCE DIRECTORY

COMPLIMENTS OF  
PSA 2 AREA AGENCY ON AGING



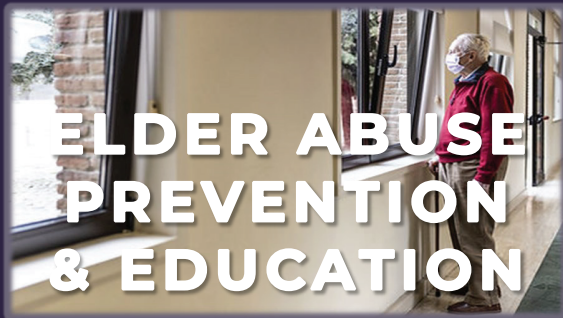


# Planning and Service Area 2 Area Agency on Aging

**530-842-1687**

Our Mission is to provide effective community leadership that assures the provision of services for the benefit of older adults and adults with functional impairments which promote the ability to remain at home with maximum dignity, choice, and independence.

## OUR PROGRAMS



**Serving Older Adults in Lassen, Modoc, Shasta,  
Siskiyou, and Trinity Counties**

**[www.psa2.org](http://www.psa2.org)**

# TABLE OF CONTENTS



BEHAVIORAL HEALTH.....	2
CAREGIVER SERVICES.....	2
CONSUMER PROTECTION.....	2
CRISIS SERVICES.....	4
DENTAL CARE.....	4
DRUG & ALCOHOL ABUSE TREATMENT.....	4
EYE CARE.....	4
FINANCIAL & LEGAL ASSISTANCE.....	5
FOOD PANTRIES (ALSO SEE MEAL CENTERS).....	5
FUNERAL CHAPELS.....	5
HEALTH & FITNESS CENTER.....	5
HEALTH SERVICES & IMMUNIZATIONS.....	5,7
HEATING & ENERGY ASSISTANCE.....	7
HOSPITALS.....	7
HOUSING.....	7
HUMAN SERVICES.....	7
INFORMATION, ASSISTANCE & REFERRALS.....	7
LIBRARIES.....	7,8
LIFELINES.....	8
LONG TERM CARE.....	8
MEAL CENTERS & HOME DELIVERED MEALS.....	8
MEDICAL SUPPLIES & EQUIPMENT.....	8
MEDICARE & MEDICAL INFORMATION.....	8
PHARMACIES.....	8
PHYSICAL THERAPY.....	8
V.A. SERVICES.....	8

# MODOC COUNTY SENIOR RESOURCE DIRECTORY

## BEHAVIORAL HEALTH

<b>Modoc County Behavioral Health Services</b> .....	530-233-6312
441 N. Main Street, Alturas, CA 96101	
<b>Strong Family Health Center</b> .....	530-233-4591
1203 Oak Street, Alturas, CA 96101	

## CAREGIVER SERVICES

<b>Alturas Clinic</b> .....	530-233-2288
535 S. Main St., Alturas, CA 96101	
<b>Big Valley Health Center Bieber</b> .....	530-999-9010
554-850 Medical Center Drive, Bieber, CA 96009	
<b>Canby Clinic</b> .....	530-708-8830
670 Co. Road 83, Canby, CA 96015	
<b>Modoc Medical</b> .....	530-708-8800
1111 N. Nagle Street, Alturas, CA 96101	
<b>Passages Family Caregiver Support Program</b> .....	800-995-0878
<b>Pit River Health Services XL Clinic</b> .....	530-233-3223
150 BIA Route 76A, Alturas, CA 96101	
<b>Surprise Valley Medical Clinic</b> .....	530-279-6115
745 Main Street, Cedarville, CA 96104	
<b>TEACH (Training Employment &amp; Community Help)</b> .....	530-233-3111
In Home Support Services (IHSS)	
<b>Warner Mountain Indian Health Clinic</b> .....	530-279-6194
132 Mee Thee-Uh Road, Fort Bridwell, CA 96112	

## CONSUMER PROTECTION

<b>Better Business Bureau</b> .....	916-443-6843
<b>California Department of Consumer Affairs</b> .....	800-952-5210
<b>Federal Trade Commission</b> .....	877-382-4357

# LEGAL SERVICES

of

## NORTHERN CALIFORNIA

**Legal Services of Northern California**  
**Shasta Regional Office**  
 1370 West Street | Redding, CA | 96001  
 Phone: 530-241-3565 | Web: [www.lsnc.net](http://www.lsnc.net)

## CASE PRIORITIES



Housing  
Preservation



Economic  
Stability



Health Care



Family Safety



Civil Rights



Support for  
Families



Vulnerable  
Populations



Education

**Get the help and information  
you need  
just by  
calling  
this  
number:**



**Toll Free  
1.800.510.2020**

**208 W. Center St., Yreka  
www.psa2.org • email adminclerk@psa2.org**

PSA 2 Area Agency on Aging Information and Assistance Program and this ad are funded by a contract with the California Department of Aging.

**CALIFORNIA AGING & ADULT  
INFORMATION LINE**

The Information and Assistance Program, offered by PSA 2 Area Agency on Aging, is designed to link persons in search of assistance, aged 60 and over, to the appropriate programs and services available in their communities.



Increasing the quality of life for caregivers by helping families master the challenges of caregiving.

**WHO WE ARE**

Passages Caregiver Resource Center is a non profit organization that provides support services at no cost to family caregivers.

**WHO WE HELP**

Informal (unpaid) family caregivers assisting/caring for an adult with a cognitive impairment that occurred after age 18, or someone age 60+ years in need of assistance with daily living activities (ADL's).

**HOW WE HELP**

By providing support services designed to empower the individual associated with their caregiving journey.

**Support Groups | Educational Classes | Respite**

**YOU ARE A  
CAREGIVER IF**

You are a daughter, son, spouse, other relative or friend who assists a loved one with any of the following....

**Personal Care | Finances | Driving | Meal Prep | Shopping**

**LEARN ABOUT**

Reducing your stress  
Where to go for help  
Establishing an ongoing support network

**CONNECTING  
WITH US**

Adin 530-640-2933  
Chico 530-898-5925  
Redding 530-221-1900



# MODOC COUNTY SENIOR RESOURCE DIRECTORY

## CRISIS SERVICES

<b>Adult Protective Services-Elder Abuse Reporting</b> .....	530- 233-6501
120 North Main Street, Alturas, CA 96101	
<b>Alturas Police Department</b> .....	530-233-2011
200 W. North Street, Alturas, CA 96101	
<b>Behavioral Health Alturas</b> .....	530-233-6312
441 N. Main Street, Alturas, CA 96101	
<b>Modoc Crisis Center</b> .....	530-233-4575
112 E. 2nd Street, Alturas, CA 96101	
<b>24 Hour</b> .....	800-699-4880
<b>Modoc County Sheriff</b> .....	530-233-4416
211 E. 1st Street, Alturas, CA 96101	
<b>Modoc County Victims Services</b> .....	530-233-3311
204 S. Court Street, #108, Alturas, CA 96101	
<b>Office of Emergency Services</b> .....	530-233-4416
211 E. 1st Street, Alturas, CA 96101	
<b>Poison Control</b> .....	800-222-1222
<b>Strong Family Health Center</b> .....	530-233-4591
1203 Oak Street, Alturas, CA 96101	
<b>Suicide Prevention Hotline</b> .....	800-273-8255

## DENTAL CARE

<b>Alturas Dental Care</b> .....	530-233-4240
222 W. McDowell Ave., Alturas, CA 96101	
<b>Alturas Smile Family Dental</b> .....	530-233-3543
110 E. 12th St, Alturas, CA 96101	
<b>Bieber Dental Bieber</b> .....	530-999-9011
554-850 Medical Center Drive, Bieber, CA 96009	
<b>Canby Family Practice</b>	
670 Co. Road 83, Canby, CA 96015.....530-708-8830	
<b>Cedarville Dental</b> .....	530-279-2189
745 Main St., Cedarville, CA 96104	
<b>Pit River Health Clinic Dental</b> .....	530-233-3223
150 BIA Route 76A, Alturas, CA 96101	

## DRUG & ALCOHOL ABUSE TREATMENT

<b>Behavioral Health Alturas</b> .....	530-233-6312
441 N. Main Street, Alturas, CA 96101	
<b>Modoc County Alcohol &amp; Drug</b> .....	530-233-6319
441 N. Main Street, Alturas, CA 96101	
<b>Strong Family Health Center</b> .....	530-233-4591
1203 Oak Street, Alturas, CA 96101	

## EYE CARE

<b>Klamath Eye Care Alturas</b> .....	530-233-2020
1201 Thomason Lane, Alturas, CA 96101	

# MODOC COUNTY SENIOR RESOURCE DIRECTORY

## FINANCIAL & LEGAL ASSISTANCE

<b>Better Business Bureau</b> .....	916-443-6843
<b>CalFresh (Food Benefits)</b> .....	530-233-6501
<b>California Fair Housing</b> .....	800-884-1684
<b>HICAP (Health Insurance Counseling &amp; Advocacy Program)</b> .....	800-434-0222
1647 Hartnell Ave, Ste #8, Redding, CA 96002	
<b>Legal Services of Northern California</b> .....	800-822-9687
<b>Redding</b> .....	530-241-3565
<b>Modoc County District Attorney</b> .....	530-233-6212
204 Court Street, Ste #202, Alturas, CA 96101	
<b>Modoc County District Attorney-Victim Services</b> .....	530-233-3311
204 Court Street, Ste #108, Alturas, CA 96101	
<b>Modoc County Health Department</b> .....	530-233-6311
441 N. Main Street, Alturas, CA 96101	
<b>Modoc County Social Services</b> .....	530-233-6501
120 N. Main Street, Alturas, CA 96101	
<b>Modoc County Environmental Services</b> .....	530-233-6310
202 W. 4th Street, Alturas, CA 96101	
<b>Social Security Administration</b> .....	800-772-1213
<b>Yreka</b> .....	888-366-6145
<b>Susanville</b> .....	855-420-8563

## FOOD PANTRIES (ALSO SEE MEAL CENTERS)

<b>Big Valley Nutrition Center</b> .....	530-294-5745
657-555 Bridge Street, Beiber, CA 96009	
<b>Modoc Emergency Food &amp; Food Bank (TEACH)</b> .....	530-233-3111
112 E. 2nd Street, Alturas, CA 96101	

## FUNERAL CHAPELS

<b>Kerr Mortuary Alturas</b> .....	530-233-3930
400 W. 2nd Street, Alturas, CA 96101	
<b>Modoc County Coroner</b> .....	530-233-4416
211 E. 1st. Street, Alturas, CA 96101	

## HEALTH & FITNESS CENTER

<b>Modoc Medical Center Physical Therapy</b> .....	530-708-8860
120 S. Main Street, Alturas, CA 96101	
<b>Strong Family Health Center</b> .....	530-233-4591
1203 Oak Street, Alturas, CA 96101	
<b>Living in Wellness Adin</b> .....	530-299-3518
406 S. Main Street, Adin, CA 96006	
<b>Weights and Figures Gym</b> .....	530-233-5945
311 S. Main Street, Alturas, CA 96101	

## HEALTH SERVICES & IMMUNIZATIONS

<b>Modoc County Public Health</b> .....	530-233-6312
441 N. Main Street, Alturas, CA 96101	

# Friendship Line California



1 (888) 670-1360

 Institute  
on Aging

*Feeling lonely or isolated?  
Call now for an ear ready to listen and a friendly voice.*

# TEACH



Improving the Communities of Modoc County

TRAINING, EMPLOYMENT & COMMUNITY HELP, INC.

- Senior Services
- Modoc Crisis Center
- Modoc Foster Family Agency
- Parent Education
- Life Skills
- Emergency Food Bank
- LIHEAP Energy Assistance
- Court Appointed Special Advocate
- IHSS Registry

For more information on these and other programs T.E.A.C.H., Inc provides,  
come visit us at 112 East 2nd St. or call us at (530) 233-3111



# MODOC COUNTY SENIOR RESOURCE DIRECTORY

## HEALTH SERVICES & IMMUNIZATIONS CONT.

**Modoc Medical Center Clinic**.....530-708-8820  
1111 N. Nagle Street, Alturas, CA 96101

## HEATING & ENERGY ASSISTANCE

**T.E.A.C.H (Training Employment & Community Help)** .....530-233-3111  
112 E. 2nd Street, Alturas, CA 96101

## HOSPITALS

**Modoc Medical Center** .....530-708-8800  
1111 N. Nagle Street, Alturas, CA 96101

**Surprise Valley Health Care District** .....530-279-6111  
741 Main Street, Ceadarville, CA 96104

**Sky Lakes Medical Center Klamath Falls** .....541-882-6311  
2865 Daggett Ave., Klamath Falls, OR 97601

**Lake District Hospital Lakeview** .....541-947-2114  
700 S. J Street, Lakeview, OR 97630

## HOUSING

**Housing and Urban Development**.....800-669-9777  
1 Sansome Street, #1200, San Francisco, CA 94104

**Impaired Hearing** .....800-927-9275

**Alturas Meadow Apartments**.....530-233-5511  
506 E. 12th Street, #22, Alturas, CA 96101

**Alturas Gardens** .....530-233-3918  
310 E. McDowell Ave., Alturas, CA 96101

## HUMAN SERVICES

**Adult Protective Services / CalFresh / CalWorks** .....530-233-6501  
120 N. Main Street, Alturas, CA 96101

**In-Home Supportive Services** .....530-233-6501  
120 N. Main Street, Alturas, CA 96101

**Strong Family Health Center**.....530-233-4591  
1203 Oak Street, Alturas, CA 96101

## INFORMATION, ASSISTANCE & REFERRALS

**AARP/Membership**.....888-687-2277

**T.E.A.C.H (Training Employment & Community Help)** .....530-233-3111  
112 E. 2nd Street, Alturas, CA 96101

**PSA 2 Area Agency on Aging**.....800-510-2020/530-842-1687  
208 W. Center Street, Yreka, CA 96097

**Modoc County VA Services**.....530-233-6029  
211 E. 1st Street, Alturas, CA 96101

**Strong Family Health Center**.....530-233-4591  
1203 Oak Street, Alturas, CA 96101

## LIBRARIES

**Cedarville Branch Library**.....530-279-2614  
460 Main Street, Cedarville

# MODOC COUNTY SENIOR RESOURCE DIRECTORY

## LIBRARIES CONT.

**Modoc County Library** .....530-233-6326  
212 W. 3rd Street, Alturas, CA 96101

## LIFELINES

**Alert** .....800-366-8065  
**Bay Alarm Medical**.....855-451-5607  
**Life Alert Emergency Response** .....800-338-9090  
**Phillips Lifeline**.....855-332-7799

## LONG TERM CARE

**PSA 2 Ombudsman Program** .....530-229-1435  
1647 Hartnell, Ave, Ste. 13, Redding, CA 96002

## MEAL CENTERS & HOME DELIVERED MEALS

**T.E.A.C.H Senior Services** .....530-233-5556  
112 E. 2nd Street, Alturas, CA 96101  
**Big Valley Nutrition Center**.....530-294-5745  
657-555 Bridge Street, Beiber, CA 96009

## MEDICAL SUPPLIES & EQUIPMENT

**California Telephone Access Program For The Hearing Impaired** ..... Toll-Free 800-806-1191  
2861 Churn Creek Road, Ste A, Redding, CA 96002  
**Lincare Redding**.....530-223-2080  
1620 E. Cypress Ave., Ste #12, Redding, CA 96002  
**Miracle Ear Center Yreka** .....530-842-2411  
1217 S. Main St, Yreka, CA 96097  
**Owens Medical Supply** .....530-252-4065  
2690 Main Street, Susanville, CA 96130  
**Everything Medical**.....530-223-3633  
2376 Athens Ave, Redding, CA 96001

## MEDICARE & MEDI-CAL INFORMATION

**HICAP (Health Insurance Counseling & Advocacy Program)** .....800-434-0222  
1647 Hartnell, Ave, Ste. 8, Redding, CA 96002  
**Medicare** .....800-772-1213

## PHARMACIES

**Last Frontier Pharmacy**.....530-708-8850  
1111 N. Nagle Street, Alturas, CA 96101  
**Rite-Aid** .....530-233-3113  
432 N. Main Street, Alturas, CA 96101

## PHYSICAL THERAPY

**Modoc Medical P.T.**.....530-708-8860  
120 S. Main Street, Alturas, CA 96101

## V.A. SERVICES

**Modoc County Veterans Services Alturas** .....530-233-6209  
211 E. 1st Street, Alturas, CA 96101

# HICAP

Health Insurance  
Counseling &  
Advocacy Program

*Free Service to Medicare Beneficiaries*

## How can HICAP help you?

- Understand Medicare
- Compare private Medicare Supplement plans
- Review Medicare Advantage plans (HMO, PPO and PFFS plans)
- Explore Long-term care insurance options
- Assist you in enrolling in Medicare Part D Prescription Drug Programs
- Learn about saving you money on prescriptions
- Clarify your rights as a healthcare consumer
- Prepare Medicare appeals or challenge claims denial
- Learn about government assistance programs

*"Helping you make sense of Medicare and Health Insurance"*

**1-800-434-0222**

**BECOME A VOLUNTEER!**



LOCAL HELP FOR PEOPLE WITH MEDICARE



**ADVOCATES NEEDED  
FOR SENIORS  
LIVING IN LONG-TERM  
CARE FACILITIES**



## **BECOME A PSA 2 OMBUDSMAN PROGRAM VOLUNTEER!**

Ombudsman volunteers are trained, and state certified as problem solvers for residents in Long-Term Care Facilities. Once Certified, Ombudsman monitor conditions and work to resolve problems that negatively impacting elderly and dependent adults living in Long-Term Care Facilities.

Being a Long-Term Care Ombudsman affords you the opportunity to make a world of difference in the lives of the elderly.

FOR MORE INFORMATION CONTACT CRYSTAL DUCHOW @ 530-229-1435

Serving Seniors in Lassen, Modoc,  
Shasta, Siskiyou, & Trinity Counties



## Planning and Service Area 2 Area Agency on Aging

visit us at:

[www.psa2.org](http://www.psa2.org)

208 West Center Street

P.O. Box 1400

Yreka, CA 96097

Phone: 530-842-1687

Fax: 530-842-4804

This resource directory is funded by a contract with the California Department of Aging