

**PSA 2 Area Agency on Aging
Virtual Advisory Council Meeting**

Friday, August 30, 2024

10:00 AM

MINUTES

A. Call to order and Flag Salute

Meeting called to order at 10:03 am.

B. Roll Call (Establishment of a quorum)

Teri Gabriel	PSA2	Excused
Tina Kennemore	Lassen	Present
Justin Cadili	Lassen	Excused
Sharon Howard	Lassen	Present
Angela Reed	Lassen	Excused
Clinton Davis	Modoc	
Debbie Mason	Modoc	Present*
Tiffany Gwinn	Modoc	Present
Vacant	Modoc	-----
Marianna Seifert	Shasta	Present
Maggie McNamara	Shasta	Excused
Nancy Quirus	Shasta	Present*
Staci Wadley	Shasta	Present
Michelle Harris	Siskiyou	Present
Linda Smith	Siskiyou	Absent
Lydia Gil	Siskiyou	Present
Vacant	Siskiyou	-----
Michael Cottone	Trinity	Present
Vacant	Trinity	-----
Benjamin Sarkisian	Trinity	Present
Vacant	Trinity	-----

* Joined late to meeting
Quorum established.

C. Introduction of guests

Jerry Kirouac – Long Term Care Ombudsman, Shasta Service Lassen, Modoc, Trinity, Siskiyou, and Shasta

Cheryl Rushton – PSA 2

Laurie Wayen – UCCE, Nutrition and Food Systems Advisor – Modoc, Lassen & Siskiyou

Stephanie Bennet – Adult Services Supervisor for Lassen County
Elaine Brown, Advisory Council Candidate

D. Approval of Agenda (Changes, additions or deletions)

To approve the agenda as **Approval of Virtual Advisory Meeting Agenda**
Tiffany Gwinn submitted motion to correct Advisory Council meeting Minutes
M/ Tiffany Gwinn
S/ Nancy Quirus
Approved.

E. Approval of Advisory Council Virtual Meeting Minutes – July 26, 2024

M/Tina Kennemore
S/ Nancy
To approve minutes as presented.
Approved.
Abstained: Marianne Seifert

F. Mandated Reporter Training – Stephanie Bennett, Lassen Co. Adult Protective Services Supervisor

- Who are mandated reporters: Licensed Staff who work in care facilities, assumes responsibilities for caregiving paid and not paid, County employees, Fireman, hospital staff, EMS, health care, and law enforcement.
Report as soon as possible. Verbal report as soon as possible, written reports to be submitted within two business days. Reports are kept confidential unless court order. Elders are anyone over 60. Dependent adults are 18-59. Types of Abuse: Physical (hitting assault, restraining a person, etc), Sexual, Neglect (not providing food, appropriate medical care, not providing nutrition, water leading to dehydration) financial abuse by anyone (family, friend) use money for their use instead care and this also includes property. Isolation (preventing visits, not giving mail, not allowing them to connect with church, or speak with doctor). Self-neglect – unable to provide personal care, medical care, mental health, health and safety (unsafe walkway, malnutrition and dehydration, not being able to protect their own money or property). Individuals do not have the ability make decision for themselves.

APS is not intending to affect their life decisions. Voluntary, individuals need to give consent.

[SOC341](#) – recently updated beginning of 2024. The form that needs to be included if abuse is suspected. Including specific details, social workers tend to go out by themselves. If you do not have the report, call your local county office. Information can be gathered over the phone.

Discussed. There is a number through CDSS, then it will ask your county 1-833-401-0832. There is an APS for every county across the nation. You can report anonymously so that it doesn't come back on you.

G. Open Sessions/Announcements

- Lydia Gil – Tulelake/Butte Valley County Fair that happens after Labor Day. Jess Harris will be at the Tulelake Fair. Collen attended the street fair. Jess Harris has been helpful with the Brunch/Lunch happening every few months. Jess Harris connect with Lions clubs. Lions club to attend the next meeting (in October) and hope this will lead to funding for lunch and a potential reduced lunch hour at Lulus main street cafe.

Corner Stone in Tulelake, working on congregate meals and meals on wheels program, this may take several years to get everything in place.

- Elaine Brown in Junction City (Trinity County) working on home health for people who are falling through the cracks. Spoke with someone at Roslin Care, they are expanding services to Trinity County (Weaverville and Junction City). Roslin Care has been inundated with calls. Their phone number 530.338.1320 - New Trinity Program. Providing home care services, not nursing services. Helping individuals with meals.

Teri's contact information: 530.842.1687 or teri@psa2.org

Maggie's contact information: 530.917.0640

The Senior Source website - <https://www.reddingseniorsource.com/>. Link to many resources in Lassen, Modoc, Siskiyou, and Trinity Counties.

H. Reports – Mike Cottone, Chairman

Chairman's Report

- Update on Advisory Council
Elaine has been appointed to become a member of the advisory council.
Jone Smith Freeman – Siskiyou County has been appointed by their board.
Teri will be working with them to set up orientation for how the advisory council works. Application in the works for Modoc County. Resignation letter from Sharon Howard, resigning from Advisory council but will remain in CSL to give reports. Application filed in Lassen to replace Sharon's spot
Teri carried out the chairman duties at the last Executive meeting on what Advisory Council is working towards and what is on the agenda today.

TACC Report –

- Update on Recent TACC Activities

Mike and Staci attended the recent Triple A Council of California (TACC) meeting. Very interesting meeting. Many new members attended. Most meetings will be virtual.

Presentations:

- California Village Movement – Building community around older adults. Taking a neighborhood approach. Direct working with communities all over the state about 50 in California. Must find a funding source. Takes a couple of years to get a village going. Focus on education and volunteer model. Mike will share PowerPoint from presentations. Carolin (TACC member) mentioned if anyone is interested in our counties to implement the village movement she can provide more detail.
- Claris Healthcare – Claris companion, offer tablets tailored to needs of older adults. Operating in 26 states. Possible funding through the Internet for All.
- Algara – Concerned about the impact of social isolation. Linking older adults to younger adults through AI. People connect virtually. Potentially going to be reimbursable through Medicare and Medicaid.

Other updates: CA Association on Aging – 50-year anniversary (in June)

CA for All on October 8th, there is still room to attend virtually.

June is Elder Abuse Prevention Month

ACL funding – Federal agency, working on a national framework plan on aging (like California).

Committee working on PSA reports

California Senior Legislature Report – Nancy Quirus and Sharon Howard

- Activities have not started yet. Those in Northern CA and on CSL get together on the Northern CA caucus to learn more about coming down the pipe and share any concerns.
 - From August – there is an expectation those representing as an active participant to show up and ask questions at city council meetings, town hall meetings, and board of supervisors, to build a network in counties.
 - Nancy's First assignment: Legislative Committee report that includes 21 legislative summary proposals that have been put together by current CSL, to prioritize in rank.

- Cheryl proposed Nancy to send summaries to PSA 2 through a surveymonkey to gather PSA 2 Advisory feedback.
- Develop a working relationship with AARP - Deena. Nancy is asking if there is anyone currently working with AARP. Staci offered a warm hand off, Tina brown is currently connected. DH has a relationship with AARP supporting workforce, it's a great program.
- Our 5 counties have issues with digital equity and digital literacy for older adults. Call Nancy if you have any questions about digital literacy.
 - Marianna shares the Redding Library and California connect has classes on how to use a smartphone.

Nutrition Report – Lydia Gil& Michelle Harris

- YMCA in Siskiyou – continues with fall prevention program and will be hosting a Senior fitness day on 9/27. CalFresh Healthy Living will be there promoting hydration for older adults.
- Update on CalFresh Healthy Living (CFHL) Program
In Hayfork at the Rodrick senior center – conversations around creating a garden. As well at Dignity health and Mercy Oaks with Staci to potentially create gardens. If anyone has partners working with CalFresh Healthy Living, please reach out to Michelle for potential collaboration.
Nancy has been a part of the effort to make sure individuals know about CalFresh promotion, Michelle and Nancy have been hosting classes in Trinity and Shasta County (What can CalFresh do for you and Nutrition education).
 - Lydia Gil– suggests to Michelle on Oct 10, 60 plus group comes in for lunch from 11:00 to 2:30pm. To provide and share resources. Nancy shares more about CalFresh program. Lydia requests outreach from CalFresh for Tulelake.

Mental Health Services Act (MHSA) Report - Mike Cottone

- Update on Each County's MHSA Services Activities
 - PSA 2 attended MHSA meeting in Shasta County suicide prevention collaborative meeting focused on older adults and LGBTQ+ populations, Title III E Caregiver events. Flyer included in meeting packet. This special population group will meet quarterly, and the next meeting will be held on November 7th 3-4:00pm.
 - Trinity County – Behavioral health services advisory board meeting, mental health services act update. Focus on services for older adults, outreach about services in senior centers.

Food Access Report – Staci Wadley

- Update on Food Bank and Food Access Activity

Lobby for access to the public.

Food bank had their grand opening and event was well attended. Has new office space. The hours are 9 am to 3 pm. Able to give out food over the counter. Different types of food from the drive through distribution.

Giving out 1400 supplement commodities for seniors. Worked with PSA 2 to distribute the Senior Farmers' Market Nutrition Program voucher booklets. Seniors were so appreciative of the vouchers. Had 48 booklets to distribute. The food bank location is 100 Mercy Oaks Drive in Redding. Call in advance for a tour. Food is a drive distribution method. There are four different distributions at this location.

Director's Report – Teri Gabriel, presented by Mike Cottone

- Direct Nutrition Services Update

Teri is meeting with Lassen County regarding nutrition program services today.

Lassen County - Next steps for PSA 2-The Dine Around Town Senior Nutrition Program will be phasing out on September 30th and Dignity Health Connected Living was approved by the CA Dept. of Aging and PSA 2 Executive Board to provide a frozen meal program in Susanville during Fiscal Year 2024-2025. Thank you to Lumberjacks Restaurant owner, Justin Cadilli, and his team for providing meals for the Dine Around Town Program for the past 1.5 years. Their efforts and dedication to the program are truly appreciated by the community and PSA 2!

See the flyer included in the meeting packet for dates and locations of the next series of Free Caregiver Support Events throughout the 5 counties during the month of September. Thank you to Maggie McNamara and Kelsi Halvarson for conducting the caregiver events. The sessions are very well received in the communities. The caregivers in attendance are so grateful for the resources and information. This series of events will focus on "How to Speak Alzheimer's and Related Dementia Dialects" and "Understanding Long-Term Care." We are pleased to announce the PSA 2 Ombudsman Program staff will join this educational series to share their knowledge and expertise on Long Term Care issues.

Master Plan for Aging Initiatives

There is an upcoming CA for ALL Ages and Ability: 2024 Master Plan for Aging Day of Action on October 8, 2024. In person and virtual.

October 18 in Orland, North State Local master plan for aging, your voices matter event 10am to 4pm, no cost to attend and lunch and refreshment is provided. (flyer to come out soon).

California department of Aging has released a booklet titled Aging in California your connection to resources, PSA 2 office has them available. Will be sent out to advisory council members. If you need more, please reach out to PSA-2 office.

Other agency activities:

To bridge the digital divide for older adults, PSA 2 working with AT&T independent consultant to offer 40 free refurbished laptops to older adults in Siskiyou County. Project will distribute to two locations on September 18. Does not include internet services. PSA 2 staff also met with cyber seniors, an organization that works with supporting older seniors with technology support for free. They are looking for two locations within PSA-2 region to offer free in person tech support training over the course of 18 months. More information to come.

I. Report of FY 24/25 Area Plan Goals & Objectives Activities

- Quarterly Advisory Council News Brief Update

The latest Advisory Council News Brief was recently released. The subject this quarter is on nutrition. Hopefully you've all received a copy of the latest HICAP newsletter which included the news brief. Thank you to Nancy Quirus for your contribution in the area of nutrition education and to Maggie and Debbie for your efforts in developing the Advisory Council News Brief. Note – due to the emerging Medicare Open Enrollment Period beginning in October, there will be no Advisory Council News Brief released for the next quarter, so the HICAP program can focus on Open Enrollment announcements for Medicare beneficiaries. The next news brief will be released for January – March.

Focus on nutrition and fruits and vegetables, along with information on SunBucks.

- Other
No additional reports

In the packet there is an activity report form, please complete it and send it to Michelle. If you are doing anything related to goals and activities, please

complete the activity form. Michelle will be collecting them for the rest of the fiscal year.

J. Correspondence

Incoming: Sharon Howard resignation
Outgoing: None

Marianne Seifert – Announces the walk to end Alzheimer’s in Redding
September 21 at 8:30 AM. The location is Caldwell Park in Redding.

K. Adjournment

11:39 AM

Next Meeting – Advisory Council Virtual