PSA 2 Area Agency on Aging Advisory Council Meeting August 29, 2025 10:00am Minutes Virtual Meeting

A. Call to order and Flag Salute

Meeting called to order at 10:02 am

B. Roll Call (Establishment of a quorum)

Vacant	Lassen	
Tina Kennemore	Lassen	Present
Vacant	Lassen	
Angela Reed	Lassen	Present (joined late)
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Excused
Vacant	Modoc	Excused
Laurie Wayne	Modoc	Present
Staci Wadley	Shasta	Present (joined late)
Vacant	Shasta	
Maggie McNamara	Shasta	Present
Marianne Seifert	Shasta	Present
Michelle Harris	Siskiyou	Present
Genevieve Eller	Siskiyou	Present
Lydia Gil	Siskiyou	Present
Joan Smith	Siskiyou	Excused
Vacant	Trinity	
Benjamin Sarkisan	Trinity	Excused
Michael Cottone	Trinity	Present
Vacant	Trinity	

Quorum Established.

C. Introduction of Guests

Nancy Quirus – CSL Assemblyperson
Jerry Kirroucic – PSA 2 Ombudsman Program
Carol Arnett – Shasta County Commission on Aging
Cheryl Rushton – PSA 2 staff
Kristina Black – Deputy Branch Directors Behavioral Health Social Services – Adult social services programs for Shasta County

Stacey Campbell – Passages.

D. Approval of the Agenda

Motion to approve the agenda – Maggie McNamara second Approval – Laurie Wayne

E. Approval of July minutes

Suggested change under the California legislative report under "getting involved" the project is named (Constituent volunteer) - Nancy Motion to approve the agenda as modified – Tina Second Approval – Lydia Gil Approved.

F. Open session and Announcements

- Lydia— The Street Fair was good but there was a conflict with an event in Oregon. In communication with Tulelake Cornerstone Advisory Council. Since change in director, program has improved and is getting better.
 - HICAP (possibly First Monday in October/ October 6th) in Tulelake at city hall, there will be assistance with application to Medicare with a presentation.
 - Once a month there is a senior lunch with a presenter. Program is slowly growing. Hoping to get social security in Tulelake. *Teri to get Jacki's contact information to Genevieve*.
- **Marianne Seifert** Walk to End Alzheimer is September 20th. Please register your teams. Marianne to share flyer.
- Laurie Wayne—Color Run in Modoc, Alzheimer's 13th of September.
- Tina Kennemore Dutch Oven cook off on Sept 6th at Lassen fair grounds
- Genevieve Eller Public Health will be having a Health and wellness Fair in Tulelake September 28th. Offering Diabetes Empowerment Education Class (DEEP) with the Yreka center, starting September 12th, it is a 6-week course. Dunsmuir will start their classes in October, date to be shared.
- Cheryl Veterans Fair on October 16th in Anderson at the fairgrounds. Teri to share flyer.

G. Report Chairman's Report - Mike

• Membership- Lassen County 2 vacancies, Modoc County 1 vacancy, Shasta County I vacancy, 2 Trinity County- one is in progress.

H. TACC Report - Mike

- Next meeting will be virtually on October 9th.
- Joint California Commission on Aging and TACC meeting in person on November 5th.

I. California Senior Legislature (CSL) Report – Nancy Quirus

- August Caucus CSL Northern California Meeting
 - AT&T is abandoning (land lines in rural counties) the probable impact on rural seniors that are not digital savvy (do not use smartphones).

- Our area Representative Meghan Dahle what is her stance on aging policy.
 If anyone knows Dahle or has a connection, she can be helpful asset for aging policy.
 - Meghan has townhall meetings, Nancy to update with information regarding her meeting times – to potentially have people attend in the future dates.
- Constitute volunteer Nancy is going to be part of Contact Team. If you have any interest in learning about creating legislation that has to do with senior issues in our state. Let Joan and Nancy know if you are interested there will be a Constitute volunteer training in October. Date to be announced.
- In September, CSL will be making by law amendments. More to be announced.
- CSL members we have been encouraged to share at monthly caucus meetings. Happy to forward any legislative ideas. You can get involved by sharing with Nancy, and Nancy will forward to fellow caucus members. Please email or call Nancy with ideas or information.
 - Examples: (1) Telehealth license that was in place during COVID, this
 is being asked to be put back in place. (2) Increase the Personal Needs
 allowance who are in facilities, to be raised from \$35 to \$50,
 California is the lowest in the state.

I. Nutrition Report – Lydia Gil & Michelle Harris

- Michelle The SNAP-Ed/CalFresh Healthy Living funding is expected to end and will not have funding starting Oct 1, 2025. CHC will be starting to wind down their CFHL program and activities. Have not shared formal communication with sites but will be doing so soon. CHC will be rebuilding and restructuring.
 - o Working on gardens in Shasta and Trinity Counties.
- Michelle Senior Farmer Market Nutrition Program and the new market card
 program. Michelle and Laurie have been connecting with farmer market managers
 and farmers to share about the new market card and support them through the new
 application process. Collaborating with California Department of Food and
 Agriculture. It has been a slow process, and some farmers are hesitant to provide
 information.
 - Shasta county farmers are ready to start excepting cards, as well as Modoc. Trinity has one farmer that is in the process. In Siskiyou, Mount Shasta and Etna are getting close to being ready. Yreka is still working on becoming certified, Friday's at 4pm.
 - Laurie and Scott will also be supporting the distribution of market cards at the congregate meal sites in August.
- ▶ Laurie Only 1/3 of farmers statewide are participating. It's a buildup and bumpy road. Once a farmer signs up their account lasts for 3 years. Market cards have advantages.
- Lydia Tuleleke has farmers will donate their produce or do exchanges of produce at pop up vegetable sells.
- Genevieve Eller asked if there was a cost to farmers to sign up no cost.

- **Teri-** Modoc cards are ready to be released. SFMNP is in relationship with WIC and CDFA not CalFresh Healthy living.
 - o CalFresh Healthy Living has been able to help with technical support, with the new program.

Mental Health Services Act Report

- Might want to update our agenda (Behavioral Health), Mike to send Teri updates.
- **Kristina Black** All hands-on deck during the transition. Will prepare for some updates for Shasta County for next meeting.
- Teri PSA 2 Shasta helps to host the suicide prevention collaborative to meet.
 - o In person and virtual meetings.
- Special populations committee: older adults and LGBT are included. Trying to create activities to gather different age groups and populations.
- In Siskiyou County Community Resource Collaborative is working with Siskiyou County Behavioral Health to get services out. Teri shared activities happening in Shasta, Siskiyou hopes to attend their activity to implement in their county.

Food Access Report – Staci Wadley

• Nothing to report.

<u>Directors Report</u> – Teri Gabriel

- North State Town Hall: Emergency Preparedness for Older Adults and Caregivers. California Department on Aging is hosting an event in collaboration with McConnel Foundation Tuesday September 23, 9:30am to 11am. Open to public, all about emergency preparedness.
 - Older Adults and people with disabilities are disproportionately affected during disasters.
 - o Creating an emergency and preparedness plan.
 - o Jerry will attend event and represent PSA 2.
- PSA 2 still has American Rescue Act Plan funding available; it will expire end of September.
- Volunteer Organizations Active in Disasters (VOAD), volunteer organization active in disaster preparedness, each one of our counties is representative except for Trinity County. Organizations that have come together that address disaster response.
 - Useful tool- filling out a form with law enforcement letting them know in case of evacuation if an older adult needs assistance or is in wheelchair, etc. (we will also provide in our disaster go bags).
- Free Caregiver Support Groups, events in all 5 counties schedule out for September in packets. Have dedicated and flexible caregivers in Lassen County. Events are going well and having more people showing up. Have added caregiver books and materials in binder, journal and take pictures. More

- is being added to this program to enhance it. Still have funding through the Older Americans Act. In the meeting packet, there is a flyer with locations and flyers to share.
- Working with Alzheimer's Association for approaching Alzheimer's and dementia: Emergency Responder Training. Online and recordings available. The recordings are available on our website. Please help us share this information, anyone can attend but the focus will be to train emergency responders.
 - September 3rd in Weaverville, September 24th on Zoom, September 25th in Alturas, September 29th in Susanville.
- Alzheimer's Association is hosting a Dementia 101- "Are you looking for a guest speaker." Would the Advisor board interested in have a speaker? It's 15-30 minutes presentation. Serve our 5 counties. Reach out to Kendra for information on asking for a presentation.
- Genevieve attended Maggie's class and there were a lot of new faces.
- **Teri** One thing we continue to lack is respite. We have funding. Madrone Hospice in Yreka offers respite. We don't have enough resources and workers. Passages as well have funding for respite; the outlying areas are tough to serve.
- I appreciate hearing feedback from classes.
- CalFresh Outreach will continue to be funded. This is helping older adults get signed up for CalFresh. This is funded for another year.
- **Michelle** to connect Teri with Siskiyou Health and Human services representative to do a presentation to the council regarding changes to do a presentation regarding changes that will occur statewide.

H. Discussion on 2025/2026 Area Plan, Goals and Objectives

- Hope that all Advisory members are committed to supporting goals and
 objectives. Included in the agenda packet. Please review all goals and make sure
 you are reporting all activities you are involved in and meetings attended (include
 brief notes/ what did you do and the time spent). Submit the activity reports to
 Michelle.
- Staci Wadley attended meeting, Collective Table by Raising Shasta group nonprofit in Shasta County, Tuesday morning 9am to 10:30. Come in and speak about programs and create connections, resource hub, you can speak about resources offered to older adults/ and or your agency. They meet once or every other month. They are barely starting. The location is at the Teen center, Staci to share more information to Teri- information to be dispersed.
- Angela Reed Multidisciplinary team, team that discusses challenges seniors face. Any victims of elder abuse are welcome to join these meetings. Putting together a list of resources, agency is aware of scams towards older adults- talks with banks are in the works. Tina created a list of resources for Lassen County, Teri to send it over to Angela.

I. Correspondence

Incoming: None

Outgoing: None

Next meeting is September 26.

J. Meeting Adjourned at 11:27 am.

Respectfully submitted,
Michelle Harris, PSA 2 Advisory Secretary