


# PLANNING AND SERVICE AREA 2 AREA AGENCY ON AGING

Nutrition Service Provider Virtual Meeting

October 24, 2024

# Agenda:

- **Welcome / Introductions**
  - **CalFresh Healthy Living Update from CSUChico Center for Healthy Communities**
  - **Reminders from PSA 2 Registered Dietician, Susan Maloney, MS RD**
  - **Program Updates** – Teri Gabriel, PSA 2 Executive Director
  - **Fiscal Updates** – Andrea Sutton, PSA 2 Fiscal Manager
  - **Data Reporting Updates** – Cheryl Rushton, PSA 2 Program Coordinator
  - **Program, Fiscal & Data Monitoring Process**
  - **Other Opportunities**
  - **Wrap Up / Meeting Evaluation**
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# CalFresh Healthy Living Update

From CSUChico Center for Healthy Communities

# CalFresh Healthy Living

## Encouraging Older Adults to Lead an Active & Healthy Lifestyle

Nourishment and healthy eating is important at any age. However, as we grow older, our needs change.

Center for Healthy Communities implements CalFresh Healthy Living for older adults who are CalFresh eligible by providing education and building partnerships to help older adults lead an active and healthy lifestyle.

### Active Learning

- **Nutrition education** classes create a safe learning environment where older adults can enjoy conversation, reflection, and continue to learn about self-care strategies and cooking tips.
- **Edible on-site** gardens that serve older adults to promote nutrition and physical activity.

### Healthy Eating

- **Partnership and collaboration** with local organizations serving older adults.
- **On-site distribution** of Senior Farmers' Market Nutrition Program vouchers and Extra Bucks at local Farmers' Markets.
- **Develop** comprehensive county specific Food Assistance flyers with local congregate meal sites and community-based organizations.
- **Education** through interactive classes in-person and on-line, and older adult educational materials.

### Partnership

A partnership between CalFresh Healthy Living, Center for Healthy Communities, Passages, and Planning Service Area 2.

Serving the Northern California ten-county region including Butte, Colusa, Glenn, Lassen, Modoc, Plumas, Shasta, Siskiyou, Tehama, and Trinity counties.

Center for Healthy Communities envisions all Californians with equitable resources to live their healthiest lives.

### Contact For More Information

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California State University **Chico**  
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This material was funded by the United States Department of Agriculture (USDA) Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider.

If any Nutrition Provider is interested in getting on the distribution list, please reach out to Michelle Harris at [mlharris@csuchico.edu](mailto:mlharris@csuchico.edu). You can also access them at the website below.

[Local Food Resources - CHC Food Assistance](#)

## Reminders from PSA 2 Registered Dietician:

- Clearly indicate the month and year on each month's menu.
- Milk is to be identified as **1%** Milk.
- If writing menus by hand, please make them neat and legible. Sometimes menus cannot be read.
- Each day needs to have a whole grain and be identified on the menu, such as Brown Rice instead of simply rice.





# Program Updates

by Teri Gabriel, PSA 2 Executive Director



UPDATE...



## Program Updates:

- CDA Pre-Approved Equipment List available
- CDA Logo / Credit Requirement
- Service Provider Appeal Policies & Procedures
- Grievance Policy & Voluntary Contribution Policy per program
- Elderly Nutrition Program Policies & Procedures
- Senate Bill 1249 – Mellow-Granlund Older Californians Act




# FISCAL UPDATES

by Andrea Sutton, PSA 2 Fiscal Manager



## Fiscal Updates:

- Infrastructure & Older Americans Recovery & Resilience Act (OARR) Funding Closeouts
  - Area Plan Closeout & One-Time-Only (OTO) Funding
  - American Rescue Plan Act (ARPA) Funding Available until September 30, 2025
  - Inventory Process
  - Delinquent Fiscal Reports
  - Contract Resolution Process
  - Continuing Resolution Process
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## CDA Infrastructure Funded Equipment Reminders:

- Sub-contractors shall keep accurate records of purchases with CDA Infrastructure funding for audit purposes.
- Infrastructure funded equipment shall remain the property of PSA 2 AAA
- PSA 2 inventory tags (forthcoming) shall be affixed to property purchased with photos and serial numbers recorded.
- Equipment shall be maintained in good working order.
- Disposal of Infrastructure funded equipment & **all** PSA 2 funded equipment requires pre-approval.

# Continuing Resolution Update:


- Continuing Resolution applies to Area Plan Federal Fiscal Year 2025 Funds.
- PSA 2 AAA received notice from CDA – Older Americans Act Funding is delayed from Administration on Community Living (federal level).
- CDA has limited cash available for October – June 2025 Area Plan federal payments.
- CDA is working internally to find solutions to the delayed federal cash-flow and AAAs/providers are encouraged to continue submitting monthly expenditures as CDA continues to fulfill AAA payments with funding on-hand.
- CDA prioritizes payment to AAAs with the most urgent cash-flow issues while postponing payments to AAAs that can manage without service interruption due to delayed funds.

# Data Reporting Updates

by Cheryl Rushton, PSA 2 Program Coordinator


DATA

## Data Reporting Updates:

- Updated Data Reporting Procedure Manual Forthcoming
  - American Rescue Plan Act (ARPA) Data Reporting
  - Update on CDA's State-wide Database
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## Program, Fiscal & Data Monitoring Process:

- FY 2023/2024 Program & Fiscal Monitoring Corrective Action Plans forthcoming & due back within 30 days
  - Fresh Look to Program Monitoring Tools
  - Grievance Policy & Voluntary Contribution Policies for each program
  - Combination on-site, virtual and desktop monitoring
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# Other Opportunities



## Wrap Up / Meeting Evaluations:

- Slide deck available after meeting
  - Session recorded & will be available on [www.psa2.org](http://www.psa2.org)
  - Meeting Evaluation form to follow
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Thank you for participating!

[www.psa2.org](http://www.psa2.org)

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