

PSA 2 Area Agency on Aging  
Virtual Advisory Council Meeting  
Friday, September 27, 2024  
10:00 AM  
Minutes

**A. Call to order and Flag Salute**

Meeting called to order at 10:03 am.

**B. Roll Call (Establishment of a quorum)**

Justin Cadili	Lassen	Present
Tina Kennemore	Lassen	Present
Angela Reed	Lassen	Present
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Present
Tiffany Gwinn	Modoc	Present
Staci Wadley	Shasta	Present
Nancy Quirus	Shasta	Present
Maggie McNamara	Shasta	Present
Marianne Seifert	Shasta	Present
Michelle Harris	Siskiyou	Excused
Linda Smith	Siskiyou	Unexcused
Lydia Gil	Siskiyou	Excused
Joan Smith	Siskiyou	Present
Elaine Brown	Trinity	Excused (Newly appointed)
Benjamin Sarkisian	Trinity	Present
Michael Cottone	Trinity	Excused

**Quorum established.**

**C. Introduction of Guests**

**Jerry Kirouac**- Program Manager for the Long-Term Care Ombudsman Program, serving Lassen, Modoc, Trinity, Siskiyou and Shasta County.

**Gary Bridges** - Lassen County Supervisor.

**Laurie Wayne**

**Tom Neely** - Lassen County Supervisor

**Cyndie Brophy**

**Tiffany Greer** - Center for Healthy Communities, CalFresh Healthy Living team. Present in place of Michelle Harris to record the meeting and give any updates.

**D. Approval of Agenda**

Motion to approve agenda – Nancy Quirus

Joan Smith seconds approval.

Approved.

**E. Approval of Advisory Council Virtual Meeting Minutes – August**

Motion to accept minutes – Debbie Mason  
Second Motion to approve – Marianne Seifert  
Approved.

Clinton Davis abstains as to not being present at the August meeting.

#### **F. Open Session and Announcements**

Benjamin Sarkisian – Thank you to Maggie, Tina Brown for August 22nd caregiving meeting. PSA 2 provided books on caregiving.

#### **G. Chairman's Report**

- **Teri** – Updates on membership. Elaine Brown was appointed to Trinity County. Joan Smith was appointed to Siskiyou County. Lori Wayne- in process of being official, will be in for Modoc County. Cyndie Brophy was appointed in Lassen County, Cyndie was a volunteer for Dining Around Town, a home delivery meal program in Susanville.

##### **Introduction -**

- Joan Smith Freeman -was previously on the Siskiyou County Board of Supervisors and on the Yreka City Council and Mayor of the City of Yreka.
- Lori Wayne - based in Alturas, working with the Modoc Co. Cooperative Extension for UCANR. Is a Community Nutrition, Health and Food Systems Advisor, also works in Siskiyou and Lassen County.
- There was no Executive Board meeting in September, no action items to go before the board. No meeting and Mike did not attend.

#### **H. TACC Report**

- **Staci** - no further update. Teri to share the PowerPoint slides regarding Villages California, a community-based organization that supports older adults. Provides community, programming and expertise to help folks sustain and maintain independence.
- **Clarice companion** – bridging the digital divide. Presented by Jake Levy Chief Growth Officer for claricehealthcare.com.

#### **I. Senior Legislative Report**

- **Nancy** - California senior legislature, participates in the Northern California caucus, discussion and preparation for the upcoming annual session. The Older Adult Policy Council shared that the digital divide issue is appropriate for sharing with our legislators from this area. The Older Adult Policy Council put together an advocacy committee and met on the 24th. Starting with the definition of the digital divide (you need not only the connectivity to not be left out of this digital world, but you also

need technical skills). There are multiple PSA 2 participants on the advocacy committee, including Teri and Cheryl, initial fundings included Public Libraries in almost all five counties providing digital training for older adults. Nancy will personally follow up with Shasta County Public Library. Unfortunately, Trinity County does not offer training at their Public Library.

- The virtual annual session of the California Senior Legislature, planned for October 22nd through the 24th, will be held via zoom. Nancy will forward the final assembly proposal. What will be sent is a one-page summary (11) and rank your top 4. Sharon has the other 11 Senate proposals that need to be sent out. The voting will be held on October 22nd. Please review and send any feedback via phone, and email to Nancy. A doodle poll (survey monkey) will be sent out with both lists, submit feedback before the 11th.
- The Northern California caucus plans to have a face-to-face meeting on October 29th. Nancy will be sworn in to officially be the assemblywoman.

**J. Nutrition Report – Tiffany Greer (Guest)**

- Acknowledgement of Nancy's 10 years of service with Center for Healthy Communities on the CalFresh Healthy Living team.
- Collaboration with the YMCA in Siskiyou to launch a walking program in the fall. Garden installation at the Roderick Senior Center in Hayfork, Trinity County. Monthly direct Ed nutrition classes at Dignity Health Connected Living in Redding.
- **Nancy** – Beginning October 1st, individuals and older adults mostly who receive SSI (Supplemental Security Income) will no longer have their Social Security counted as income when applying for CalFresh.
  - **Tina** to talk to Lassen program manager and see if she's aware and what she's doing for outreach of this news, if there is a possible flyer?

**K. Mental Health Services Act report**

Nothing to report

**L. Food Access Report – Staci Wadley**

- Senior Box program at about 1300 boxes a month. Emergency food distribution this month about 100 more bags than the month previous. In August about 600 bags of food given out on one Saturday.
- The Food Bank was receiving a subsidy from the California Association of Food Banks. They were paying for the freight to get healthy produce into Shasta County.
- **Staci** Presented to the Office of Education and their community coordinators. People who are case managers that are placed in schools and their job is to help. The presentation included our programs that serve seniors, there are many families that have grandparents raising grandchildren, and they have needs and issues.

## **M. Directors Report – Teri Gabriel**

- Senior nutrition program transition in Lassen County. Did not have a successful nor accepted a bid to provide nutrition services in Lassen County. PSA 2 a couple of years ago had to start their own direct nutrition program. Connected with Dignity Health and Connected Living and signed a contract with them to bring that service. This is for Lassen County; it will be different than a restaurant program. Dignity Health Connected Living will prepare the meals at that site in Redding and then deliver frozen meals to Assembly of God Church in Susanville. The church offered their facility to deliver the meals and may have the capacity to store meals. Letters recently went out to program participants notifying them for the home delivered meals program and the congregate dining program. Dignity Health will be reaching out to greatest nutritional risk participants first, then with time covering a wider population. Shannon Krikorian is the director overseeing the program. Teri will forward the waiting list to Dignity Health. Teri will reach out to Shannon for evaluation protocols.
- Hybrid Advisory Council meetings. Meetings will be held in person twice a year with the option of remote. Discussion regarding where in person meetings will take place. Potentially making meetings longer with lunch, grant funding does not cover lunch costs. Dignity Health Connected Living in Redding can offer lunch for \$18-20 dollars. Further discussion will be had with the chef. Staci will check the calendar for next month October 25th and will check in with Shannon. If not available, the date for an in-person meeting will be in March.
- Caregiver support events in all five of our counties in September - thank you to Maggie and Kelsey Halverson. They are planning for October sessions. In Modoc County, Strong Family Health Center attended the session (in August) and would offer their facility for any future presentations. Title III E Family Caregiver Support Program funding supports Maggie and Kelsey Halverson to bring caregiver education, awareness and just overall support. This month in September, they were able to host an event in Yreka, Weaverville, Susanville, Redding, Alturas and MacArthur. The subject in session 1 was how to speak Alzheimer's and related dementia. Session 2 was understanding long-term care. The Ombudsman program has been present to answer any questions related to long-term care.
- Master Plan for Aging, Senate Bill 1249 was passed by the governor last weekend. This Senate bill will allow counties to apply to become their own AAA...will be a long process. There is the application process, the evaluation process, and reallocation of interstate funding formula, which is the formula California Department of Aging uses to allocate funding to PSAs. It could lead to some areas losing funding to be able

- to fund another area in the state. It's been over 40 years that an evaluation has taken place, and it is being done to better serve our aging populations. The state will have their report out on October 8th. Flyers have been sent out.
- The SCAN Foundation, in response to the California's Master Plan for Aging, the foundation formed a Local Master Plan for Aging in four areas of the state. One of those areas is the North state. It includes Glenn and Butte County in PSA 3 and includes Shasta County. They are working on a Master Plan for Aging, led by Carolyn Nava, from the Disability Action Center. Held an event last October in Red Bluff to address the Local Master Plan for Aging. Another event in Orland, Glenn County on October 18th 10am – 4pm at the Orland Memorial Hall. Lunch and refreshments are provided. Guest speaker, Hagar Dickman is the director of the California Long Term Care Services and supports advocacy office with the Justice in Sging. Theme - Your Voice Matters.
  
  - Senior Fitness Testing through local YMCA. Free event and open to the community. Seniors are invited to participate in a series of fitness tests to help set goals and maintain a healthy lifestyle, good participation before. This falls under our fall prevention objective in our Area Plan that we want to bring in and be involved in.
  
  - Master Plan regarding Digital Divide, conversation came up when discussing the issues of DMV transitioning to online services. Topics such as access to the internet, available devices and then capacity on how to work devices. Resources available through public libraries, California Connect and other organizations. AT&T consultants donated 40 laptops in Siskiyou County, did not offer internet but offered technical support for a whole year. Possibly returning next year. Cyber Seniors, linking college students with older adults to help them with technology. In discussion with Get Set Up with some training. Broad band for all - access to internet and cell service, meeting on October 22nd, updates will be sent out.
    - Tina - To share more information regarding NAPSA resources.
    - Marianne - booking a representative from Clarice Healthcare. Organization that has tablets and all the training. A representative will be present at our Older Adult Policy Council meetings. If anyone on Advisory Council would like to take part in a resource that is specific to digital divide, access to technology training and device availability. Let Teri know to loop you in the conversations.

## **N. Report on the Fiscal Year 24/ 25 Area Plan Goals and Objectives**

- Write down objectives for reporting, then send them to the Secretary, there are forms at the back of the agenda packet. Staci reports and presents to the Executive Board on what the Advisory Council has worked toward in the last year. Teri will tally up in April and May. Mike Cottone has a digital form.
- Teri attended her first meeting SSTAC (Social services transportation advisory council) in Siskiyou County, they have vacancies. They meet quarterly regarding transportation challenges. Staci attends Shasta County. Transportation needs fit the committee's goals.

**O. Changes/ Adjustments for the Area planning**

- Think about any adjustments or additions for the next year. Everything discussed today is already within our objectives. Do we leave it as is? Shall we make any adjustments to the language?
- Adjustments to the Area Plan are due to the state on every May 1<sup>st</sup>, moving into the next fiscal year. Feedback needs to be submitted by the Advisory Council by March or April meeting, and it'll be on the agenda.
  - Nancy** - potentially Maggie could add to the plan for caregiving advocacy in our area. Further discussion of the 25/26 plan. Hope to draw more Advisory Council members in.

**P. Closing Remarks**

- Nancy will be sending an email, then the committee will create a doodle poll (survey monkey). This will be sent out via email, please submit feedback before the 11th of October.
- Plan for a hybrid meeting in Redding unless you hear otherwise. Staci will be confirming dates.

**Q. Meeting Adjourned**

Meeting was adjourned at 11:39 a.m.