

Siskiyou County Senior Resource Directory

2025-2026



Fairchildmed.org
530.842.4121

Specialty Care Close to Home

Comprehensive Healthcare Solutions Just For You



Pain Management



Behavioral Health



Primary Care



Orthopedic & Podiatry



General Surgery



Stroke Program



Women's Health



Express Care Clinic

Fairchild Medical Center: 530.842.4121
Fairchild Medical Clinic: 530.842.3507

FMC Express Care: 530.842.3507
Scott Valley Rural Health Clinic: 530.467.5393

24-Hour Nurse Advice Line: 877.529.5604

Table of Contents

Advocacy.....	4
Alzheimer's Disease	5
Assisted Living, Residential & Skilled Nursing Care.....	5
Behavioral Health.....	6
Bereavement Support.....	7
Caregiver Services.....	7
Clinics.....	8
Consumer Protection & Support.....	9
Crisis Services.....	9
Dental Care.....	11
Drug & Alcohol Abuse Treatment.....	11
Eye Care.....	11
Financial Assistance.....	11
Food Pantries.....	12
Funeral Chapels.....	12
Health & Fitness Centers.....	13
Health Services & Immunizations.....	13
Heating & Energy Assistance.....	15
Home Health.....	15
Hospice	15
Hospitals.....	15
Housing.....	16
Housing Repairs & Handicap Assistance.....	16
Human Services.....	17
Information, Assistance & Referrals.....	17
Legal Assistance.....	18
Libraries.....	19
Lifelines.....	19
Meal Centers & Meal Delivery.....	20
Medical Supplies & Equipment.....	20
Medicare & Medi-Cal Information.....	21
Mental Health.....	21
Pharmacies.....	23
Physical Therapy.....	23
Podiatrist.....	23
Resource Centers.....	25
Senior Centers.....	25
Support Groups.....	25
Tax Preparation Assistance.....	25
Transportation.....	27
Veterans Services.....	27
Veterinary & Pet Services.....	27
Volunteer Opportunities.....	28



**WE ALL DESERVE TO
AGE FEARLESSLY.**

**Together we can
STOP elder abuse.**

If you see it, report it! We are here to help. Please call Siskiyou County Adult Protective Services at

530-841-4010
750 S. Main Street, Yreka

ADVOCACY

AARP.....	888-687-2277
Adult Protective Services.....	530-841-4010
Dignity Health Connected Living -MSSP Care Management.....	530-226-3020
Dignity Health Connected Living-AmeriCorps Seniors Volunteers.....	530-226-3098
Disability Rights of California.....	800-776-5746
HICAP (Health Insurance Counseling & Advocacy Program).....	800-434-0222
Long Term Care Ombudsman Program-PSA2.....	530-229-1435
National Elder Fraud Hotline.....	833-372-8311
PSA2 Area Agency on Aging.....	530-842-1687
Siskiyou County District Attorney-Victim Services.....	530-842-8229
Siskiyou County Domestic Violence and Crisis Center.....	530-842-6629
24 Hour Crisis Line.....	877-842-4068

ALZHEIMER'S DISEASE

Alzheimer's Association: Education, Support Services, Help Line.....530-895-9661
24 Hour Help Line.....800-272-3900

ASSISTED LIVING, RESIDENTIAL CARE & SKILLED NURSING

Shasta View Estates.....Weed.....530-938-4429
Siskiyou Springs Senior Living.....Yreka.....530-842-4300



Skilled Nursing Facility
445 Park Street • Weed, CA 96094
(530) 938-4429

- Short-Term Rehabilitation
- Long-Term Care
- Hospice Care
- Physical Therapy
- Occupational Therapy
- Speech/Language Pathology
- Licensed medical staff:
RN, LVN, CNA

*Transportation for medical appointments and outings • Daily Activities based on resident interest
Caring, highly trained staff • Outdoor garden area
Supported by many local area churches who visit monthly • Live musical performances weekly*





Experienced local senior care for total peace of mind.

PROVIDING: Bathing & Dressing Assistance • Assistance with Walking • Medication Reminders • Errands & Shopping • Light Housekeeping • Meal Preparation • Companion Care • Respite Care for Families • Flexible Hourly Care • Veterans Care • End-of-Life Care • Alzheimer's Care • Dementia Care • Chronic Disease Care

530.223.2400
VisitingAngels.com/Redding

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BEHAVIORAL HEALTH

Anav Tribal Health Clinic.....	Scott Valley....	530-468-4470
Karuk Tribal Human Services.....	Happy Camp.....	530-493-1450
	Yreka.....	530-841-3141
Siskiyou County Behavioral Health.....	Mt. Shasta....	530-918-7200
	Yreka.....	530-841-4100
	24 Hour Crisis....	800-842-8979
Six Stones Wellness Center.....	Yreka.....	530-841-0810

MORE THAN A CAREGIVER RESILIENT IN THE FACE OF CHALLENGES



BEREAVEMENT SUPPORT

Compassionate Friends (parents who have lost children).....	877-969-0010
Klamath Hospice.....	Macdoel-Dorris-Tulelake.....877-882-2902
Madrone Hospice, Inc.	Yreka.....530-842-3160
Mercy Hospice.....	Mt. Shasta....530-926-6111

CAREGIVER SERVICES

Family Caregiver Support Program (Madrone Senior Services)	530-841-2365
Home & Health Care Management.....	800-400-0727
In-Home Supportive Services (IHSS)	530-841-4010
PASSAGES-Caregiver Resource Center.....	800-995-0878
Roslyn Home Care.....	530-338-1713
Visiting Angels Living Assistance Services.....	530-223-2400



IN-HOME SUPPORTIVE SERVICES (IHSS)

The IHSS program provides Medi-Cal eligible aged adults, disabled adults and children personalized assistance with daily tasks to remain safely in their homes. Call us today to see if you qualify.

SISKIYOU COUNTY HEALTH AND HUMAN SERVICES
530-841-4010
New Location: 750 S. Main Street, Yreka



Shasta Cascade Health Centers

Mt. Shasta ~ Dunsmuir ~ McCloud

Celebrating 25 Years of Community Service

Primary Care · Dental Services · Behavioral Health · Chiropractic

www.shastacascadehealth.org ~ 530-926-4528

CLINICS

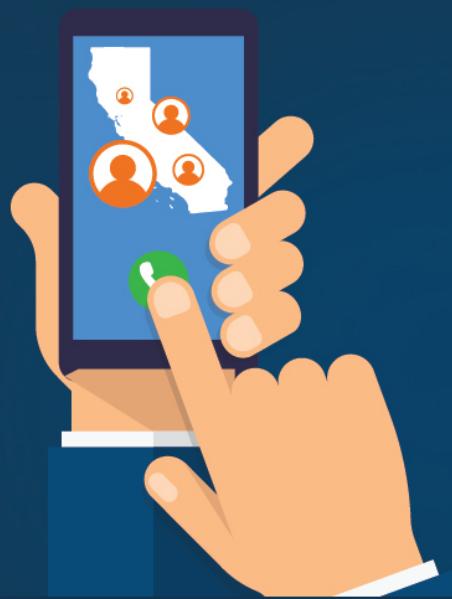
Anav Tribal Health Clinic.....	Scott Valley.....	530-468-4470
Butte Valley Health Center.....	Dorris.....	530-999-9070
Dignity Health Pine St. Clinic.....	Mt. Shasta.....	530-926-7196
Dunsmuir Community Health Center.....	Dunsmuir.....	530-235-4138
Fairchild Medical Clinic.....	Yreka.....	530-842-3507
Karuk Tribal Health.....	Happy Camp...530-493-5257	
	Yreka.....530-842-9200	
McCloud Healthcare Clinic.....	McCloud.....	530-964-2389
Mercy Lake Shastina Community Clinic.....	Weed.....	530-938-2297
Mercy Mt. Shasta Community Clinic.....	Mt. Shasta.....	530-926-7131
Scott Valley Rural Clinic.....	Etna.....	530-467-5393
Shasta Valley Community Health Center.....	Mt. Shasta.....	530-926-4528
Tulelake Health Clinic.....	Tulelake.....	530-999-9060
Yreka Immediate Care Clinic.....	Yreka.....	530-842-0606
Yreka V.A. Rural Clinic.....	Yreka	530-841-8500

CONSUMER PROTECTION & SUPPORT

Better Business Bureau.....	916-443-6843
California Department of Consumer Affairs.....	800-952-5210
Federal Trade Commission.....	877-382-4357

CRISIS SERVICES

Adult Protective Services- ElderAbuse Reporting.....	530-841-4010
	After Hours...530-842-7009
Behavioral Health...(Mental Health Crisis).....	800-842-8979
Institute On Aging-FRIENDSHIP LINE.....	888-670-1360
Office of Emergency Services.....	530-841-2155
Poison Control.....	800-222-1222
Police Departments.....	Mt. Shasta....530-926-7539 Tulelake.....530-667-5284 Weed.....530-938-5000 Yreka.....530-841-2300
Siskiyou County Domestic Violence and Crisis Center.....	530-842-6629 24 Hour.....877-842-4068
Siskiyou County Sheriff Department.....	530-841-2900
Suicide Hotline-The Effort.....	800-273-8255



Friendship Line California



1 (888) 670-1360





LOWER YOUR HEATING BILLS AND INCREASE YOUR COMFORT



Our **FREE Weatherization Program** can make permanent changes to your home making it warmer, safer, and more energy efficient.

Call 530-938-4115 extension 127 for more information



GREAT NORTHERN
-services-

Open Monday to Thursday, 9AM–4PM • 310 Boles Street, Weed, CA 96094

DENTAL CARE

Anav Tribal Health Clinic.....	Scott Valley.....	530-468-4470
Butte Valley Health Center.....	Butte Valley.....	530-999-9070
Carney, Christopher DDS.....	Mt. Shasta.....	530-926-2415
Centeno, Kimberly DDS.....	Mt. Shasta.....	530-918-9055
Cunha, William DDS.....	Fort Jones.....	530-468-2406
Evergreen Family Dentistry.....	Yreka.....	530-842-2558
Fairchild Dental Clinic.....	Yreka.....	530-841-4960
Family Smile Dentistry.....	Yreka.....	530-842-7323
Ferrari, Angela DDS.....	Mt. Shasta.....	530-918-9522
Karuk Tribal Health Clinic.....	Happy Camp.....	530-493-1650
	Yreka.....	530-842-9200
Larry J. Meyer DDS.....	Yreka.....	530-842-1689
Morley, Jeffrey DDS.....	Mt. Shasta.....	530-926-5296
Shearer, Kevin DDS.....	Mt. Shasta.....	530-926-6333

DRUG & ALCOHOL ABUSE TREATMENT

Behavioral Health	Mt. Shasta.....	530-918-7200
	Yreka.....	530-841-4890
Karuk Tribal Human Services.....	Happy Camp.....	530-493-1450
	Yreka.....	530-841-3141
Yreka V.A. Rural Clinic	Yreka.....	530-841-8500

EYE CARE

Shasta Vision Group.....	Mt. Shasta.....	530-926-2033
Siskiyou Eye Center.....	Yreka.....	530-842-2760

FINANCIAL ASSISTANCE

Siskiyou County Health and Human Services (Cash Aid & Food Stamps)	530-841-2700
	Toll Free.....
Social Security Administration.....	800-772-1213
	Yreka.....
	888-366-6145



Girdner Funeral Chapel



Our Family Serving Yours for Over 80 Years

Serving ALL of Siskiyou County!

530-842-3434


PurrFect Paws
—Pet Crematory—
530-841-1934

FOOD PANTRIES (also see Meal Centers)

Dorris Lions Club.....	Dorris.....	530-397-5466
Dunsmuir Resource Center.....	Dunsmuir.....	530-235-4400
Emergency Food Supplies & Commodities (GNS).....	530-938-4115	
First Baptist Church.....	Mt. Shasta.....	530-926-5095
Scott Valley Emergency Food Pantry.....		530-468-2201
Siskiyou Community Food Bank.....	Yreka.....	530-340-6382
Siskiyou Food Assistance Corporation.....	South Siskiyou County....	530-408-6115
St Vincent DePaul Society.....	South Siskiyou County....	530-926-3061
Yreka Resource Center.....		530-842-1313
Yreka Food Bank.....		530-643-2507

FUNERAL CHAPELS

Girdner Funeral Chapel.....	530-842-3434
Mt. Shasta Memorial Chapel.....	530-926-2131

HEALTH & FITNESS CENTERS

Karuk Wellness Center.....	Happy Camp...530-493-1414
	Yreka.....530-841-3155
Level Up Studio.....	Yreka.....530-598-3979
Mountain Fitness	Lake Shastina/Mt. Shasta.....530-926-3589
Mountain Fitness (The Wellness Center).....	Mt. Shasta.....530-926-6010
Siskiyou Family YMCA.....	Yreka.....530-842-9622
The Bar.....	Yreka.....530-921-9034
The Well Center for Healing.....	Yreka.....530-572-1566

HEALTH SERVICES & IMMUNIZATIONS

Nurse Advice Line (Fairchild Medical Center).....	877-529-5604
Siskiyou County Public Health Immunizations.....	530-841-2134



The Siskiyou Family YMCA For a better us.

Senior Fitness Classes

The YMCA has many fitness classes designed for seniors. Our welcoming fitness instructors will help you have a fun, interactive experience.



Senior Fitness Classes:

- Chair Strength & Stretching
- Active Striders Walking Group
- Fit For Life
- Sit & Be Fit

Join the YMCA!

Stop by to get a tour, learn about our financial assistance, and join an encouraging community committed to healthy living & social responsibility.



**We truly believe
that the YMCA is a
place for everyone.
You belong here.**

Location: 350 N. Foothill Dr., Yreka

Phone: (530)-842-9622

Questions, comments or concerns?

Email: Sophie@siskiyou-ymca.org

Website: siskiyouymca.org

HOUSEHOLD ENERGY ASSISTANCE

Our Energy Assistance Program helps income-qualified households with the cost of heating their homes by providing a direct payment to a utility or fuel provider.



Apply early for Energy Assistance! LIHEAP funding is limited this year, and processing times may be longer than usual. Don't wait—submit your application today to help secure support for your energy needs.

Act now!

Request a phone call to discuss your household's eligibility or
an application at **530-938-4115 ext. 120**



Apply online at www.gnservices.org/apply

GREAT NORTHERN
-services-

Open Monday to Thursday, 9AM–4PM • 310 Boles Street, Weed, CA 96094



MADRONE HOSPICE, INC.

When
Every
Moment
Matters

PALLIATIVE . HOSPICE . BEREAVEMENT

HEATING & ENERGY ASSISTANCE

Great Northern Services (GNS).....	530-938-4115
Karuk Tribe.....	530-493-1600 x2025
Lions Club Firewood Program.....	Scott Valley..530-598-2162
Pacific Power Energy Assistance Program	888-221-7070
Veterans Wood Assistance (Jennifer Bryan).....	530-917-9478
Weatherization Program (GNS).....	530-938-4115 x127

HOME HEALTH

Fairchild Medical Clinic Visiting Nurse Services.....	530-841-7740
Home & Health Care Management.....	800-400-0727
Mercy Home Health Services	530-926-8484

HOSPICE

Klamath Hospice.....	Macdoel-Dorris-Tulelake.....	877-882-2902
Madrone Hospice	Yreka.....	530-842-3160
Mercy Hospice.....	Mt. Shasta....	530-926-6111

HOSPITALS

Fairchild Medical Center.....	Yreka.....	530-842-4121
	Transportation....	530-842-3507
Mercy Medical Center	Mt. Shasta....	530-926-6111
Sky Lakes Medical Center.....	Klamath Falls....	541-882-6311



KNOW A VETERAN WHO NEEDS HELP?



We've Got Your Six.

At Nation's Finest, our mission is to support America's military Veterans and their families with a comprehensive approach to housing, health and employment that helps them achieve self-sufficiency and reach their full potential.

Nation's Finest – Redding Office:
153 Hartnell Ave. Suite 100
Redding, CA 96002

530.223.3211

Serving Shasta, Trinity, Tehama, Siskiyou, Modoc, Plumas, & Lassen Counties
www.NationsFinest.org

HOUSING (Senior & Disabled)

Alta Vista Manor.....	Mt. Shasta.....	530-926-3664
Deer Creek Apartments.....	Yreka.....	530-842-7943
Emerald Pointe Senior Apartments.....	Yreka.....	530-842-2739
Eskaton Washington Manor.....	Mt. Shasta.....	530-926-5339
Juniper Terrace Apartments.....	Yreka.....	530-842-6459
Karuk Tribal Housing.....	Happy Camp...	530-493-1414
	Yreka	530-842-1644
Sierra Vista Retirement Center.....	Yreka.....	530-842-3930
	Toll Free.....	800-714-9177
Yreka Guest Home.....	Yreka.....	530-842-4235

HOUSING REPAIRS & HANDICAP ASSISTANCE

Siskiyou Habitat for Humanity.....	530-598-1966
Weatherization Program (GNS).....	530-938-4115 x127

HUMAN SERVICES

Adult Protective Services/IHSS.....	530-841-4010
Karuk Tribe Human Services.....	Happy Camp...530-493-1450
	Yreka.....530-841-3141
MSSP (Senior Case Management & Medi-Cal).....	530-226-3020
Siskiyou County Health and Human Services.....	530-841-2700
	Toll Free.....800-662-7031
Six Stones Wellness Center.....	Yreka.....530-841-0810

INFORMATION, ASSISTANCE & REFERRALS

AARP / Membership.....	888-687-2277
Driver Safety - 55 Alive.....	800-350-7025
Health & Auto Insurance.....	800-523-5800
Disability Action Center.....Core Services.....	530-242-8550
PSA2 Area Agency on Aging.....	Yreka.....530-842-1687
	Toll Free.....800-510-2020
Siskiyou County Veterans Services.....	Yreka.....530-842-8010

Six Stones Wellness Center

We offer a safe environment of inclusiveness, recovery, and wellness to adults living with mental health and sobriety challenges.

Mental Health Wellness & Recovery Groups/Activities

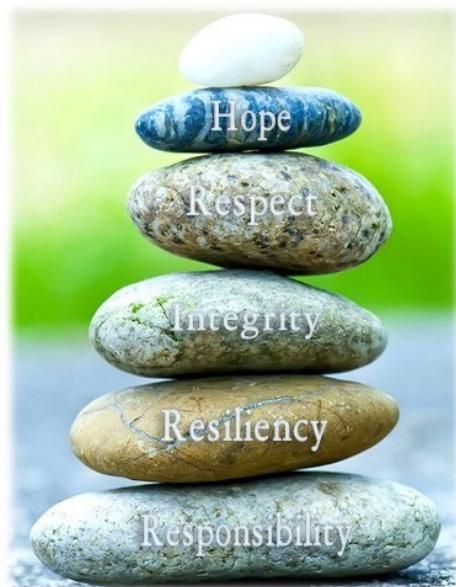
Hours of Operation: Monday-Friday~ 10am-3pm

525 N. Main Street, Yreka

530-841-0810



Northern Valley
Catholic Social Service
INSPIRING HOPE & TRANSFORMING LIVES





300 N. Main Street, Yreka

530-842-7411

www.siskiyoulegaldocs.com



Legal Help. No Lawyers.

We have been helping Siskiyou County take care of their legal needs since 2005. Some of our services include:
Probate, Simple Wills, Trusts, Deed Preparation,
Power of Attorney & Notary Public.

Valarie A. Wiley Rachel Lynn Wiley

Registered and Bonded
LDA - Notary Public

Notary Public

LEGAL ASSISTANCE

Better Business Bureau.....	916-443-6843
California Department of Employment & Fair Housing.....	800-884-1684
Legal Services of Northern California.....	800-822-9687
Siskiyou County District Attorney.....	530-842-8125
Siskiyou County District Attorney-Victim Services.....	530-842-8229
Siskiyou Legal Document Services.....	530-842-7411



**PSA2 Information, Assistance & Referrals
1-800-510-2020**

LIBRARIES

Butte Valley Library.....	530-397-4932
Dunsmuir Branch Library.....	530-235-2035
Etna Public Library.....	530-467-3661
Fort Jones Branch Library.....	530-468-2383
Happy Camp Library.....	530-493-2964
McCloud Public Library.....	530-964-2169
Montague Branch Library.....	530-459-5473
Mt. Shasta Branch Library.....	530-926-2031
Tulelake Library.....	530-667-2291
Weed Public Library.....	530-938-4769
Yreka Library.....	530-841-4175

LIFELINES

Alert1.....	800-366-8065
Life Alert Emergency Response.....	800-338-9090
Philips Lifeline.....	855-332-7799



**NEED HELP
UNDERSTANDING
MEDICARE BENEFITS?**

WE CAN HELP!
Get **FREE** assistance from a trained
HICAP counselor near you.

SHIP
State Health Insurance
Assistance Program
Navigating Medicare

HICAP Health Insurance Counseling
& Advocacy Program

Call (800)434-0222

This publication is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$86,018 with 25.2 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

MEAL CENTERS & MEAL DELIVERY

Meal Centers

First Baptist Church of Mt. Shasta.....	Mt. Shasta.....	530-926-5095
Karuk Tribal Nutrition Center.....	Happy Camp....	530-493-1645
	Yreka.....	530-841-3155
Loaves & Fishes (Etna United Methodist Church).....	Etna.....	530-467-3612
Madrone Senior Services.....	Yreka.....	530-841-2365
Siskiyou Senior Nutrition/Meals on Wheels (GNS).....	Mt. Shasta.....	530-926-4611
Scott Valley Berean Church.....	Etna.....	530-467-3715
Saint Anthony's Soup Kitchen.....	Mt. Shasta.....	530-926-4477
St. Joseph's Catholic Church.....	Yreka.....	530-842-4874
Tulelake Cornerstone Senior Advocacy.....	Tulelake.....	530-205-3721
Weed Community Resource Center.....	Weed.....	530-938-9914

Home-Delivered Meals

Dorris Lions Club.....	Dorris.....	530-397-2374
Karuk Tribal Nutrition Center.....	Happy Camp...530-493-1645	
	Yreka.....	530-841-3155
Loaves & Fishes (Etna United Methodist Church).....	Etna.....	530-467-3612
Madrone Senior Services.....	Yreka.....	530-841-2365
Siskiyou Senior Nutrition/Meals on Wheels (GNS)	South County.....	530-926-4611
Scott Valley Berean Church.....	Etna.....	530-467-3715
Tulelake Cornerstone Senior Advocacy.....	Tulelake.....	530-205-3721

MEDICAL SUPPLIES & EQUIPMENT

Beltone Better Hearing Center.....	530-221-4624
California Connect- free specialized phones & bluetooth accessories.....	800-806-1191
Disability Action Center- medical equipment & voice options.....	530-242-8550
Everything Medical.....	877-221-3633
Habitat for Humanity-Wheelchair Ramp Assistance.....	530-598-1966
Lincare.....	Yreka..... 530-841-0503
Miracle Ear Center.....	Yreka..... 530-842-2411
PSA2-Fall Prevention Resources.....	Yreka.....
Scott Valley Respiratory.....	Yreka.....
The Hospice Shop (gently used medical equipment).....	Yreka..... 530-842-6025



Scott Valley Respiratory

Medical Equipment and Supplies

Assisting you in living a full and independent life.

For over 37 years, we've proudly served Siskiyou County, offering high-quality medical supplies with trusted service. Our commitment to excellence makes us the go-to choice for healthcare professionals and individuals in the community.

 **CONSULT NOW**

Contact Us

530-841-3000
1714 S. Oregon St. Yreka CA



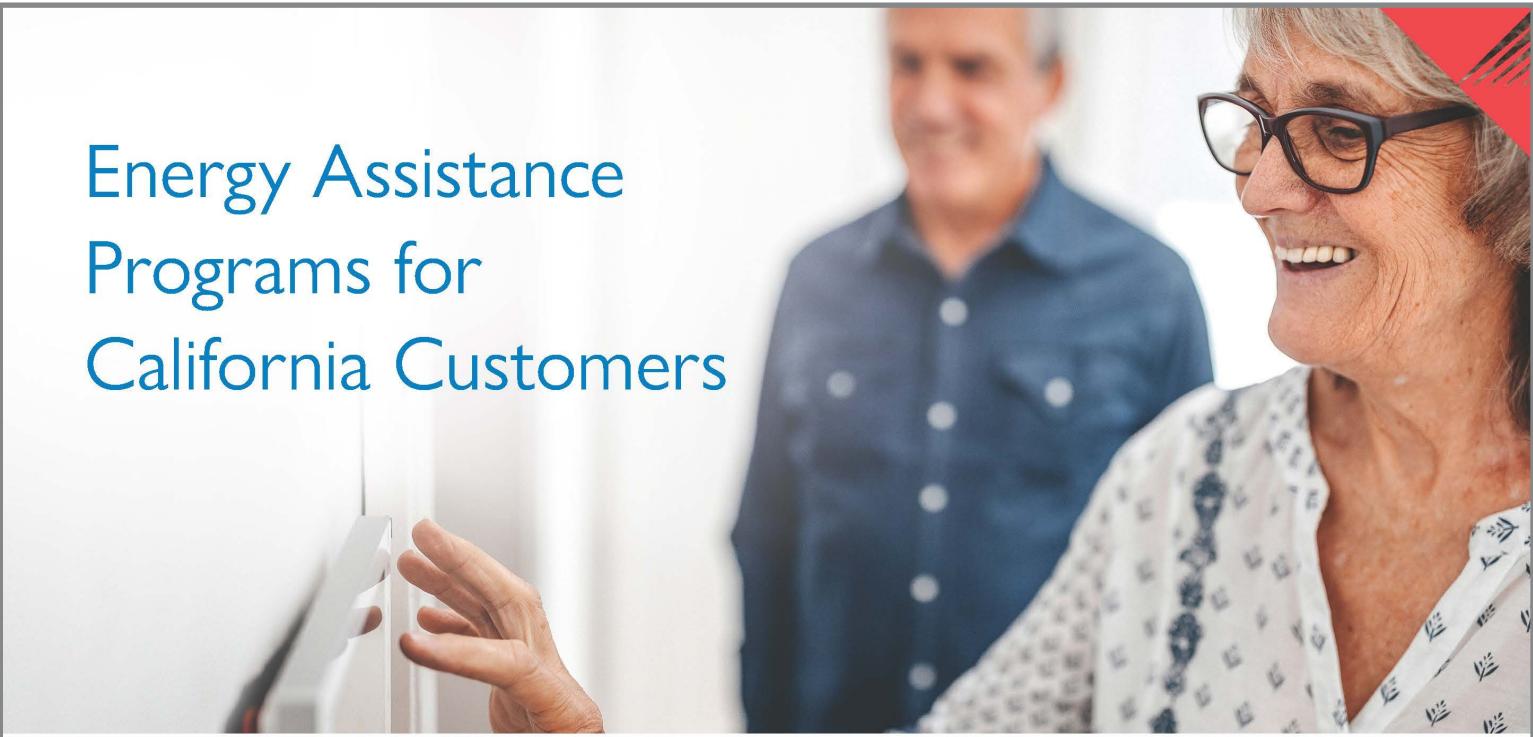
MEDICARE & MEDI-CAL INFORMATION

HICAP (Health Insurance Counseling & Advocacy Program).....	800-434-0222
Medicare	800-772-1213
Medi-Cal/CMSP.....	Yreka.....530-841-2700

MENTAL HEALTH (also see Behavioral Health)

Anav Tribal Health Clinic.....	Scott Valley.....530-468-4470
Butte Valley Health Center.....	Dorris.....530-999-9070
Dunsmuir Community Health Center.....	Dunsmuir.....530-235-4138
Karuk Tribal Human Services.....	Happy Camp...530-493-1450
	Yreka.....530-841-3141
McCloud Healthcare Clinic.....	McCloud.....530-964-2389
Siskiyou County Veterans Services	Yreka.....530-842-8010
Six Stones Wellness Center.....	Yreka.....530-841-0810
Tulelake Health Clinic.....	Tulelake.....530-999-9060

Energy Assistance Programs for California Customers



We know times can be tough and sometimes we all come up a bit short. At Pacific Power, we understand and have resources to help. We partner with energy assistance organizations in California to offer financial help to our customers in need. For more information on our programs and services, please visit pacificpower.net/assistance, or call toll free **1-888-221-7070**.

California Alternate Rates for Energy Program (CARE)

CARE program offers a 25% discount on monthly bills for eligible households. The one-page application form lists program requirements and is available at pacificpower.net/care or call us at **1-888-221-7070** to request an application.

Medical Baseline Program

Pacific Power offers an assistance program for residential customers who may have additional energy needs related to qualifying medical conditions. Qualifying residential customers receive an additional lower rate baseline allowance on their monthly energy bill. Learn more at pacificpower.net/medicalbaseline.

Public Safety Power Shutoff (PSPS)

Qualifying customers also receive additional notifications prior to a Public Safety Power Shutoff due to severe weather conditions. Please update your contact information, so we can reach you if needed at csapps.pacificpower.net/idm/login.

Energy Savings Assistance Program (ESA)

The Energy Savings Assistance Program (ESA) provides free weatherization services to income-qualifying renters and homeowners living in single-family homes, mobile homes or apartments. The program is designed to lower electric bills while keeping your home more comfortable and energy efficient. Learn more at pacificpower.net/esa.

Low-Income Home Energy Assistance Program (LIHEAP)

This federally funded program provides a direct payment to an eligible household's utility bill to offset the cost of heating or cooling their home. This program administered by community based non-profit organizations.

ESA and LIHEAP Agency

Contact your local community-based organization below for more information and to apply.

Great Northern Services
530-938-4115, extension 120

PHARMACIES

Clinic Pharmacy.....	Happy Camp...530-493-2070
CVS Pharmacy.....	Mt. Shasta.....530-568-6112
Raley's Pharmacy.....	Yreka.....530-842-4182
Rite Aid Pharmacy.....	Mt. Shasta.....530-926-3826
	Yreka.....530-842-5596
Wal-Mart Pharmacy.....	Yreka.....530-842-9060
Yreka Pharmacy.....	Yreka.....530-698-0990

PHYSICAL THERAPY

Fairchild Medical Center Physical Therapy.....	Yreka.....530-841-6211
Fairchild Medical Center Physical Therapy North.....	Yreka530-842-4381
Mercy Physical Therapy.....	Mt. Shasta.....530-926-9397
	Weed.....530-938-4417
The Well Center for Healing.....	Yreka.....530-572-1566

PODIATRISTS

Dignity Health Mercy Community Clinic.....	Mt. Shasta.....530-926-7131
McCloud Healthcare Clinic.....	McCloud.....530-964-2389
Fairchild Medical Clinic.....	Yreka530-842-3507

MADRONE HOSPICE, INC.

*As a butterfly embraces change, we offer
comfort, support, and guidance through life's
most meaningful transition*

Quality, Compassionate Care

530-842-3160



MADRONE SENIOR SERVICES

Program for Adults 60 and over

**EMPOWERING
YOUR
INDEPENDENCE**

- Senior Activities
- Nutritious Meals
- Senior Transportation



530-841-2365

• • • www.madronehospice.org • • •

RESOURCE CENTERS

Dunsmuir.....	530-235-4400
Montague (HUB).....	530-459-3481
Mt. Shasta.....	530-926-1400
Scott Valley.....	530-468-2450
Weed.....	530-938-9914
Yreka.....	530-842-1313

SENIOR CENTERS

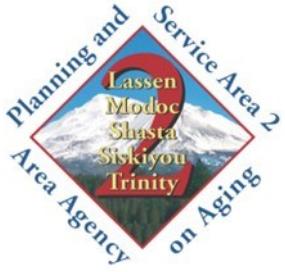
Karuk Senior Center.....	Happy Camp...530-493-1645
Madrone Senior Services.....	Yreka.....530-841-2365
Mount Shasta Senior Center.....	Mt. Shasta.....530-926-4611

SUPPORT GROUPS

Alcoholics Anonymous	After Hours....530-225-8955
Alzheimer's Association.....	800-272-3900
American Cancer Society.....	800-227-2345
American Diabetes Association.....	800-342-2383
American Heart and Stroke Association.....	800-242-8721
Anav Tribal Health Clinic.....	Scott Valley....530-468-4470
Bereavement - Madrone Hospice.....	Yreka.....530-842-3160
Bereavement - Mercy Hospice.....	Mt. Shasta.....530-926-6111
Caregivers Support Group.....	Mt.Shasta/Yreka.....530-221-1900
Institute On Aging—FRIENDSHIP LINE.....	888-670-1360
Mountain Caregiver Resource Center—PASSAGES	800-995-0878
Six Stones Wellness Center.....	Yreka.....530-841-0810
Substance Use Disorder Services.....	Yreka.....530-841-4890
Women's Support Group.....	Yreka.....530-842-1313

TAX PREPARATION ASSISTANCE

JEDI-VITA Tax Preparation Program (FREE Tax Assistance).....	888-926-6670
H&R Block.....	Mt. Shasta....530-926-4994 Yreka.....530-842-1925
Liberty Tax Service.....	Siskiyou County.....530-841-1040
Sum It Up Accounting.....	Siskiyou County.....530-937-3279



Planning and Service Area 2

Area Agency on Aging

www.psa2.org

Serving Older
Adults in Lassen,
Modoc, Shasta,
Siskiyou &
Trinity Counties



Our Mission is to provide effective community leadership that assures the provision of services to benefit older adults and adults with functional impairments which promotes the ability to remain at home with maximum dignity, choice, and independence.

Our Programs

- ◆ CAREGIVER SUPPORT
- ◆ ELDER ABUSE PREVENTION & EDUCATION
- ◆ HEALTH SERVICES
- ◆ LONG-TERM CARE
- ◆ NUTRITION ACCESS
- ◆ SUPPORTIVE SERVICES

CONTACT US

530-842-1687

Materials funded by a contract with the California Department of Aging.



TRANSPORTATION

EMERGENCY/AMBULANCE.....	911
Fairchild Medical Center Auxiliary Transport.....	Yreka.....530-842-3507
Mel's Yreka Taxi.....	530-842-1001
Mercy Flights Inc.....	Siskiyou County.....541-858-2646
Mount Shasta Ambulance.....	Siskiyou County.....530-926-3420
Mt. Shasta Taxi.....	South County.....530-859-3266
Madrone Senior Services-Senior Transportation.....	Yreka.....530-841-2365
Partnership Health Plan of California (members only).....	866-828-2303
STAGE Bus.....	530-842-8220
Veteran Health Services (Medical Transportation).....	Yreka.....530-841-8515
Weed Parks & Recreation Senior Shuttle.....	530-859-8132

VETERANS SERVICES

Jennifer Bryan (Wood Assistance).....	530-917-9478
Nations Finest.....	530-223-3211
Veterans Services.....	Yreka.....530-842-8010
Yreka V.A. Rural Clinic.....	Yreka.....530-841-8500

VETERINARY & PET SERVICES

Alpine Veterinary Hospital.....	Weed.....530-938-1770
American Veterinary Hospital.....	Yreka.....530-842-5719
Mt. Shasta Animal Hospital.....	Mt. Shasta.....530-926-5266
Ponderosa Veterinary Clinic.....	Yreka.....530-572-1510
Purr-Angels (Stray Cats).....	Yreka.....530-905-3646
Purrfect Paws Pet Crematory.....	Yreka.....530-841-1934
Scott Valley Veterinary.....	Fort Jones.....530-468-5366
Shasta Valley Veterinary.....	Montague.....530-842-6045
Siskiyou Humane Society-Pet Resources.....	Mt. Shasta.....530-926-4052
SNIP— Siskiyou Spay & Neuter Incentive Program.....	530-926-1196
Southern Oregon Veterinary (Urgent Care).....	541-282-7711

Information may not be current after initial printing.
Please call **530-841-2365** with corrections.

BE THE CHANGE

VOLUNTEER &
MAKE THE DIFFERENCE



VOLUNTEER OPPORTUNITIES

Choices.....	Mt. Shasta.....	530-926-6726
	Yreka.....	530-331-3762
Dignity Health Connected Living-AmeriCorps Seniors Volunteers.....	530-226-3098	
Dignity Health Mercy Medical Center.....	Mt. Shasta.....	530-926-6111
Dunsmuir Community Gardens (Resource Center).....	Dunsmuir.....	530-235-4400
Eagles Nest Resale Shop.....	Weed.....	530-938-4663
Fairchild Medical Center-Auxiliary.....	Yreka.....	530-842-4121
Genealogical Society of Siskiyou County.....		530-842-0277
PSA2 Long-Term Care Ombudsman Program	530-229-1435	
Purr Angels.....	Yreka.....	530-905-3646
Rescue Ranch Adoption Center.....	Yreka.....	530-842-0829
Rescue Ranch Thrift Store.....	Yreka.....	530-643-8156
Madrone Hospice, Inc/Shop/Heartisans/Senior Center.....	Yreka.....	530-842-3160
Mount Shasta Bioregional Ecology Center.....	Mt. Shasta.....	530-926-5655
Museums.....	Fort Jones.....	530-468-5568
	Mt. Shasta.....	530-926-5508
	Yreka.....	530-842-3836
Siskiyou Habitat for Humanity.....		530-598-1966
Six Stones Wellness Center.....	Yreka.....	530-841-0810
SNIP—Siskiyou Spay & Neuter Incentive Program.....	Mt. Shasta.....	530-926-1196

ALSO SEE FOOD BANKS, LIBRARIES & RESOURCE CENTERS

**Get the help and
information
you need
just by
calling
this
number:**

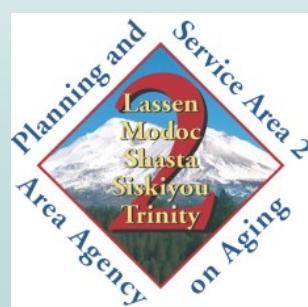


1.800.510.2020

California Aging & Adult Information Line

The Information and Assistance Program, offered by PSA 2 Area Agency on Aging, is designed to link persons aged 60 and over to the appropriate programs and services available in their communities.

208 W. Center Street, Yreka
www.psa2.org



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NOTES

Where care meets kindness

At Mercy Medical Center Mt. Shasta, you will find quality care close to home, and always served with humankindness. Beyond offering trauma care and emergency medicine, surgical and therapy services and more, you can find heartfelt compassion and commitment to you and your health.

From minor injuries to more serious issues, our team of experts is here for you. We want to support you on your path to wellness. Learn more at DignityHealth.org/MercyMtShasta.

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MADRONE SENIOR SERVICES

810 N. Oregon St. Yreka, CA

530-841-2365

In collaboration with Madrone Hospice, Inc.

www.madronehospice.org

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Six Stones Wellness Center, Siskiyou County Health and Human Services,
Siskiyou Legal Documents, Scott Valley Respiratory, Visiting Angels

**A special thanks to Roxanne Coonrod for
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