

**PSA 2 Area Agency on Aging
Virtual Advisory Council Meeting**

Friday, August 25, 2023

10:00 AM

MINUTES

A. Call to order and Flag Salute

Meeting called to order at 10:20 AM.

B. Roll Call (Establishment of a quorum)

Teri Gabriel	PSA2	Present
Tina Kennemore	Lassen	Present
Justin Cadili	Lassen	Present
Sharon Howard	Lassen	Present
Vacant	Lassen	-----
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Present
Tiffany Gwinn	Modoc	Absent
Vacant	Modoc	-----
Frances Cole-Boyd	Shasta	Excused
Maggie McNamara	Shasta	Present
Nancy Quirus	Shasta	Present
Staci Wadley	Shasta	Excused
Heather Solus	Siskiyou	Absent
John Dell'Amico	Siskiyou	Excused
Lydia Gil	Siskiyou	Present
Linda Smith	Siskiyou	Absent
Michael Cottone	Trinity	Present
Melanie Miller	Trinity	Absent
Benjamin Sarkisian	Trinity	Present
Vonnie Westbrook	Trinity	Absent

Quorum Established.

C. Introduction of guests

Jerry Kirouac, Program Manager – PSA2 Ombudsman
Cheryl Rushton, Admin Clerk - PSA2 AAA
Nichole Smith Great Northern Services, Siskiyou County

D. Approval of Agenda (Changes, additions or deletions)

M/ Nancy Quirus
S/ Tina Kennemore
To approve the agenda as presented.
Approved.

E. Approval of Advisory Council Virtual Meeting Minutes – July 28, 2023

M/ Tina Kennemore
S/ Maggie McNamara
Approved as corrected.

F. Open Session / Announcements

(Opportunity to hear comments from the community and for announcements)

Pam Smith is hosting a HICAP meeting at Lumberjacks restaurant in Susanville on Tuesday at 2:00 PM. Pam will talk about HICAP services. Teri has a flyer that she can share.

G. Reports:

Chairman's Report – Nancy Quirus, Chairman

- Update on Advisory Council Activities

No report.

- Advisory Council Membership/Recruitment Report

Heather Solus' term is ending and she will not be seeking another term. Looking for a representative from the Yreka area.

Nancy Quirus – Michelle may be familiar with some Northern Siskiyou seniors. Teri – We will recirculate the flyer.

We still have one vacancy each in Lassen and Modoc Counties.

TACC Report

- Update on Recent TACC Activities

Next TACC meeting is September 7th from 1:00PM to 4:00PM (Virtual).

California Senior Legislature Report – Teri Gabriel

- CSL Vacancies

Two vacancies – Sharon has been in touch with John at PSA3 and will be able to participate in CSL.

Nutrition Report – Nancy Quirus, Chairman & Lydia Gill

- Update on CalFresh Healthy Living Program

Lydia Gill – Getting close to produce distribution coming to an end in October. Tulelake and Malin-Merrill in Oregon on Thursdays. Protein and produce are

distributed once every three months. We received the last one from Great Northern last week.

Teri Gabriel – CalFresh Expansion – California Department of Aging has provided CalFresh Expansion funding to Area Agencies on Aging to assist with the pre-application process for older adults who may be eligible to CalFresh. We met recently with Siskiyou County Eligibility Supervisor and Program Manager to talk about training and moving this program forward. We are waiting on approval of the flyer. We will not determine eligibility, but will pre-qualify and refer them to Health and Human Services Agencies. Lydia – This is not an expansion of benefits? Teri – Correct, we are simply helping individuals apply for benefits.

Mental Health Services Act (MHSA) Report - All

- Update on Each County's MHSA Services Activities

Mike - Report on MHSA Reform – The state is proposing to shift some MHSA funding for housing programs, which will result in a reduction of funding available for Full Services Partner (FSP) and other mental health programs that serve older adults.

Teri – I did hear some conversation about the structure of MHSA funding. The Association of Area Agencies on Aging (C4A) has been advocating for more services to focus on other populations, including older adults.

Food Access Report – Staci Wadley

- Update on Food Bank and Food Access Activity

No report.

Director's Report – Teri Gabriel, Executive Director

- Update on PSA2 Direct Service Senior Nutrition Programs

Trinity County – We are signing agreements to bring congregate dining to the Church of the Nazarene Fellowship Hall by providing one hot meal weekly on Wednesdays. Still have an option to provide a frozen meal on that day. Five volunteers currently, with support of Dignity Health Connected Living. Currently serving 57 participants in the home-delivered meal program. Now serving beyond Weaverville.

Lassen County – The Dine Around Town program is still going strong. We see some areas where we may be able to add some additional diners because of folks that have moved out of town. Their diets are restricted so they can't participate in the program. We have about 20 new people that we may be able to add. We do have a long waiting list. Our priority right now is building the home-delivered meal program with volunteers there in Susanville. Our program coordinators reached out to those that were on the waiting list for home-delivered meals. individuals right at this time that we currently our drivers are to volunteer

drivers are working together to establish routes so they can best meet the needs of those that are participating in the program. We're envisioning that the service will be on Tuesday and Thursday. Where the volunteers would go to the restaurant and pick up the meals. We're also working on a process to best report the data to us so that we can report the data in our database which is required in the program. We're also working out the details on how the restaurant will receive in advance the number of meals they will need to prepare on a particular service day. So, we are in the weeds. Now we are getting down to the fine details to be able to launch that program. I'm really hoping in the next couple of weeks we can make it happen. But we are very close. We are so much closer than we were we are actually talking about routes. We've contacted individuals that were again homebound and we want to start small to work out the kinks in the system. Once we're good, I would say a month or two. Then then the next step would be adding more volunteers so we can expand home delivery but also starting an invitation for bid process to be able to add more restaurants for more variety in the program. So, lots going on with my lesson Dine Around Town, lots of activity and we're really looking forward to getting started in the next couple of weeks. Thanks to Justin, owner of Lumberjacks Restaurant, for helping us get this program started in Susanville and serving our seniors.

- Update on Master Plan for Aging Initiatives

Local Master Plan for Aging (MPA) Listening Session in Red Bluff on October 20th. – Red Bluff, Oct 20 – Keynote by Susan DeMarois, Director, California Department of Aging.

- Other Agency Activity

Dignity Health Connected Living Health Fair on Saturday, October 21, 2023
Will send out the flyer.

H. Report on FY 23/24 Area Plan Goals & Objectives Activities

- Advisory Council News Brief Feedback – Debbie Mason, Maggie McNamara

Teri - Newsletters have been printed and will go out to Pam this afternoon.

Maggie - The last topic was Dehydration -

Next topic – Disaster Preparedness – Evacuations Zones and Evacuation Notices

Mike - One topic has come up with the fires, and I don't know if this is an issue in other counties. We recently adopted a new evacuation zone system. I think most of the counties in our area have some kind of evacuation zone system. One of the things we've learned is that there can be a lot of confusion around these systems as residents become familiar with their evacuation zones and how notifications are sent out.

Teri - I'm certain it is because of connectivity and phone access. We have evacuation zones in Siskiyou County. We can see the evacuation status of our zones.

Mike - I'm just trying to think of a way to broadly promote the importance of getting emergency notification and evacuation zone information out to seniors. Maybe we could provide a list of the emergency notification / evacuation zone resources for each county.

Teri – We can advocate with our local OES offices so that they're aware that we have this population that doesn't have access to the apps, they don't have cell phones, and they will be in danger because they don't have that information. This falls in line with our objectives that we added last year about disaster preparation, which doesn't have to be materials, but also advocacy with local OES.

- Fall Prevention Awareness Week

Teri - Staff researched the National Council on Aging for Fall Prevention Awareness Week information. We couldn't find anything specific for this year. We are looking at the flyers we have that were created years ago related to fall prevention. The CDC has some flyers on risk of falls and preventing medication-related falls. We have these available to share via email, print or circulate, share on Facebook, etc. We will share these on our Facebook and website.

National Council on Aging - Fall Prevention Awareness Week, September 18-22, 2023

When we have events, we take brochures with us, and we have we been making presentations to health and human services agencies, their eligibility workers, oftentimes connected with HICAP as well. We're happy to do presentations even if it's virtual. We were there earlier this week in Siskiyou and we have another presentation scheduled next week for the rest of their crew.

Lydia – Street Fair & Shindig went well. We had three different food trucks, Med/Greek, Hamburger, and Mexican food trucks. Live band s throughout the day. We also had the dedication car e show, hosted by Dedications Car Club from Oregon. The weather was nice and there as no smoke. The b=vendors were impressed and want o do it gain next ear. Car Club and other groups had fundraisers and were able to raise money. Sharon - Do they still have a parade in Tulelake every summer? Lydia – That is September 7th-10th at the Tulelake Fair.

Teri - Next meeting we will have an agenda item to discuss the next Area Plan for FY24-29 and beyond Goals and Objectives, and review contracts for Nutrition Service Providers. We will need Advisory Council members to participate on the panel.

J. Correspondence

Incoming: None
Outgoing: None

K. Adjournment

11:25 AM

Next Meeting – Advisory Council Virtual Meeting – Friday, September 29, 2023