

**PSA 2 Area Agency on Aging
Virtual Advisory Council Meeting**
Friday, July 31, 2020
10:00 AM

MINUTES

A. Call to order

Meeting called to order at 10:04 AM.

B. Roll Call (Establishment of a quorum)

Teri Gabriel	PSA2	Present
Penny Artz	Lassen	Absent
Lindsay Ritchie	Lassen	Absent
Vacant	Lassen	
Kay White	Lassen	Absent
Marcia Anderson	Modoc	Present
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Present
Vacant	Modoc	
Murray Blake	Shasta	Present
Richard Kern	Shasta	Absent
Nancy Quirus	Shasta	Present
Staci Wadley	Shasta	Present
Mike Rodriguez	Siskiyou	Present
Kenneth Ryan	Siskiyou	Absent
John Dell'Amico	Siskiyou	Present
Lydia Gil	Siskiyou	Present
Michael Cottone	Trinity	Present
Helen Stone	Trinity	Excused
Kit Porritt	Trinity	Excused
Vacant	Trinity	

Quorum Established.

C. Introduction of guests

No guests.

D. Approval of Agenda

Nancy – Add County-specific data to agenda – Teri will cover under her report.
M/ Murray
S/ Mike
Approved.

E. Approval of Minutes – June 15, 2020

M/ Mike
S/ Nancy
Approved.

F. Open Session / Announcements

(Opportunity to hear comments from the community and for announcements)

Staci – We had a freeze on Sunday transportation service, which is not senior-specific. We plan to restart services on September 13th, with expanded service.

Nancy – That is good news. I have a bunch of members who will be delighted.

Staci – We will be limited on the number of riders we can accommodate due to social distancing. We try to carry no more than two people at a time.

G. Reports:

Chairman's Report – Clinton Davis

- Update on Advisory Council Activities

Trying to conduct meetings via Zoom.

- Advisory Council Membership Report

Still have vacancies in Lassen, Modoc, and Trinity. Teri – Might be easier to recruit Advisory Council members now that we are holding meetings virtually.

TACC Report – Clinton Davis, Advisory Council Chairman

- Update on Recent TACC Activities

Major changes to how we meet. Used to be quarterly in Sacramento. We are trying to set up a shorter (1 hour) monthly meeting on Zoom. Bringing in quality speakers to the meetings. Recently and Kim McCoy-Wade to talk about the Master Plan for Aging. Pushing on prohibition of visitors to facilities and hospitals. Looking to record meetings and make these presentations available to others. Out of 33 PSAs, we have about 15-16 that show up, but more are able to attend virtual meetings. I will send some things to Teri that she can share.

CSL Report – Kenneth Ryan, Senior Senator and Helen Stone, Senior Assembly Woman

- Update on CSL Activities

Nutrition Report – Nancy Quirus

- Update on CalFresh Healthy Living Program (formerly SNAP-Ed)

Direct education for CF has been cancelled for the remainder of the year. No dieticians, no food demonstrations. Seniors are not attending centers. We are using indirect education. We will use messaging labels into food deliveries, curbside or home-delivered. Shasta and Trinity have been involved in the pilot. Includes message printed on a label on the box seniors receive. Nutrition, health, physical activity, meal planning, food safety, COVID-19 precautions. Centers for Healthy Communities at Chico State are encouraging all dieticians to explore virtual outreach and education for older adults in our area. Can be a challenge for seniors without devices or internet access. Planning a survey to identify needs and capabilities. All of the people on this call can complete the survey to provide the data to drive future virtual education. Trying to get a pulse on what the challenges might be. Teri will send the email out to Advisory Council members.

Mental Health Services Act (MHSA) Report

- Update on Each County's MHSA Services

HICAP notified me that the Part D Medicare Drug Plan is now expanding effective January 1st, with a larger selection of drug plans. There will be a copay cap on insulin at \$35.

Tule Lake Resource Center – I asked Kelly Harris for an update. She has received funding for senior art classes and hope to open the resource up for arts classes following social distancing guidelines.

Murray – We were supposed to have a meeting, but I was the only non-staff person on the call.

John Del'Amico – Medicare was advertising increased benefits, but we here in our zip code have been excluded. Clinton – This is Medicare Advantage, which is only available in areas with sufficient population to make it profitable, which is not the case in rural areas.

Ad Hoc Committee Reports:

- Update from PSA2 Outreach Committee

I put Facebook at there and am trying to post weekly. Getting the hang of it. Teri will be redirecting the website to GoDaddy. Once that is done we can expand that. We can set up private work pages for collaboration.

- Update from PSA2 Fundraising Committee

On hold.

Director's Report– Teri Gabriel, Executive Director

- Update on Program Services Due to COVID-19 pandemic

Nutrition services still on hold due to COVID-19. County numbers continue to go up. Modoc had their first two cases. CDA continues to address that we do not want to reopen too quickly. Congregate diners are now driving up or getting meals at home. Still tracking numbers, which continue to go up. We continue to report this data to CDA. Appreciate the data being reported by nutrition centers. Dining centers still closed. New guidance out on resilience roadmap and moving to stage 4. More info re masks and face coverings.

HICAP closed to the public, but conducting counseling appointments. Some are providing in-person where Public Health allows it. Newsletter is sent out by the Program Manager of HICAP, I think it is quarterly. If there is something you want to know about, let me know and I'll notify the Program Manager. This is a way to reach everyone due to inability to go out and provide information. Let me know if you would like to receive it.

Ombudsman is working on guidelines for re-entry to facilities, with requirement to wear masks. Will have pictures of Ombudsman with and without masks for identification purposes. Planning for future shutdowns to ensure that Ombudmsan is not excluded from entering facilities.

Title III services continue to be provided under COVID-19 restrictions.

- Update on FY2020/2024 Area Plan Process

We submitted prior to deadline. Thanks to everyone who contributed. Waiting for CDA feedback, questions. Once approved, copies will be made and distributed to EB, AC and the public. County-specific data will be available by request.

Nancy – Recommend holding a virtual meeting to review data when it is made available.

- Request for Proposal Review Committee Member(s) – Trinity Co.

Not all of Trinity's funding was distributed. We are looking at distributing funds for C1, C2 and transportation services. Looking for review committee members. Won't be as big of a task as the full five-county review. Looking for nominations for RFP Review Committee. Nancy is interested. Staci – What kind of time commitment would you need? Teri – Receiving RFPs that come in and use a tool to review. Being available to discuss with applicants. Time commitment dependent on number of applications received. We don't have a timeline yet, but would be over the next two to three months. Will be on a future agenda.

- CARES Act Funding

There is additional funding coming to each AAA. One-time only funding to support home-delivered meals, family support, Ombudsman services, and supportive services such as transportation. CDA asks how each AAA plans to use the funding. We are looking at a plan to address how existing service providers will use funding, or use the funding in other areas to serve older adults. We are limited as to what services can be provided. If funding is not used, we will look at what flexibility we have for that funding to be used. Will be distributed on a reimbursement basis. CDA is hoping to reach populations they have been unable to reach up to this point

- Other Agency Activity

Finishing up year-end closeout. Getting RFP process finished for Trinity County. We will have a meeting next month.

H. Discussion on FY 20/21 Area Plan Goals & Objectives Activities*

Teri - Goals and Objectives are included in meeting packet. Goals 2 and 3 are specific to the Advisory Council. The names of participating Advisory Council members are included. If you would like to be included on an objective, please let me know.

Goal 2

CSL – Kenneth Ryan and Helen Stone – Address issues that impact seniors.

City Councils, BOS, State Reps – Raise awareness, extend outreach, get materials out.

You can help get materials out to groups you are connected with. Reach out to local clinics, doctor's offices, hospitals.

Circulation of elder abuse material – Working on updating the bookmark. Identifying what elder abuse is and providing county APS contact information.

Lydia – Do these materials come in Spanish? Teri – If we don't already have it, we can provide it.

Senior Services Booklet – Redeveloped in 13-14. We will be looking at updating this booklet. Kit, Mike, Nancy, and Penny were on the design team, and everyone else was on the distribution team. If you want to be added to the design team, we can talk about that when it comes up.

County Mental Health Services – Not all counties have mental health services available for older adults. Some counties may not be currently holding meetings.

Education and Awareness of Alzheimer's Disease – Lots of information, webinars, meetings are distributed to the advisory Council members. Trying to educate ourselves to educate others. There will be more older adults than children by 2030, and more older adults with Alzheimer's and dementia.

Nutrition Advisory Council – Our staff attends the Siskiyou County Nutrition Advisory Council to discuss food insecurity.

Goal 3

Transportation – Attends state and local meetings related to transportation and advocate for the transportation needs of older adults and adults with disabilities.

Nancy – Staci, Jennifer was very involved in this goal. Staci – I agree that we would be a good fit for this goal. I will review the components of this goal.

Lydia – We had a medical transportation vehicle available in our area. Clinton – Southern Cascades has non-emergency medical transportation serving the Northeastern part of the state. Partnership Healthplan of California (PHC) provides transportation for PHC members for medical appointments. It is available for private pay as well, but it is expensive.

John Del'Amico – We should have flag salute after roll call. We should be addressing final expenses as an important topic.

I. Correspondence:

Senior Medicare Patrol fraud alert is in the packet. Also, information about caregiving during COVID.

Incoming: (None)

Outgoing: (None)

J. Adjournment

Adjourned at 11:13 AM.

Next meeting – Virtual Meeting – Friday, August 28, 2020