

**PSA 2 Area Agency on Aging  
Virtual Advisory Council Meeting**  
Friday, May 27, 2022  
10:00 AM

**MINUTES**

**A. Call to order and Flag Salute**

Meeting called to order at 10:02 AM.

**B. Roll Call (Establishment of a quorum)**

|                     |          |         |
|---------------------|----------|---------|
| Teri Gabriel        | PSA2     | Present |
| Rebecca Terwilliger | Lassen   | Present |
| Vacant              | Lassen   | -----   |
| Vacant              | Lassen   | -----   |
| Tina Kennemore      | Lassen   | Present |
| Vacant              | Modoc    | -----   |
| Clinton Davis       | Modoc    | Excused |
| Debbie Mason        | Modoc    | Present |
| Vacant              | Modoc    | -----   |
| Frances Cole-Boyd   | Shasta   | Present |
| Maggie McNamara     | Shasta   | Present |
| Nancy Quirus        | Shasta   | Present |
| Staci Wadley        | Shasta   | Present |
| Heather Solus       | Siskiyou |         |
| Vacant              | Siskiyou | -----   |
| John Dell'Amico     | Siskiyou | Absent  |
| Lydia Gil           | Siskiyou | Present |
| Michael Cottone     | Trinity  | Present |
| Vacant              | Trinity  | -----   |
| Vacant              | Trinity  | -----   |
| Vacant              | Trinity  | -----   |

Quorum Established.

**C. Introduction of guests**

Gary Bridges – Supervisor, Lassen County BOS & PSA2 Executive Board  
Jerry Kirouac – Program Manager, Ombudsman  
Emily Tuholski – Program Manager, Siskiyou APS/IHSS/Housing  
Rose Gandy – CSL Assembly Member  
Carolyn Nava – DAN Coalition

**D. Approval of Agenda (Changes, additions or deletions)**

Move Items H, I, J to before Reports (G).  
M/ Staci Wadley  
S/ Nancy Quirus

Approved.

**E. Approval of Virtual Meeting Minutes – April 29, 2022**

Item K – Discussion of presenting as Advisory Council team.

Item F – Cool April Nights should be Kool April Nights

M/ Frances Cole-Boyd

S/ Staci Wadley

**F. Open Session / Announcements**

(Opportunity to hear comments from the community and for announcements)

Lydia Gil – Does anyone in Siskiyou know who to go to get water? On the West side of Tulelake, some of the wells are dry or going dry, and authorities do not have an answer. Some of us have above-ground tanks, but nobody close by to deliver water. Not drinking water, but water for bathing, washing, water for livestock, etc. If you have ideas, please email Lydia Gil. Emily Tuholski – There is a groundwater advisory committee webpage. Will send the link to Teri.

Jerry – Elder Abuse Awareness Month in June.

Lydia Gil – This weekend, the Art of Survival bike riders will be riding in Dorris, Tulelake, Klamath Falls.

Note: The agenda was modified to take Items H, I & J before Item G.

**H. Officer Election Nominating Committee Report**

At the last meeting, the Advisory Council nominated Maggie McNamara and Debbie Mason to the Nomination Committee. Need nominations for Chairman, Vice-Chairman, and Secretary. No nominations received so far. We do need nominees for the election at our June meeting. Our next meeting is the Collaborative meeting, which will be virtual, and we will vote via Zoom. Debbie or Maggie will announce the results of the election.

Nancy – As I recall, the officer role rotated between the counties. Teri - In the past, Advisory Council officer positions have rotated between counties. If that continues, the Chairman position could rotate to Shasta. The Vice-Chairman would rotate to Siskiyou.

**I. Final Report on FY 21/22 Area Plan Goals & Objectives Activities**

Nancy – How do we want to approach presenting the Report of activities of the Advisory Council? Mike – I could introduce the Report and then Advisory Council members could provide examples of how they carry out the activities of the Advisory Council. For example, I have focused recently on sharing information that I receive about senior services and issues from the PSA2 Facebook page and that by email, on our Trinity County HHS Facebook page. Nancy - Frances has spent a significant amount of time on promoting awareness of Estate and End-of-Life Planning. Nancy, Debbie, and Mike have spent time on promoting

awareness of elder abuse. Tina, Rebecca and Debbie can report on activities related to elder abuse. Nancy and Lydia can report on Nutrition. Lydia can provide examples of transportation activities, such as promoting awareness of transportation services provide by Southern Cascades. Staci can talk about transportation activities in Shasta. Maggie can provide examples of activities related to Alzheimer's and other dementias.

**J. Discussion on Advisory Council's Draft Year-End Report to the Executive Board and Presentation Assignments**

Mike will update the Year-End Report to include Staci's time on transportation activities and add the names of Advisory Council members who will present on examples of Advisory Council activities towards Goals & Objectives.

**G. Reports:**

**Chairman's Report** – Nancy Quirus, Vice-Chair

- Update on Advisory Council Activities

Teri provided an update to the Executive Board at their last meeting.

- Advisory Council Membership Report

Advisory Council vacancies in Lassen (2), Modoc (2), Siskiyou (1), and Trinity (3). Teri has sent out information to those who have expressed interest, but has not received any responses.

**TACC Report** – May 2, 2022

- Update on Recent TACC Activities

We currently do not have an Advisory Council member assigned to attend the TACC meeting. Maggie attended TACC.

**California Senior Legislature Report** – Rose Gandy, CSL Senior Assembly Member

- CSL Update

Rose attended her first CSL meeting yesterday via Zoom. There will be a Zoom meeting on June 30<sup>th</sup> that will include training.

**Nutrition Report** – Nancy Quirus, Vice-Chairman & Lydia Gill

- Update on CalFresh Healthy Living Program

FNS Priority Area Project Proposal for PSA 2 -- FNS Priority area: Veterans, Tribal Populations

## Project Description:

PSA 2 CFHL staff will create four (4) new partnerships with veterans and/or tribal organizations serving older adults in their assigned counties.

Staff will cultivate relationships with organizations serving veterans and/or tribal populations and tribal health organizations to build trust and conduct information gathering forums with appropriate stake holders. This project will engage new partners to implement community needs assessments to determine need, resources available, and assess interest.

Staff will develop a plan for implementation of CalFresh Healthy Living activities, which may include trauma informed direct education, indirect education, and support for policy system and environmental (PSE) changes while honoring traditional foods and food systems of the veteran and/or tribal populations.

Based on community need assessments results, CFHL activities related to food access, food distribution sites, gardening support, physical activity support, and/or farmers' markets that may be focus areas of this project. All activities will be evaluated for impact.

My Personal Goal: Create four (4) new partnerships with veterans and/or tribal organizations serving older adults in Shasta & Trinity counties to implement culturally relevant SNAP-Ed activities at four (4) CFHL approved sites, reaching approximately 250 eligible older adults.

## Year 1 (FFY 2022) Objectives:

- Identify veteran or tribal and/or tribal health organizations that serve older adults in the region.
- Learn about Food Distribution of Indian Reservations (FDIR) program and other tribal food access programs available in Northern California.
- Determine CFHL eligibility of veterans, tribal and/or tribal health organizations in the region.
- Establish and cultivate a minimum of three new relationships with local veterans' organizations, tribal leaders, tribal health, tribal councils and/or decision makers.
- Review current SNAP-Ed approved older adult curriculum to identify appropriate nutrition education resources for veterans and tribal populations.
- Identify other relevant health promotion curriculum for older adult veterans and tribal populations.

## Potential for involvement by ADCO members:

Assist in identifying and introducing CF staff to local veteran and/or tribal organizations and leaders/decision makers for these two target groups.

Share your insights as to perceived needs of these two groups (Veterans and Tribal organizations).

Thank you for your review comments and interest in supporting nutrition programming in our region!

Teri – Will the needs assessment happen in all five of our counties?  
Nancy – All CalFresh staff are being tasked with the same efforts.

### **Mental Health Services Act (MHSA) Report - All**

- Update on Each County's MHSA Services Activities

Teri – Shasta County MHSA has introduced the HOPE Heart Project to bring older adults and youth together at the Teen Center at Hartnell and Churn Creek. They plan to recruit older adults to participate. They will provide 20 hours of training. Looking for adults who can volunteer for 4 hours per week. Teri has applications for those who are interested in participating.

Teri is attending the Suicide Prevention Workgroup meetings, and Cheryl will be participating.

### **Food Access Report** – Staci Wadley

- Update on Food Bank and Food Access Activity

We are moving forward with our food bank consultant and going through the contracting process. This will allow us to conduct a needs assessment to determine which areas we can serve, and to identify needs we are not meeting, as well as looking at outreach, as well as areas and populations we are not serving. Prices continue to increase, while funding outside of COVID has not. We will be starting in the Summer and looking ahead to a \$1.3M food bank expansion project.

### **Director's Report** – Teri Gabriel, Executive Director

- Update on Program Services during COVID-19 pandemic

Opened 1 more center – Roderick Senior Center in Hayfork on May 3<sup>rd</sup>. TEACH in Modoc, and the Karuk Tribe in Siskiyou have also reopened. They all need to make sure they are working with their Registered Dietician as well as their local public health on their reopening plans.

HICAP is still operating primarily via telephone. Still recruiting for a volunteer coordinator.

Ombudsman is focused on elder abuse awareness activities. They have a new ombudsman who started this month and is going through training.

- Update on PSA2 Direct Service Senior Nutrition Programs

Dine Around Town program in Lassen County will use local restaurants to provide meals to seniors. Registered Dietician is reviewing the menus and the HHS Director is reaching out to the restaurants to see if they are able to expand their menus or make additional menu items to meet the guidelines. Gary – Thanks for all of your work in trying to get this program up and running.

Trinity Nutrition Program is almost there. We signed the agreement with Dignity Health last week. Just met with the program coordinator in Trinity to work out the details for getting the volunteers ready to work with the meal program. Hoping to set a start date soon.

- Elder Abuse Awareness Month Activities

Getting the word out using radio ads, TV ads, yard signs, working with local APS departments to get signs out. Shasta is holding events on June 3<sup>rd</sup> and June 11<sup>th</sup> that also include the Purple City Campaign. Maggie – Purple City started in the U.K. is focused on making communities dementia-friendly. Training for businesses is provided and includes a sticker to put up in their business. This will start in Redding then branch out to other communities.

Older Americans Month is in May – Proclamation for each of the local areas. Shasta's will be adopted at the May 31<sup>st</sup> meeting.

## **K. Correspondence**

Incoming: None

Outgoing: None

## **L. Adjournment**

Adjourned at 11:55

Next Meeting – Virtual Collaborative Meeting of the PSA2 Executive Board and Advisory Council Meeting – Monday, June 20, 2022 10:30 AM.