PSA 2 Area Agency on Aging Advisory Council Meeting July 25, 2025 10:00am Minutes Virtual Meeting

A. Call to order and Flag Salute

Meeting called to order at 10:02 am

B. Roll Call (Establishment of a quorum)

Vacant	Lassen	
Tina Kennemore	Lassen	Present
Vacant	Lassen	
Angela Reed	Lassen	Present
Clinton Davis	Modoc	Not Excused
Debbie Mason	Modoc	Excused
Vacant	Modoc	Excused
Laurie Wayne	Modoc	Present
Staci Wadley	Shasta	Present
Vacant	Shasta	
Maggie McNamara	Shasta	Present
Marianne Seifert	Shasta	Present
Michelle Harris	Siskiyou	Present
Genevieve Eller	Siskiyou	Present
Lydia Gil	Siskiyou	Present
Joan Smith	Siskiyou	Present
Vacant	Trinity	
Benjamin Sarkisan	Trinity	Present
Michael Cottone	Trinity	Excused
Vacant	Trinity	

Quorum Established.

C. Introduction of Guests

Nancy Quirus - CSL

Jerry Kirroucic – PSA 2 Ombudsman Program

Stacy Campbell – Passages Caregiver Resource Center

Carol Arnett – Shasta County Commission on Aging

Karen Kempley – Nation's Finest

Cheryl Rushton - PSA 2 staff

Pamela Smith – PSA 2 HICAP

Catie Olivilo – Madrone Senior Services

D. Approval of the Agenda

Motion to approve the agenda – Joan Smith second Approval – Laurie Wayne Approved.

E. Approval of May 30th/ June 16th minutes

May 30 Minutes Motion to Approve – Joan Smith Second Approval – Maggie McNamara Approved.

June 16 Minutes Motion to Approve – Tina Kennemore Second Approval – Marianne Seifert Approved. Maggie abstained.

F. Open session and Announcements

- **Benjamin Sarkisian** Peddlers Fair had ADA and senior parking. Two churches opened up their parking lot.
 - Staci reminded the Advisory Council members to complete their activity reports. Requested to send out to members each month
- **Joan Smith Freeman** Wondering if there would be a booth at Siskiyou Golden Fair.
 - Teri PSA 2 does not have personal who can attend, and it has not been fruitful in the past.
- **Karen Kempley** Passages from Chico State Enterprises will be there once a week in Shasta County with a caregiver program and respite care.
 - Nancy Had the opportunity to attend one of their workshops with preparing for physician visits. Dignity Health Connected Living – Passages is providing needed services to our community.
- **Genevieve Eller** Works as a Health Educator with the Siskiyou Healthy Aging. Working under Living Well, Healthy Aging program.
- **Stacey Campbell** One-on-one Alzheimer and Dementia class in Plymouth on Thursday at the Plymouth District Hospital.
 - Teri PSA 2 is contracting with Passages Caregiver Resource Center to offer caregiver needs in the PSA 2 region.

G. Chairman Report - Teri Gabriel

- Membership- Lassen County 2 vacancies, Modoc County 1 vacancy, Shasta County 1 application before the board, Trinity County in the works.
- No TAC meeting.

H. California Senior Legislature (CSL) Report – Nancy Quirus

- o The legislature for 2025 Interesting things going on.
- Authors name is Helen Mcbrady, and the title is food disclosure and labeling.
- 5 Bills were submitted. Three of those bills are moving forward. priorities we voted are still on listing. Caregiving grandparent support, older adult

- education, Telehealth, and Fall prevention and additional lighting for Older Adults.
- State Legislature is currently on recess till August 18. More available with a phone call.
 - Get involved new project, The Constitute volunteer (CV) (you will be part of the team) for District 1 Senator Dahle and Assemblyman Gallagher.
- Email received from Health and Human service leaders that explained how the Big Beautiful Bill will be impacting all Californias. Let Nancy know if you would like to view the online recording.
- Feedback requested Teri recommends going to the individual county to represent CSL. Nancy will ponder this and check with other CSL members. Annual CSL session towards the end of October. Trying to get information to the leaders in our individual counties. Cheryl to share contacts information for each county.

I. Nutrition Report – Lydia Gil & Michelle Harris

- Michelle Senior Farmer Market Nutrition Program and the new market card program. Michelle and Laurie have been connecting with farmer market managers and farmers to share about the new market card and support them through the new application process. Collaborating with California Department of Food and Ag. It has been a slow process, and some farmers are hesitant to provide information.
 - Shasta county farmers are ready to start excepting cards, as well as Modoc. Trinity has one farmer that is in the process. In Siskiyou, Mount Shasta and Etna are getting close to being ready. Yreka is still working on becoming certified. The Yreka Farmer's Market is held on Fridays at 4pm.
 - Laurie and Scott will also be supporting the distribution of market cards at the congregate meal sites in August.
- The SNAP-Ed/CalFresh Healthy Living funding is expected to end and will not have funding starting Oct 1, 2025. CHC will be starting to wind down their CFHL program and activities. Have not shared formal communication with sites but will be doing so soon. CHC will be spending this next year rebuilding and restructuring.
- Lydia No Updates.

J. Mental Health Services Act Report

No Updates

K. Food Access Report – Staci Wadley

- Big Beautiful Bill Making more difficult to access CalFresh. Food Banks are expecting an increase.
- CSFP will be funded (Senior Box Program). 1500 go to Shasta County. Probably will pass.
- Standford Medicine Ultra Process food 5 things to know– John Sanford

- o 60% of American daily diets is made up of ultra processed foods.
- In Shasta County, pick up 2 million pounds of food from grocery recovery stores. Going to stop picking up pastries to limit the distribution

L. <u>Directors Report</u> - Teri Gabriel

- Older Americans Act Funding Big Beautiful Bill did not impact. The Act itself needs to be reauthorized in 2025.
 - o Toolkit Reach out and or write a letter to your legislature. Funding could be slowed down or non-existent.
- Nutrition Services Incentive Program (NSIP), USDA based funding. The funding was to support the purchase of raw food, strictly food costs. This funding was eliminated, loss of \$94,000 to PSA2 Nutrition Service Providers. Some NSIP funding may be available, possible at 50%. Information released in upcoming amendment.
- Ombudsman program continues to be funded.
- Master Plan for Aging
 - The Department of Aging continue to work with the California
 Department of Aging to strengthening the area network. Attending
 meetings regarding the funding formula, how funding will reach each
 PSA, and how core services are established and measured.
 Reevaluations occur every 4 years.
 - The California Department of Aging was at the forefront of having a Master Plan for Aging, placing services and programs for older adults at the forefront at the state level.
 - The California Department of Aging is working on data base how regions are spending their funds, this will be public information, more information to come out next year. Purpose there are AAA that only spend about 50% of their funds, this leftover fund can go to other areas that need more funds.
 - o Discussion of a third area that would be statewide services.
- Grant with the SCAN Foundation to develop their own Master Plan for Aging at a local level, includes Shasta County, Glenn County and Butte counties.
 Unmet needs ranging from healthcare, transportation and housing are the focus. Will have a presentation in Shasta County (working with Dignity Health Connected Living). October 17th.
- Caregivers Support Event, July 30th and July 31st (Session 1: what's ahead in my caregiving, Session 2: Staying healthy, while caregiving). At Madrone Senior Services in Yreka.
 - July 31st Session 1: communication and caregiving and session 2: overcoming negative emotions in Susanville from 2-4pm.
- Working with the Alzheimer's Association to offer free training opportunities, focusing on Shasta and Lassen County to support this effort. Reach healthcare, healthcare professionals and providers to bring education on working with Alzheimer's and dementia patients. Difficult time reaching first responders.

- Partnering with Dignity Health Connected Living. Project to provide disaster go bags (200) in Shasta, Siskiyou and Trinity. Trying to reach Lassen County. The information inside includes information by seniors for seniors.
 - o Teri to get link to Marianne from Red Cross information booklet.

M. Fiscal Year 2024/2025 Proposed Plan, Goals and Objectives

- Hope that all Advisory members are committed to supporting goals and objectives. Included in the agenda packet. Please review all goals and make sure you are reporting all activities you are involved in (include brief notes/ what did you do and the time spent). **Submit the activity reports to Michelle.**
 - o Goal 2 Educate and Advocate
 - Goal 3 Transportation
- Genevieve Eller Firearm Life Plan. Harm reduction and suicide reduction. (Fits with Suicide Prevention goal)
- Marianne trying to get the state to expand this living waiver program to Shasta County. Met with Senator Dahle's office, encouraged to focus on nursing homes. Trying to collect data for the county. (Letter B, Educate and Advocate goal).

N. Follow Up Discussion on Advisory Councils Year End Report to Executive Board

- PowerPoint was presented at the meeting. No hard copy of PowerPoint was included in the board packet, that is okay.
 - Teri Thank you to Joan for assisting with report, this is her first time presenting. Thank you for all contributors.
- Lydia Tulelake area, Otis Roper Park northern Siskiyou County on August 9th, fair and bizarre free entrance, free parking, free seating, free music. Car show.
- Marianne Trinity Rancheria health fair on August 13th. The Redding Rancheria has their health fair. Also, the Discovery fair on August 6.
- Blood drive and health fair upcoming Tuesday at the Rain Rock Casino.

O. Correspondence (not discussed but including in agenda packet)

- Member Resignation Message from Tiffany Gwinn
- Member Resignation Message from Elaine Brown

P. Meeting Adjourned at 11:52 am.

Respectfully submitted,

Michelle Harris, PSA 2 Advisory Secretary