

PSA 2 Area Agency on Aging
Virtual Collaborative Executive Board and Advisory Council Meeting
Monday, June 16, 2025
10:00 am

1. Call to order and Flag Salute

Meeting was called to order at 10:00 a.m.

2. Roll Call

Executive Board

Gary Bridges	Lassen County	Present
Kay White		Not Present
Tom Neely		Present
Casey Cockrell	Modoc County	Excused
Roberta Hohman		Excused
Shane Starr		Excused
Matt Plummer	Shasta County	Present – Late
Kevin W. Crye		Present
Chris Kelstrom		Not Present
Nancy Ogren	Siskiyou County	Present
Marie Ingram		Excused
Ed Valenzuela		Present
Ric Leutwyler	Trinity County	Present
Jill Cox		Excused
Vacant		-

Advisory Council

Vacant	Lassen County	-
Tina Kennemore	Lassen County	Present
Vacant	Lassen County	-
Angela Reed	Lassen County	Unexcused
Clinton Davis	Modoc County	Present
Debbie Mason	Modoc County	Excused
Tiffany Gwinn	Modoc County	Present
Laurie Wayne	Modoc County	Present
Staci Wadley	Shasta County	Present
Nancy Quirus	Shasta County	Present
Maggie McNamara	Shasta County	Excused
Marianne Seifert	Shasta County	Present
Michelle Harris	Siskiyou County	Present
Vacant		-
Lydia Gil	Siskiyou County	Excused
Joan Smith	Siskiyou County	Present
Elaine Brown	Trinity County	Excused
Benjamin Sarkisian	Trinity County	Unexcused
Michael Cottone	Trinity County	Present
Vacant		-

Quorum established.

Guests

Jerry Kirouac	PSA 2 Ombudsman Program Manager
Pam Smith-Jimison	PSA 2 HICAP Program Manager
Cheryl Rushton	PSA 2 Program Coordinator
Andrea Sutton	PSA 2 Fiscal Manager
Carol Arnett	Shasta Co. Commission on Aging, District 4
Stacy Campbell	Passages Caregiver Resource Center
Shannon Krikonan	Dignity Health Connected Living Director of Health & Wellness
Laurie Wayne	Cooperative Extension
Tia Sekavec	TEACH, Inc.
Noelle Macdonnell	TEACH, Inc. Admin. Assistant

3. Approval of Agenda

Stood. Approved.

4. Approval of Consent Agenda

Motion to approve – Supervisor Ed Valenzuela

Second – Supervisor Matt Plummer

All aye, motion passed.

5. Open Session

6. Executive Board's Report

None.

7. Advisory Council Report – Mike Cottone, Chairman

- Membership status update – 5 Vacancies: 2 Lassen, 1 Siskiyou, 1 Trinity. Losing a representative from Modoc.
- Advisory Council- Hybrid meeting in Redding. Thank you to Stacy and Dignity Health for hosting. Special thanks to Justin Cadili.
- AAA Council of California- Meeting held last Thursday:
 - Presentation by the CEO of CalOptima Health – program focus on housing, in-home care, and respiratory services for older adults.
 - Hannah Brady – Senior advocacy network – assists in shared housing for older adults (Stanislaus County)
 - Karol Swartzlander with CA Commission on Aging – provided information on the legislative budget. The Governor is proposing to reinstate asset limits for seniors seeking Medi-Cal. More details to come in legislative hearings.

8. Executive Director's Report – Teri Gabriel

- Older Americans Act program funding being addressed by USAging – association of Area Agencies on Aging. Funding will be retained at the 2025 level. It appears to be supported at the federal level. Programs under Administration on Community Living will continue to be managed

by the Administration for Children, Families and Communities (ACFC), allowing for continued collaboration and delivery of services.

- Medicare, medical, and SNAP services, community block grants are being threatened of being eliminated.
- HICAP and Ombudsman program will continue funding at the federal level.
- The Program, fiscal and data monitoring process is underway for fiscal year 2024-2025. Meetings have been held with contracted service providers to address regulatory requirements. This is an annual review process. Most providers have been visited virtually, with no major findings. Lassen and Modoc have lost their registered dietitian; PSA 2 staff have connected them with a new RD and will continue to support any transitions. If findings are identified and not addressed, the issue will be escalated to the Executive Board.
- Master Plan for Aging initiatives - AAA- California 2030 initiative- The state is revisiting the aging network and designation criteria for AAAs and PSAs. Criteria under review include financial capabilities, organizational structure, board support, service facility location, staffing, and public visibility. The funding formula will also be reevaluated.
- Emergency Preparedness – Dignity Health Connected Living is collaborating with PSA 2 to distribute and create emergency preparedness backpacks for older adults. These include disaster “go bag” supplies, brochures, and an informational booklet. Counties served so far: Shasta, Siskiyou, and Trinity Counties. Lassen County is expected to be reached soon.
- Digital Access for Seniors – Ongoing meetings with AT&T to discuss laptops for older adults. PSA 2 Program Coordinator (Cheryl) is developing a resource listing available low-cost internet options. The next meeting is scheduled for July, and distribution plans are still in discussion.
- Alzheimer's Association Collaboration – Continued work with the Alzheimer's Association to provide training for first responders to become Alzheimer-prepared.
- Family Caregiver Support Classes – Conducted in Weaverville, Susanville, Mt. Shasta, and Burney through partnerships with two consultants. Attendance has been low, but efforts are underway to improve advertising for future sessions.
- Priority- service provider contracts for fiscal year 2025/2026 are to be sent out soon.

9. Approval of the proclamation of June 2025 - Elder Abuse Awareness Month

Motion to approve – Supervisor Matt Plummer

Second – Supervisor Gary Bridges

All aye, motion passed.

10. Elder Abuse Awareness Month – Report from PSA2 Ombudsman program – Jerry

- History- With the growth of Medicare and Medicaid in 1965, there were increasing complaints about the quality of care. To address this, in 1972, the federal government established grants to enforce federal standards and processes. The Long-Term Care Ombudsman Program (LTCOP) became part of the Older Americans Act in 1978. That same year, LTCOP was granted access to residents' financial and medical records with the residents' consent.
 - i. Service Area – The program has served Lassen, Modoc, Trinity, Siskiyou, and Shasta counties since the 1980s. Representatives and residents direct advocates to promote the care and quality of life for individuals in long-term care facilities. The program investigates and resolves complaints, advocates systemic change, provides information

about long-term care services, and seeks legal, administrative, or other remedies to protect residents. *Note: The Ombudsman program does not provide legal representation or attorneys.*

- ii. The program serves individuals—regardless of age—living in long-term care facilities, including Skilled Nursing Facilities (SNFs) and Residential Care Facilities for the Elderly (RCFEs). Ombudsman staff are **not** mandated reporters; all complaints or requests for assistance must originate from the residents.
- iii. Written consent—or the presence of multiple witnesses required before any action is taken on behalf of a resident.
- iv. Staff include 3 full-time Ombudsman representatives and 1 part-time staff member. They monitor 68 facilities monthly, covering more than 2,100 residents and 2,200 staff members.
- v. In 2024, the office received 1,573 reports or complaints. Of those, 246 were classified as serious (including physical, emotional, sexual, or financial abuse), and 859 required on-site visits to gather information. Complaint numbers have remained steady over the past two years. Financial abuse is the most reported issue.

11. Advisory Council Fiscal Year 2024-2025 End of Activity Report – (Michelle Harris, Joan Smith-Freeman, and Staci Wadley)

- Planning and Service Area 2 AAA Advisory Council - grassroot voice for older adults within the service area. 4 representatives from each county, at least 50% of all members are over the age of 60.
 - i. Monthly virtual meetings
 - ii. Principal advocates of senior service providers, people with disabilities.
- Goal #2: Objectives
 - i. Total hours for Educating and Advocating: 218.25 Hours.
 1. CA Senior legislature
 2. Council members presented senior issues to city councils, boards, supervisors, state gov. representatives.
 3. Assist with circulation of Elder Abuse Prevention information and promoting Elder Abuse Awareness month.
 4. Distribute PSA 2 AAA Advisory Council news brief.
 5. Participate in Mental health Services Act activities to further outreach and educate on mental health issues.
 6. Promote education and awareness of Alzheimer's Disease and other dementias to the public and other stakeholders.
 7. Council members attend Older Adult Policy Council in Shasta Co., Partners in Action for Trinity Health, Nutrition Action Partnership to identify community strengths and resources to enhance the quality for older adults.
 8. Participate in community Nutrition Advisory Council meetings in Siskiyou, Shasta, and Trinity counties and promote policies and education as well as organizational changes around food security for older adults.
 9. Promote and distribute Fall prevention education materials

10. Assist with distribution of materials and promote awareness of Estate planning and Advanced Healthcare Directive.

11. Council members distribute disaster preparedness materials and participate in disaster preparedness planning and meetings.

- Goal #3 Transportation
 - i. Transportation is the primary service provided by PSA 2 AAA and an ongoing unmet need. (geographical landscape and funding limit access).
- Additional Activities
 - i. AAA Council of California TACC Participation
 - ii. Support for the Request for Proposal RFP Process
- Next year's focus
 - i. Fill advisory council vacancies, focus on Goal #3 Transportation, address Goal #2 Digital Divide efforts, educate and advocate.

12. Advisory Council Appreciation – Certificates of gratitude prepared by Executive Board Chairman, Supervisor Jill Cox, were provided to the Advisory Council members. Thank you for all you do.

13. New Business

- Next Executive Board Virtual Meeting - July 21, 2025
- Next Advisory Council Virtual Meeting - July 25, 2025

14. Old Business

- None

15. Correspondence

- Letter from Redding Area Bus authority (in packet)
- The California Department of Aging for approval of 4-year Area Plan 2024-2028. Area Plan Update for 2025/2026 currently in progress.
- Outgoing letter – Thank you letter to Lumber Jacks Restaurant for providing Advisory Council meeting lunch in May.

16. Adjournment – 11:47 a.m.

Respectfully submitted,

Michelle Harris, Advisory Council Secretary