

PSA 2 Area Agency on Aging
Virtual Advisory Council Meeting
November 22, 2024
10:00am
Minutes

A. Call to order and Flag Salute

Meeting called to order.

B. Roll Call (Establishment of a quorum)

Justin Cadili	Lassen	Present
Tina Kennemore	Lassen	Present
Cindy Brophy	Lassen	Absent
Angela Reed	Lassen	Present
Clinton Davis	Modoc	Unexcused
Debbie Mason	Modoc	Excused
Tiffany Gwinn	Modoc	Present
Laurie Wayne	Modoc	Present
Staci Wadley	Shasta	Present
Nancy Quirus	Shasta	Present
Maggie McNamara	Shasta	Present
Marianne Seifert	Shasta	Present
Michelle Harris	Siskiyou	Excused
Vacant	Siskiyou	
Lydia Gil	Siskiyou	Unexcused
Joan Smith	Siskiyou	Present
Elaine Brown	Trinity	Present
Benjamin Sarkisan	Trinity	Present
Michael Cottone	Trinity	Present

Quorum Established.

C. Introduction of Guests

Tiffany Greer – Center for Healthy Communities - CalFresh
Jerry Kirouac- LTC Ombudsman
Cheryl Ruston – PSA 2 AAA

D. Approval of the Agenda

Motion to approve the agenda – Staci Wadley
Joan Smith seconds Approval.
Approved.

E. Approval of October 25th Minutes

Motion to Approve – Tina Kennemore
Nancy Quirus seconds approval.
Approved.

F. Announcements

- **Benjamin Sarkisan** – Dignity Health Connective Living has just signed paperwork for congregate meals in Trinity County, location to be announced soon.
- **Marianne Seifert** – 7th Edition of the Senior Source coming soon, it is a resource directory for seniors in various counties. Available electronically as well. Marianne is open to any suggestions. Pick up physical copies at Dignity health, Everything Medical on Athens, Senior Center, Frontier Senior center downtown in Anderson, and you can look at the website for more locations.

G. Chairman Report – Mike Cottone

Two vacancies; one in Trinity County and one in Siskiyou County.

H. TACC Report

- Last meeting on the 14th.
- Election for President Ted Smith and Vice President Joyce Gandelman.
- Improving accessibility throughout California and housing, homelessness. Three bills signed:
 - **SB1249** – (AAA - Area Agencies on Aging) Bill strengthens the role of Area Agencies on Aging in California. It aims to improve the coordination and delivery of services to older adults, ensuring that AAA's can better address the needs of seniors across the state, particularly in the context of aging in place and access to critical services.
 - **AB2207** – (Representatives of older adults on CA Commissions) Bill seeks to increase the representation of older adults on California State commissions. It mandates that individuals aged 60 or older be more actively included in decision-making bodies that shape policies impacting seniors, ensuring that their voices and needs are adequately represented.
 - **AB2620** – (California Commission on Aging) Bill focuses on the California Commission on Aging, which advises the governor and legislature on aging-related issues. AB 2620 would adjust the commission's structure and responsibilities to enhance its effectiveness in addressing the challenges faced by California's Growing Senior population. The goal is to improve advocacy for older adults and ensure that state policies reflect their needs.

I. California Senior Legislature Report – Nancy Quirus

- **Northern California Caucus** – All northern CSL Representatives gathered via teleconference. Representatives were interested in individuals who have connections with the state assembly, looking for a constituent volunteer. Upcoming tutorial on how to develop proposals.
- **Housing for All**, recognizing and identifying senior friendly homes. **Caregiving/grandparenting support** needs to be better understood by our legislature and communities. Out of State **Telehealth**. If you have any personal stories or experience regarding these three proposals, please share them with Nancy so that she can pass on the stories. Please reach out to Nancy with questions or stories by January.

J. Nutrition Report

No update.

K. Mental Health Services Act Report – Mike Cottone

Next meeting will be on December 18th at the Trinity County Behavioral Advisory Board meeting.

L. Food Access Report – Staci

Distribution this weekend, will be serving a lot of seniors. Staci has reached out to Clinton in Shasta County to see if they might be able to pick up groceries for people in the county, this discussion is still in the works and more updates will be reported.

M. Ombudsman Program Report – Teri Gabriel & Jerry Kirouac

Long-Term Care Ombudsman Program (LTCOP) New item on Agenda. Jerry can update the Advisory Council with quarterly reports. The next update will be in March, and we will have a presentation in June.

- Developed through Medicare and Medicaid in 1965.
- The Ombudsman Program focuses on advocating for and responding to any type of abuse or neglect in long term care facilities (skilled nursing facilities / Residential care facilities only). Representatives are resident-directed advocates.
- Investigate and resolve complaints (made by or on behalf of residents).
- Provide information to staff and families.
- Advocate for systemic changes to improve residents' care and quality of life.
- Represent in Shasta, Siskiyou, Lassen, Modoc and Trinity Counties
- **Volunteers are needed** (little paperwork, mileage reimbursement, to be boots on the ground and send up situations/problems) in Lassen Modoc and Siskiyou counties.

N. Directors Report – Teri Gabriel

- **Trinity** – Dignity Health Connected Living has taken the program and providing the congregate and home delivered meals. The meals are on their way in Weaverville. Lassen County as well.
 - i. Dignity Health Connected Living can serve through June 30th, the state is requesting a proposal process to continue the service.
 - ii. Hopefully Nancy and another assembly member can assist with funding proposals. (RFP - Nutrition funding for Lassen County only for the remainder of the three years). **Possible assistance** from Angela Reed and Cindy Brophy.
- **Hybrid Council Meetings**
 - i. Meeting on May 30th at Dignity Health, a small dining room in the 100 building.
 - ii. As the date gets closer, Lunch will be discussed, on site chef can provide lunch for 20-30 people.

- iii. Justin Cadili would like to offer lunch; he will be leaving Advisory Council.
- iv. Possible in person meeting on October 31st, 2025 - Staci Wadley will check in with Dignity Health.

- **Master Plan for Aging Initiatives**

- i. Services for older adults
- ii. Survey from AAA – how it would look like for an organization to carry on their own Area Agency on Aging. We also answered questions related to the funding formula, which will be reviewed by the state on how the funding is allocated. Also, surveyed core programs which Area agencies will be able to provide certain services. Surveys have shown that AAA is not the best to provide case management services.

- **Caregiver support events** - Caregiving services had been offered in person, but now they will be hosting them virtually. Access through the PSA 2 website, they will return to in person meetings in May 2025.
- **Alzheimer's Association** – Hopeful to bring training to 1st responders in each of our 5 counties. No details yet, the second meeting will be next month. It may be difficult to schedule in small communities.

O. Fiscal Year 25/26 Proposed Area Plan, Goals and Objectives

- Digital divide efforts (PSA 2 Staff) – it is included in objectives.
- Time of year Advisory Council members to consider if they would like to expand on objectives of the area agency. Please have updates by January.

P. Correspondence

- No incoming or outgoing correspondence.

No meeting in December 2024, the next meeting will be end of January 2025.

Meeting adjourned 11:54 a.m.

Respectfully submitted,

Michelle Harris, Secretary