

**PSA 2 Area Agency on Aging
Virtual Advisory Council Meeting**
Friday, September 25, 2020
10:00 AM

MINUTES

A. Call to order and Pledge of Allegiance

Meeting called to order at 10:04 AM.

B. Roll Call (Establishment of a quorum)

Teri Gabriel	PSA2	Present
Penny Artz	Lassen	Present
Lindsay Ritchie	Lassen	Present
Vacant	Lassen	
Kay White	Lassen	Present
Marcia Anderson	Modoc	Present
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Excused
Vacant	Modoc	
Murray Blake	Shasta	Present
Richard Kern	Shasta	Present
Nancy Quirus	Shasta	Present
Staci Wadley	Shasta	Present
Mike Rodriguez	Siskiyou	Present
Kenneth Ryan	Siskiyou	Present
John Dell'Amico	Siskiyou	Present
Lydia Gil	Siskiyou	Present
Michael Cottone	Trinity	Present
Vacant	Trinity	
Kit Porritt	Trinity	Present
Vacant	Trinity	

Quorum Established.

C. Introduction of guests

Cheryl Rushton, PSA2
Heather Solus, Great Northern Services

D. Approval of Agenda (Changes, additions or deletions)

M/ John Dell'Amico
S/ Nancy Quirus
Approved.

E. Approval of Meeting Minutes – August 28, 2020

M/ Kenneth Ryan
S/ Marcia Anderson
Approved.

F. Open Session / Announcements

(Opportunity to hear comments from the community and for announcements)

Penny Artz – Effectively immediately, I am resigning from the PSA2 Advisory Council due to the need to dedicate time to providing documentation requested.

Kit Porritt – A couple years ago, we were exploring the village to village movement in Trinity County. I am going to the virtual conference on the 6, 13, & 20th of October. I will do research and report back to PSA2. Kenneth Ryan – I did attend the last virtual meeting. If there is a chance to be part of that meeting, let me know how I can connect. Kit Porritt – I will contact you. They are now looking at different models, not just urban and suburban. The goal of the village movement is to help people aged 50 and older age in place.

Mike Rodriguez – My audio is working now. This is my last meeting on the Advisory Council. If I can help in any way, let me know. Teri – Mike has been on the Advisory Council for as long as I can remember, and we thank him for his many years of service. Heather Solus is here to consider applying to join the Advisory Council.

Teri – We also thank Penny Artz for her service to the Advisory Council.

Nancy Quirus – Did you know that September is Healthy Aging Month. Due to the pandemic, we have extended Healthy Aging Month to include October. On October 22, 2020 at Cornerstone Community Bank, there is a giveaway of a goodie bag full of useful resources and gifts. There is also a Virtual Aging Well Symposium on October 29th from Noon – 1:30. If interested, I can send you a link. Teri - Dr. Patrick Arbore is the keynote speaker.

Lydia – I received the information pamphlets in Spanish. I took it to the catholic church because they have a Spanish-language mass there. I went to Tule Lake and found out that the grocery stores do have fresh fruits and vegetables. On Thursday, there is a produce connection. We are doing a lot better in Tule Lake with fruits and vegetables than I had thought.

G. Reports:

Chairman's Report – Clinton Davis

- Update on Advisory Council Activities

Teri – I did meet with some Advisory Council members on Fall Prevention materials.

- Advisory Council Membership Report

We have vacancies in Lassen, Modoc, Shasta, Trinity. May have persons interested in Siskiyou and Trinity. Teri – I can provide information to anyone who may be interested.

TACC Report – Clinton Davis, Advisory Council Chairman

- Update on Recent TACC Activities

Access to assisted living and other facilities. State issued new guidelines. They are trying to open that up more to allow families to visit. Loneliness is a killer, and they need to see their families.

CSL Report – Kenneth Ryan, Senior Senator and Helen Stone, Senior Assembly Woman

- Update on CSL Activities

Kenneth – I did try to phone in to the last TACC meeting. I wasn't able to make a comment through the telephone. It seemed like the state was well represented. It looks like an interesting group with some knowledgeable people. I look forward to phoning in to the October meeting. We have the ability to have some influence in Sacramento. Clinton – We did limit the ability of participants to speak because we are still getting organized.

CSL has closed down for the year. It has been too complex to meet the state requirements to hold a statewide meeting. They are reorganizing themselves in the Bay Area. We will see how they attempt to reorganize and come back in 2020. They just don't have the person power or facilities to do this right now. We have lost our representative on the Assembly side of CSL. I assume we will be putting out something to anyone who might be interested in participating in 2021.

Nutrition Report – Nancy Quirus

- Update on CalFresh Healthy Living Program (formerly SNAP-Ed)

Our first CalFresh virtual lesson via Zoom was earlier this week, had 19 participants from Shasta, Trinity and Modoc. Thanks to Marcia for the social media posting. The class was titled Stay Safe, Shop Smart on a Budget. There were some challenges in holding the presentation on Zoom. Sixty-four percent responded that they were prepared to use some of the resources presented. Forty-five percent identified looking at sales and specials, and also bulk cooking. We had four nutrition educators on the call. I anticipate more virtual trainings coming.

Today is National Food Service Employees Day. Thousands of meals to go are provided at senior centers across PSA2. We want to celebrate of congregate food service employees. If anyone has not responded and wants their food service employees represented, please let me know.

Job flyer has been sent out to ADCO members. If anyone doesn't have the job description, please refer them to me. I would be happy to share my insights. CalFresh Healthy Living starts its new fiscal year next month. This your best bet to get your needs identified early in our fiscal year.

Mental Health Services Act (MHSA) Report

- Update on Each County's MHSA Services Activities

Kit Porritt – I had previously referred people who were on Medi-Cal to the Rancheria. There are gaps in services that make it difficult.

Marcia – Medicare is now providing opioid treatment and expanding some telehealth services.

Ad Hoc Committee Reports:

- Update from PSA2 Outreach Committee

Facebook and webpage. Still working on getting the website ready to transfer over.

- Update from PSA2 Fundraising Committee - On hold.

Director's Report– Teri Gabriel, Executive Director

- Update on Program Services Due to COVID-19 pandemic

Nutrition Service providers continue in altered delivery modes.

We have an upcoming meeting to discuss reopening guidelines.

HICAP is preparing for open enrollment. They are continuing to do call-in appointments. If you are not on the mailing list for the HICAP newsletter, let Marcia know and we will get you added.

Ombudsman continues to deal with getting access back to facilities. At this time, still in certain circumstances. Working to get Ombudsman back in facilities, as well as families.

Siskiyou County – Older adults – Trying to organize a drive-thru event to provide information related to COVID and services. Looking at October.

Many areas face evacuations and dealing with fires. Happy Camp had to evacuate. They have recently gained access to that area and should see their center open soon. Due to the Slater Fire.

- Other Agency Activity

H. Update on Fall Prevention Materials Discussion – Marcia Anderson

Last week, Kit, Nancy, Teri and myself had a conference call. Teri is putting together a program funded by a state grant to provide assistive devices to a means-tested population at risk for falls. We want to include fall prevention materials. We looked at several websites, brochures. The ones we selected are attached in your packet and are what we felt best provided the information without requiring additional funds to distribute. Teri – We could develop PSA2-specific materials, but this would delay the process. California Department of Aging has already approved these materials. We can use the funding to develop these materials. We can also produce more of these brochures and resources to get them out to the community. Nancy - How will we get these materials out to providers? Teri – We have researched clinics, physical therapists, clinics, hospitals. If you have more identified, please let us know. We will send letters to providers with information on where to get the resources on our website. Those providers will conduct the work to determine eligibility and assess needs.

I. Discussion and Approval of Ad Hoc Committees – Clinton Davis (Food Resources, etc.)

Some areas have excess food, while other areas are lacking. My experience is with Big Valley 50+. We are putting out 200 meals per... Refrigerator storage is an issue faced by many centers who do not have capacity to store excess food. How do we get it to the places that need it, particularly in the winter? How could we set a distribution link? Can we improve the efficiency of what is out there?

Nancy – It is not unusual for sites to set up a drive-thru to distribute food. Heather – Most sites in Siskiyou are doing drive-thrus. The honker is doing drive thrus every other month for commodities. State boxes are distributed according to how they can do it. They do not have the resources to deliver boxes.

Staci – I'm happy to participate in further discussions on this topic.

Teri – PSA2 will support a Zoom call.

Heather – interested in participating.

Clinton – I will participate.

I will appoint the ad hoc committee to consist of Staci, Heather, and Clinton.

J. Discussion on End of Life Planning & Advance Directives Resources

Teri - Neptune Society materials are included in your packet. We contacted the Neptune Society and they are willing to present at a future meeting.

Clinton – Is Neptune Society a nonprofit? Concerns about promoting a private company.

Kenneth Ryan – We should try to get a hospital or other entity to present on advance directives.

Lydia – Dignity Health may have someone who can come present on advance directives.

Teri – We will forward information on this topic as we get it. We also have a call into Madrone Hospice to get more information.

Clinton - Place on the next agenda for someone to talk about advance directives. If you know someone who can present on these topics, let Teri know.

K. Report on FY 20/21 Area Plan Goals & Objectives Activities*

If you worked on any activities, please send your Activity Report to Mike Cottone.

Kenneth – We should consider adding end of life planning and advance directives to the goals and objectives.

L. Correspondence:

Incoming: Letter of Resignation from Helen Stone

Teri – I emailed Helen to find out if she is planning on to remain on CSL. Have not received a response. Kenneth – There is no requirement that the CSL representative be a member of the Advisory Council. It is important that the CSL representative report to the Advisory Council on CSL activities.

Outgoing: (None)

M. Adjournment

Adjourned at 11:42 AM.

Next meeting – Virtual Meeting – Friday, October 30, 2020