

**PSA 2 Area Agency on Aging
Advisory Council Meeting**
Conference Call
Friday, January 31, 2020
10:00 AM

MINUTES

A. Call to order

Meeting called to order at 10:03 AM.

B. Roll Call (Establishment of a quorum)

Teri Gabriel	PSA2	Present
Penny Artz	Lassen	Present
Lindsay Ritchie	Lassen	Present
Vacant	Lassen	
Kay White	Lassen	Present
Marcia Anderson	Modoc	Excused
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Present
Vacant	Modoc	
Murray Blake	Shasta	Present
Richard Kern	Shasta	Present
Nancy Quirus	Shasta	Present
Stacey Wadley	Shasta	Present
Mike Rodriguez	Siskiyou	Present
Kenneth Ryan	Siskiyou	Present
John Dell'Amico	Siskiyou	Present
Lydia Gil	Siskiyou	Present
Michael Cottone	Trinity	Present
Helen Stone	Trinity	Excused
Kit Porritt	Trinity	Excused
Vacant	Trinity	

Quorum Established.

C. Introduction of guests

Lassen – None
Modoc – None
Shasta – Pam from HICAP
Siskiyou – None
Trinity - None

D. Approval of Agenda

M/ Kenneth Ryan
S/ Mike Cottone
Approved.

E. Approval of Meeting Minutes (November 22, 2019)

M/ Murray Blake
S/ Mike Rodriguez
A/ Penny Artz, Lydia Gill, Kay White
Approved.

F. Open Session / Announcements

(Opportunity to hear comments from the community and for announcements)

Marcia – Social media outreach – PSA2 is now trained in the Small Business Development Center in Yreka. Will participate in the training webinars. Will start posting to Facebook. Teri – We had a conversation earlier this week about having Marcia update the PSA2 website. If more ADCO members are interested in participating, there are opportunities. Members can participate remotely.

John Dell'Amico – 5th Annual Senior & Veterans Fraud Prevention Fair – Shasta County District Attorney's Office, Tuesday, March 4th (See Handout).

G. Reports:

Chairman's Report – Clinton Davis

- Update on Advisory Council Activities

Hoping to get things rolling in the Spring.

- Advisory Council Membership Report

New ADCO Members Kay White and Lydia Gill. Openings in Modoc, Trinity, and Lassen.

TACC Report – Clinton Davis, Advisory Council Chairman

- Update on Recent TACC Activities

Next meeting at the end of February. C4A Capitol Day on 2/27/2020. Presenters coming from APS and other organizations. Hoping that new efforts will tie in with increased funding. There is an application for those who want to attend Capitol Day, although there are no funds available to pay for travel, so members who

want to attend will have to cover the cost. The TACC meeting is public and participation is encouraged.

CSL Report – Kenneth Ryan, Senior Senator and Helen Stone, Senior Assembly Woman

- Update on CSL Activities

May 11th Senior Rally Day in Sacramento - If you cannot make that date, please try to get to their regional offices. We need to show them that we are following them and that we care what they do. More information to come.

Nutrition Report – Nancy Quirus

- Update on CalFresh Healthy Living Program (formerly SNAP-Ed)

I was really concerned at the last in-person meeting in Burney. David Teeter from Lassen County shared information about problems with food bank distribution. I thought that it impacted services in Modoc. Clinton – distribution has actually improved in Modoc. I followed up with the agency he mentioned, FoodLink, and they assured me that emergency food packages are being distributed in Lassen and Modoc. Even though it sounded pretty dire, individuals are receiving temporary emergency food boxes on a monthly basis.

Clinton – Food Alliance of California is looking at possibly moving the food distribution to Red Bluff or Redding because the weather affects where its coming from now.

Penny – Juanita Williams at Salvation Army is going to take over the program.

Stacey – We are the designated food bank for Shasta County. We had a meeting a couple weeks ago with new management of the commodities program and they are aware of the issues in Lassen and Modoc. Commission is looking at how to streamline and make things more efficient, and addressing challenges of providing services in rural and very rural areas.

Nancy – I will have a more complete report at our next in-person meeting in March.

Mental Health Services Act (MHSA) Report

- Update on Each County's MHSA Services

Lassen – No update

Shasta – Murray attended the Health and Human Services Agency meeting on January 14th. The next one will include discussion of innovation programs. Prevention and Early Intervention. I am on the mailing list. Next meeting in early April or late March. Don't have a date yet.

Kenneth – Do we have the dates for upcoming health care fairs? Teri – Not yet. We only know when the announcements come out. Siskiyou – Senior Fair is 2nd Wednesday in May. Kenneth – Request a calendar of the upcoming events. Teri – These events are organized in the individual counties. Teri – I will put together a list of events we have participated in in the past that we can use to see what events might be coming up.

Teri – Overview on MHSA

Modoc – Public Hearing on January 23rd. Debbie – I sent a staff member to the meeting. The service seems to be focused primarily on younger adults. Mental health services are provided at the office, not at people's homes. Our County got a grant for homeless to help seniors who have lost their home.

Trinity – MHSA meeting coming up in February and March.

Ad Hoc Committee Reports:

- Update from PSA2 Outreach Committee

See Marcia's Report Above under F. Open Session / Announcements

I will be posting the senior nutrition menu for the Tule Lake Resource Center at the post office.

Teri - Fundraising efforts on hold – Still waiting on guidance from CDA.

Director's Report– Teri Gabriel, Executive Director

- Needs Assessment Survey Preliminary Outcome

Preliminary feedback – Transportation, homemaker and chore services, depression, isolation and loneliness. These will be rolled into the RFP process to decide which services are provided. More details to follow.

- Update on CalFresh Expansion Efforts

We will be signing a contract with California Department of Aging (CDA) for additional funding to get information out related to CalFresh and the ability for seniors to get CalFresh. We will be looking to get information out to seniors in outlying areas.

- Update on Fall Prevention Program Efforts

We will be signing a contract with California Department of Aging (CDA) to get funding for 18-month fall prevention program. This will allow AAAs to work with outside agencies such as public health, hospitals, fire departments to bring to the attention of these agencies those people who may not have access to services and resources (grab bars, etc.). We will have more guidance coming on how to manage this arrangement. We will be reaching out to organizations. This is state, not federally funded. Will be means-tested.

- Update on Ombudsman Program Expansion

Shasta – Conference room has been cleared out. We have hired more staff and we have more office space. We have two new ombudsman staff, one to cover Lassen and Modoc, and a Regional Coordinator II position to train with our current Program Manager, Tracy, who will be moving on. Increased funding has allowed us to make these transitions to provide staff with the space they need to work, and to cover more area and meet the requirements of the program. We are pleased to be able to do more in the communities with the Ombudsman program.

- Update on Nutrition Augmentation Funding to Service Providers

Not OAA funding, but is being rolled in with existing funding. Funding for nutrition services throughout the state. We have been reaching out to service providers to let them know about the increased funding, which is intended to expand existing services, either with increased meals, or expanding areas served. We will need to report the number of additional meals we are serving. Services Provider have been informed of their new funding amounts.

- Update on Preparations for Area Plan Update FY 20/21

New four-year cycle – We need to include any new items we will be working on. Staff attended a meeting in Sacramento with the U.S. Census Bureau to update our demographic data.

- Update on Request for Proposal Process – FYs 2020 – 2024
We have identified ADCO members Mike Rodriguez, Helen Stone, and Marcia Anderson for the RFP Committee.

- Other Agency Activity / Community Education Efforts

Senior & Veteran Fraud Prevention Fair (See Handout)

How to Get Help with Caregiving (Weaverville) (See Handout)

Understanding Alzheimer's and Dementia (Redding) (See Handout)

Friendship Line (Institute on Aging) (See Handout)

Golden Age Center is suspending services for February to come up with a plan. There is a lot of activity going on related to this. We are hopeful that GAC will be able to work through this.

Kenneth – Is anybody participating in activities related to the Master Plan for Aging? How are seniors able to provide input? Teri - The Master Plan on Aging is holding webinars on topics related to older adults. Teri will send out information on the webinars.

H. Discussion on FY19/20 Area Plan Update Goals & Objectives Activities

Note: Please have FY 19/20 Area Plan Goals & Objectives Activity Available

Marcia – Carrying out HICAP activities in Tule Lake area has been a perfect opportunity to promote PSA2.

Murray – Met with Rotary. Only a few people know about PSA2 and what we do.

I. Discussion on FY 20/21 Area Goals & Objectives

Time to think about what we would like to see happen in FY 2020-2021. If there are no changes, we move forward with our existing Goals and Objectives. ON the March agenda, we will approve the Goals & Objectives as they stand if there are no changes.

I would like to discuss the idea of adding housing to goals and Objectives. Study on homelessness showed that the homeless population over the age of 50 was 11%, increased to 37%, and is now 50%. Tends to happen to men more since

there are more services for women. All it takes is for a spouse to lose a job. Discrimination in housing is an issue, but homelessness does not discriminate. The root and cause of homelessness is a lack of affordable housing available for seniors. The Master Plan for Aging does address housing. Discussion of adding objective toward senior housing and homelessness.

J. Correspondence:

Incoming: (None)

Outgoing: (None)

K. Adjournment

Adjourned at 11:29AM

M/ Richard Kern

S/ Mike Rodriguez

Next Meeting – Burney - Friday, March 27, 2020