

**PSA 2 Area Agency on Aging
Virtual Advisory Council Meeting
Friday, July 26, 2024
10:00 AM
MINUTES**

A. Call to order and Flag Salute

Meeting called to order at 10 am.

B. Roll Call (Establishment of a quorum)

| | | |
|--------------------|----------|----------|
| Teri Gabriel | PSA2 | Present |
| Tina Kennemore | Lassen | Present |
| Justin Cadili | Lassen | Present |
| Sharon Howard | Lassen | Present |
| Angel Reed | Lassen | Excused |
| Clinton Davis | Modoc | Present |
| Debbie Mason | Modoc | Present |
| Tiffany Gwinn | Modoc | Absent |
| Vacant | Modoc | ----- |
| Marianna Seifert | Shasta | Absent |
| Maggie McNamara | Shasta | Present |
| Nancy Quirus | Shasta | Excused |
| Staci Wadley | Shasta | Present |
| Michelle Harris | Siskiyou | Present* |
| Linda Smith | Siskiyou | Absent |
| Lydia Gil | Siskiyou | Present |
| Vacant | Siskiyou | ----- |
| Michael Cottone | Trinity | Present |
| Vacant | Trinity | ----- |
| Benjamin Sarkisian | Trinity | Present |
| Vacant | Trinity | ----- |

* Joined late to meeting
Quorum established.

C. Introduction of guests

Gary Bridges – Supervisor Lassen County – District 2
Pam Smith - HICAP
Cheryl Rushton – PSA 2
Laurie Wayne – UCCE - Modoc
Elaine Brown – Trinity County (Junction City)
Joan Smith – Siskiyou County (Yreka)

D. Approval of Agenda (Changes, additions or deletions)

M/ Sharon Howard
S/ Maggie McNamara
To approve the agenda as presented.

Approved.

E. Approval of the Collaborative Virtual Meeting Minutes – June 17, 2024

M/ Sharon Howard

S/ Tina Kennemore

To approve minutes as presented.

Approved.

Sharon Howard gave compliments on how detailed and well laid out the minutes are.

F. Election of Advisory Council Chairman

Mike Cottone and Sharon Howard had been nominated for Advisory Council Chairman.

M/ Clinton Davis

S/ Lydia Gil

To accept to results of vote establishing Mike Cottone as new PSA 2 Advisory Council Chairman

G. Open Sessions/Announcements

Lydia Gil – Last Thursday, Tulelake had the 60+ Brunch Lunch and No Money Bingo Game. Jess Harris and Colleen Alveraz (running for Siskiyou Board of Supervisors) joined for lunch. It was a great time and great food. Seniors really enjoyed seeing each other. Some had not seen each other since COVID. Another event is scheduled for October 10th from 11 am to 2 pm with a presentation from HICAP. Lydia also had a meeting with Great Northern Services. The Baptist Church will be taking over food distribution.

August 10th is the Tulelake Street Fair and Bizarre with Car Show.

Tiffany Gwinn– Planning a Color Run 3-mile family friendly fundraiser for the Senior Center in Alturas on Saturday, September 14th at 9 am. Will share flyer.

Maggie & Teri Gabriel – AAA is retaining some of the Title III E funding and offering trainings for caregivers caring for older adults, especially with Alzheimer's, along with providing strategies on how to cope and services available. Trainings will be in all five counties. Flyers to be shared. Virtual education classes will be offered during the winter months. Books will be provided.

H. Reports – Mike Cottone, Chairman

Chairman's Report

- Update on Advisory Council Activities
Teri carried out the chairman duties at the last Executive meeting on what Advisory Council is working towards and what is on the agenda today.
- Advisory Council Membership Update

Three guests have joined the meeting and each have applied or in the process of applying for advisory council vacancy for Modoc, Siskiyou, and Trinity. Working with the clerks to get these individuals appointed by their local supervisors.

There will be one vacancy in Trinity County.

TACC Report – Teri Gabriel

- Update on Recent TACC Activities

Clinton had been assigned to attend the Triple A Council of California (TACC) meetings as a representative of the Advisory Council. Chairman can attend or someone can be assigned to attend. Mike is interested in attending TACC meetings. Discussion of having Stacy attend, if Mike is unable. If Mike is unable to be official representative, will bring back to agenda next month.

California Senior Legislature Report – Sharon Howard

- Nancy and Sharon have not been sworn in and considered as members elect. They will be officially sworn in at the Annual CSL Session in October 23-25. Nancy and Sharon are still in the learning phase. The mission of the California Senior Legislature is to help preserve and enhance the quality of life for older Californians and their families. John Perriera (PSA 3) assisted with the application process. Applications were approved and a new member orientation took place on June 26th. Nancy is the Senior Assembly Person and Sharon was named Senior Senator for the PSA 2 region. Pending budget, Sharon and Nancy may have the opportunity to attend a session in Sacramento on October 29th. CSL members are considered independent contractors who stay connected to the PSA 2 advisory council for the purpose of keeping you informed of legislative efforts, progress and funding. Waiting for a CSL brochure. Nancy and Sharon will be attending the annual legislative session via zoom on March 21, 2025. Hoping more CSL members get involved.

Nutrition Report – Lydia Gil & Michelle Harris

- Update on CalFresh Healthy Living (CFHL) Program

Michelle Harris – CFHL offers nutrition education, promotes physical activity and support system and environmental changes (i.e. garden). This program is being implemented in PSA 2 & 3. Activities are returning to normal. New funding has allowed CFHL to focus on tribal elders. Currently working with Susanville Indian Rancheria with hopes to establish a community garden. New conversations with Redding Rancheria at the senior nutrition site in Redding and at the site location in Weaverville. Starting to focus on Veterans and have a conversation with Nation's Finest located in Redding. Hope to link veterans to CalFresh. Siskiyou's Fall Prevention Coalition continues to come together and increase opportunities for physical activity. Hoping to create a food assistance program for Modoc County soon. Pursuing a nutrition/health

coalition in Lassen County. Sup. Gary Bridges recommended to connect with Barbara Longo

Lydia Gil –

Brunch Lunch in Tulelake a conversation took place with Jess Harris to get financial backing for a lunch once a month. Reconnect at a later date to discuss funding options. Tulelake is considered a food desert. Fruit and vegetable distribution in Merrill will pass along extra produce to Tulelake.

Mental Health Services Act (MHSA) Report - All

- Update on Each County's MHSA Services Activities

No Updates provided.

There is a redirection of Prop 1 funding. The idea of home sharing was brought up. Possible similar program in Chico and Humboldt County.

Food Access Report – Staci Wadley

- Update on Food Bank and Food Access Activity

Food bank had their grand opening and event was well attended. Has new office space. The food bank now has a public access lobby. The hours are 9 am to 3 pm. Able to give out food over the counter. Different types of food from the drive through distribution. Giving out 1400 supplement commodities for seniors. Worked with PSA 2 to distribute the Senior Farmers' Market Nutrition Program voucher booklets. Seniors were so appreciative of the vouchers. Had 48 booklets to distribute. The food bank location is 100 Mercy Oaks Drive in Redding. Call in advance for a tour. Food is a drive through distribution method. There are four different distributions at this location.

Director's Report – Teri Gabriel

- Direct Nutrition Services Update

Trinity - The Trinity Senior Nutrition Program in Weaverville. Dignity Health Connected Living (DHCL) was awarded the funding for that nutrition site. The program smoothly transitioned from the Church of the Nazarene to the Latter-Day Saints Church. Most of the volunteers stayed with the program. The vehicle that was assigned to the program has been transferred with the program. Continuing with home delivered meals twice a week in a combination of hot and cold meals. Looking forward to offering congregate meals. Thankful for Trinity County Supervisor.

Lassen Dine Around Town – Still working on a plan B for this program. PSA 2 had been providing meals through Lumberjacks restaurant. This COVID relief funding is expiring. Did not have a successful bid. DHCL has offered to take on this program. The state has allowed DHCL to step in as an

emergency program for this year. A Request for Proposal process may need to be implemented for long term services. DHCL plans on serving 20-50 meals but details have not been finalized. Advisory members and guests present in meeting shared concerns that this model will not cover the seniors currently being served (not including the waitlist). Lassen County supervisors continue to brainstorm new locations to provide meals. The Dine Around Town meal cost may have been higher than what DHCL is able to implement. More meals may be able to be provided. This program will focus on the individuals who are at most (or highest) nutritional risk. The cost of food has greatly increased. Programs manage their own budgets. Some programs fundraise or find other funding to provide additional meals and services.

- Master Plan for Aging Initiatives – Update on Governor’s Budget

The Modernization Older Californians Act funding was offered to the AAAs and PSA 2 released a request for proposals. Proposals were received. DHCL was awarded the funding to offer Alzheimer Daycare Resource Center and Linkages. Both are new programs.

Fall Prevention programs funding will be continued. Funding is at a lower level.

There is an upcoming CA for ALL Ages and Ability: 2024 Master Plan for Aging Day of Action on October 8, 2024. In person and virtual.

- Planning for Hybrid Advisory Council Meetings

For the 24-25 fiscal year, PSA 2 has retained some travel funds for hosting Advisory Council meetings in person. Want to ensure efficiency and participation when considering hybrid model for these meetings. Will bring this topic to the next meeting. Need to decide month and location (needs to have a hybrid option). Needs a location to meet all abilities, centralized and meeting space would need to be able to accommodate 25. May consider DHCL.

- Upcoming Mandated Reporter Training Opportunity

Tina Kennemore has offered staff to facilitate a Mandated Reporter training at our next meeting.

- Other Agency Activities – Caregiver Classes & Resources

Caregiver classes and resources are offered in all 5 counties. Hope to everyone can attend.

I. Report of FY 24/25 Area Plan Goals & Objectives Activities

- Quarterly Advisory Council News Brief Update

Focus on nutrition and fruits and vegetables, along with information on SunBucks. Looking for ideas for January newsletter. No newsletter for Oct/Nov/Dec.

- Other
No additional reports

J. Follow Up Discussion on Advisory Council's Year End Report to Executive Board

The Advisory Council created and presented the Year End Report to the Executive Board.

K. Correspondence

Incoming: None
Outgoing: None

K. Adjournment

11:56 AM

Next Meeting – Advisory Council Virtual Meeting – Friday, August 30, 2024