

**PSA 2 Area Agency on Aging
Virtual Collaborative Meeting**

Monday, June 15, 2020

10:30 AM

MINUTES

1. Call to order – Flag Salute

Meeting called to order at 10:37AM.

**2. Roll Call – Executive Board and Advisory Council
(Establishment of a Quorum / Introduction of Guests & Welcome)**

Teri Gabriel	PSA2	Present
Penny Artz	Lassen	Present
Lindsay Ritchie	Lassen	Excused
Kay White	Lassen	Present
Mae Sherman	Lassen	Absent
Marcia Anderson	Modoc	Present
Clinton Davis	Modoc	Present
Debbie Mason	Modoc	Absent
Murray Blake	Shasta	Absent
Richard Kern	Shasta	Present
Nancy Quirus	Shasta	Present
Stacey Wadley	Shasta	Present
Mike Rodriguez	Siskiyou	Present
Kenneth Ryan	Siskiyou	Present
John Dell’Amico	Siskiyou	Present
Lydia Gil	Siskiyou	Present
Michael Cottone	Trinity	Excused
Helen Stone	Trinity	Excused
Kit Porritt	Trinity	Excused
Steve Morgan	Shasta	Present
Les Baugh	Shasta	Excused
Ann Morningstar	Shasta	Present
Ed Valenzuela	Siskiyou	Present
Marie Ingram	Siskiyou	Excused
Sandy Bechtold	Trinity	Excused
John Fenley	Trinity	Present
David Teeter	Lassen	Present
Roberta Hohman	Modoc	Present
Patricia Cullins	Modoc	Present

Quorum Established.

Guests:

Andrea Sutton
Cheryl Rushton
Amanda Gibbs, Roderick Senior Center
Michelle Radcliffe, California Telephone Access Program
Michael Blackwell, Golden Age Center
Julie Sessions – Ombudsman
Pam Smith - Jimmison - HICAP Program

3. Approval of Agenda (Changes, additions and/or deletions)

#10 – Clarification on Item #10 – June 15, 2020 is Elder Abuse Awareness Day and June 2020 is Elder Abuse Awareness Month.

Motion by Ed Valenzuela
Second by John Dell' Amico
Approve.

4. Approval of Consent Agenda (Topics in this category may be voted on in a block as one item)

- a. Executive Board Meeting Minutes (May 18, 2020)
- b. Director's Administrative & Program Report and I & A Program Report (May 2020)
- c. Financial Package & Related Check Registers (May 2020)

Motion by John Dell' Amico
Second by David Teeter
Approved.

5. Approval of Advisory Council Conference Call Minutes – May 29, 2020

Motion by Kenneth Ryan
Second by Penny Artz
Approved.

6. OPEN SESSION
(Opportunity to hear comments from the community)

None.

7. Executive Board Report

None.

8. Advisory Council Report – Advisory Council Chairman, Clinton Davis

a. Advisory Council Membership Status

Advisory Council is still functioning despite everything going on. Working to complete next year's goals and being more quality to the PSA.

Teri Gabriel - Still have vacancies in Lassen, Modoc, and Trinity. Copies of the membership lists and meeting calendars for Advisory Council and Executive Board are included in your packet.

b. Other

9. Executive Director's Report – Executive Director, Teri Gabriel

a. Update on Program Services & Emergency Funding – COVID-19 Pandemic

We continue to report data weekly, including the number of meals with emergency funding. In May, we served 13,000 meals and 7,000 people. Numbers are still high because folks are still sheltering at home, which we encourage them to do. Service continue in drive-thru or pick-up mode. Hearing from the state that guidelines for partial reopening are pending. We are getting questions from seniors who are anxious to return to the centers. When it is safe to do so, we will move forward with that.

CDA is collaborating with CalOES in trying to provide PPE such as masks and hand sanitizer. We took a quick survey at the end of last week and were able to submit our request for PPE for senior centers. There is no guarantee that our request will be fulfilled.

Still awaiting COVID funding through the CARES Act, as well as guidance for nutrition centers, family caregiver support, and ombudsman program.

CDA and C4A continue to discuss matters that were brought to our attention regarding older adults experiencing isolation. Nutrition centers are having to change their programs, and the digital divide – lack of equipment, internet access, wi-fi – has an effect on communication for older adults, whether at home or in long-term care facilities.

Ombudsman is looking closely at, and working with CDA to revise and revisit guidelines and policies for the Ombudsman program to be more involved should a crisis like this occur again.

b. Update on FY 2020/2021 Proposed Funding Reductions

We had heard that the regular FY20-21 funding had proposed reductions. I participated in discussions with legislative committees, and the proposed cuts were opposed and will have to go back to the Governor. The legislators seem to understand the importance of our older adult programs.

c. Other

Contracts went out for the service providers on Friday. We also are looking to communicate in the Weaverville with any organization before we launch the RFP process to see which agencies might be interested in applying for funding.

10. Acknowledge Proclamation for June 15, 2020 as Elder Abuse Awareness Month

Acknowledge proclamations for June 15, 2020 as Elder Abuse Awareness Day and June 2020 as Elder Abuse Awareness Month.

We try to do something every year to bring awareness of elder abuse. Elder abuse comes in many forms – physical, mental, sexual, financial abuse, neglect and self-neglect. Many programs come together to raise awareness. PSA2 is sponsoring signage, similar to campaign signs. They just came in Friday and we will contact you to see how we can get those out to your area. We are joining with ombudsman and Shining Care and others to sponsor a webinar with Paul Greenwood, retired Deputy District Attorney from San Diego County. He will talk about cases and issues related to elder abuse, and how they should be treated as a crime rather than a civil matter. Flyers are in your packet. June 26 from 11AM-1:30PM. We encourage you to share this event information with law enforcement and district attorney offices in your area.

Shasta has bus stop signs throughout Redding using the know Abuse Report Abuse logo and the numbers for APS and Ombudsman. In Siskiyou County, we have an electronic sign at the Siskiyou County Golden Fair with logo. Shasta has the lighting of the Sundial Bridge on June 15th & 16th. Also, the water fountain at city hall will be turned purple. Julie Sessions reports that Trinity had 208 APS cases. Lassen had 246 cases. Shasta had 2,489 cases. Ombudsman had 455 cases.

Motion by Mike Rodriguez
Second by John Fenley
Approved.

11. Approval of Board Resolution Authorizing the Executive Director to Sign CDA Health Insurance Counseling and Advocacy Program (HICAP) Contract (HI-2021-02)

\$268,687 funding for the HICAP program.

Motion by Steve Morgan
Second by Penny Artz
Approved.

12. Approval of FY 2020/2021 Proposed HICAP Budget and Budget Narrative

There was not much fluctuation from past HICAP budgets. The three-year budget has now gone back to an annual budget and approval. We got it a little earlier this year to align it with the state fiscal year. Not much difference except for a change due to the minimum wage increase.

Motion by John Fenley
Second by Steve Morgan
Approved.

13. Advisory Council FY19/20 Year End Activity Report

Teri – We have a few members who are going to highlight the activities of the Advisory Council.

Marcia Anderson – Goal 2 – Educate and Advocate - Mental Health Services Act (MHSA) was approved by California voters and imposed a 1% tax on those with incomes over \$1,000,000 to fund county mental health needs. Older adults have not been fully included in the programs available. Advisory Council members have attended meetings and contacted MHSA contacts to advocating for the needs of older adults. Item, F – Dementia – 1 in 10 people over 65 have dementia. We can't forget about it. Advisory Council members have been diligent and advocated for dementia and supported education. Since the end of 2019, the Advisory Council had focused on outreach and social media, as well as the website. The Facebook page can be reached at facebook.com/psa2aaa. We will explore LinkedIn next. We have a beta website created that is being tested. When it is approved, it will be available at psa2.org. The beta is available at psa2areaagencyonaging.godaddysite.com. The Needs Assessment went well. There were some concerns re how and where we distributed the needs assessment, but we exceeded the recommendations by reaching a 14.87% sample population. The needs assessment included all of the state-mandated

questions, as well as some added by the Advisory Council. This will help us moving forward to know about caregiver needs, veteran status, mental health for our population.

Nancy – Nutrition reports are routinely shared with our advisory Council at each of the meetings. In June, CalFresh food benefits became available for SSI recipients, and expanded CalFesh (formerly known as food stamps) to a greater population. Shasta focused on education seniors at the congregate meal sites. Distributed flyers to over 2,000 older adults. All were encouraged to contact their local social services department to apply and receive an EBT card to use for food purchases. In the Fall, due to Public Safety Power Shutoffs, and the risk of loss of refrigerated and frozen food items, and the resulting increase in food insecurity, CalFresh responded with supplemental benefits for recipients in areas served by PG&E. I initiated education on food safety, food handling, and disease prevention for food-borne illnesses. USDA began purchasing quantities of agricultural produce, meat dairy and grain. These large purchases became available to food banks for distribution (Trade Mitigation Foods). CalFresh began distributing recipes using these trade mitigation foods, along with nutrition information. This has had a positive impact on seniors that use food programs. COVID-19 resulted in an increase in the numbers of seniors seeking food resource. Local food banks were overwhelmed. CalFresh increased the average food benefit across the board. It is now even more important for seniors to be aware of the programs available to them. CalFresh's current priority is to identify every option that seniors have available to them to access food resources, in every county. Some counties have incomplete information. Please provide any missing information to Nancy.

Kenneth – Teri sent two messages on Thursday and Friday of last week about activities that CSL has supported. There is a list by county of food distribution sites. There were two letters attached recommending contacting assembly and senate members regarding funding. Every individual, county, or group letter showing that our seniors need the funding is helpful, and they need to hear from you. Teri also sent a message on Ombudsman issues and whether the Governor will sign or not sign. CSL has gone into hiatus and are following the calls re dealing with the virus, and do not have approval for conducting large gatherings. Still trying to determine if and when there will be an in-person meeting, or postpone everything until next year. Important to tell legislators that seniors in our five counties need the support that only the legislators and the Governor can give.

14. Advisory Council Member Appreciation – Patricia Cullins, Exec. Brd. Chairman

The Executive Board appreciates all of the hard work being done by the Advisory Council. We could not come close to doing our jobs without your help. The website, Facebook page, CalFresh, CSL. That was good information. I

encourage all of the elected officials to send copies of their letters of support to Ken to give him ammunition to take to the state. I would like to recognize Clinton Davis, as the Advisory Council President. David Teeter – Thanks to those who worked on the RFP process, including the meeting and paperwork. Steve Morgan – The Advisory Council helps to keep us where we are today.

15. Advisory Council Officer Elections (Chairman, Vice-Chairman, Secretary)

Marcia Anderson – At the last Advisory Council meeting, we nominated the current slate of officers. In accordance with our bylaws, we are asking if there are any other nominees.

Clinton Davis – Chairman
Nancy Quirus – Vice Chair
Michael Cottone - Secretary

Motion by John Dell' Amico
Second by Penny Artz
Approved.

16. Approval of FY 2020-2024 Area Plan

The draft FY 2020-2024 Area Plan tells the state what PSA2 plans to do in the next four years. In the subsequent years, the Area Plan Updates provide an opportunity for updates.

Much of the plan is standard and based on CDA guidance.

Section 2 provides a description of the area. Marcia updated the count profiles. There is a section yet to be inserted.

Section 3 is a description of the Area Agency.

Section 4 covers the planning process and how the Executive Board, Advisory Council, service providers, associations and others are involved. Each of the contracted service providers are required to conduct surveys with the seniors to get feedback on services. We also reflect on the feedback from the HICAP and Ombudsman programs.

Section 5 is the Needs Assessment. The Advisory Council reviewed the previous assessment and made some additions related to caregiving, veterans, mental health and wellness. A volunteer prepared the database and display. We are hoping to break the data down by county and will provide that when it is complete.

Section 6 is targeting – who we target – older adults, 75 and over, low-income, minority, isolated, LGBT older adults. We try to reach those areas that are not receiving services or where they are not aware of services that are available.

The public hearing section cannot be completed until we hold our public hearing on July 6 at 10:00AM via Zoom.

Section 8 talks about identifying priorities from the Needs Assessment and Information and Assistance program.

Section 9 talks about the goals and objectives, which include Advisory Council input on objectives from attending meetings and getting feedback from the communities. Goal 1 is related to the Area Agency contracted services. Goal 2 is related to Advisory Council activities.

Section 10 talks about service units for each contracted and direct service program. These units are based on the last fiscal year. All programs we offer are listed. We included community education and disaster preparedness as a direct service by attending health fairs, resources fairs, making presentations, distributing disaster preparedness materials. Also addresses Title IIIB Health Promotion, Disease Prevention services through contracted services.

Long-Term Care Ombudsman Program – Julie Sessions, Program Manager, worked with the state to develop expectations moving forward. Their program is all over the place with COVID-19, so we had to state what can be done in anticipation of some state of normalcy.

Section on Elder Abuse Prevention – Public education sessions, training caregivers, distributing materials related to elder abuse awareness and prevention. Title III E caregiver services – Contracted service providers, respite care, supplemental services, Legal Services of Northern California provides grandparent services to help grandparents obtain guardianship of their grandchildren. Health insurance counseling is addressed briefly in that HICAP does not provide legal assistance, but does make referrals.

Section 11 covers focal points, which is a list of contacts for services in our areas so that older adults can connect and get services.

Section 12 talks about our disaster preparedness plan to connect with County OES offices in emergencies, mostly working with service providers. We have to report to CDA in the event of any disruption of services in our programs.

Section 13 talks about priority services. This talks about needs in the programs and percentage of funding in priority services.

Section 14 covers what programs the area agency intends to provide direct services.

Section 15 covers additional community education and disaster preparedness.

Section 16 covers the governing board, including a list of current officers.

Section 17 covers the Advisory Council.

Section 18 talks about legal assistance and how we ensure that legal services are based on what the community is asking for, such as housing, probate, public benefits, elder abuse, and discrimination.

Section 19 does not apply to PSA2.

Section 20 indicates contracted services for Title IIE caregiver program and services that are not contracted through PSA.

Section 21 covers the org chart for PSA staff, HICAP, and Ombudsman, as well as funding allocations.

Section 22 covers required assurances.

No major changes to the Area Plan from the previous Area Plan.

Motion by Kenneth Ryan
Second by John Dell' Amico
For Advisory Council
Approved.

Motion by Ed Valenzuela
Second by Steve Morgan
For Executive Board
Approved.

17. New Business

- Next Executive Board Meeting – July 20, 2020
- Next Advisory Council Meeting – July 31, 2020

Discussion of whether to hold meeting in-person, via Zoom, or in a hybrid format. Teri will discuss with the chairmen to decide on the format.

18. Old Business

19. Correspondence:

a. Incoming

Kenneth Ryan mentioned a flyer from the California Alliance for Retired Americans (CARA) regarding a workshop in Redding sponsored by the California Teachers Association (CTA) focused on protecting pension and retirement income, prescription drugs, health care, community-based long-term supports, safer streets for pedestrians, and affordable housing. I can distribute this to anyone who is interested, or you can contact CARA or CTA.

b. Outgoing

20. Adjournment

12:03PM